MORE THAN WORDS

vocabulary for upper intermediate to advanced students

BOOK 1

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## Answer Key

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Lastly, and with feeling, our gratitude is due to Anita and Annick for their support and patience.

Jeremy Harmer
Richard Rossner

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**AIMS**

The aims of More than Words are:

a) to make students more aware of words and what it means to know and use words fully (especially in English).

b) to make students aware of the vocabulary associated with certain defined topic areas (e.g. health, sleeping and waking, clothing, feelings and moods, relationships, character etc.): to provide material to help students memorize and practise these words.

c) to provide material which will provoke and stimulate, thus enabling the students to understand more about the vocabulary of English and how language works.

d) to provide material which can be used to promote general skill integration work and other types of language study.

**THE ORGANIZATION OF MORE THAN WORDS**

There are two books in the 'More than Words' series. Each book has Part A and Part B.

This is what the different parts contain:

<table>
<thead>
<tr>
<th>BOOK 1</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Part A: Exploring Vocabulary</strong></td>
</tr>
<tr>
<td>12 units designed to help the students develop an awareness of different aspects of meaning such as metaphor, collocation etc. and of how words are used. In the units we also look at how words can be changed and how they behave grammatically.</td>
</tr>
</tbody>
</table>

| **Part B: Human Beings** |
| 16 units covering people and human experience. We look at the vocabulary associated with the body, health, movement, the mind, perception, likes and dislikes, character etc. |
## WHAT IS VOCABULARY?

A glance at the contents list of *More than Words* will show you that there is more to the book than simply a list of topics and the words associated with them.

To know a word fully you need to be aware of many things, for example:

a) you need to know what a word means (let's take the word *dream*)

b) you need to know how it is connected to other words which mean similar things (e.g. *nightmare*)

c) you need to know what other meanings it can have (e.g. "I never dreamt I could be so happy" "He's always daydreaming" "I wouldn't dream of it" etc.)

d) you need to know how the word changes depending on its grammar (e.g. she was *dreaming*, she *dreamt*)

e) you need to know the grammar of the word (e.g. you dream *of* or *about* something)

f) perhaps, most importantly, you need to know what kind of situations the word is used in and who might use it.

All this information is part of 'knowing' a word: it's information that speakers of the language have without even realizing it.

In *More than Words* we try to ensure that students have a chance to know words in this way. Texts show the contexts words are used in, and exercises explore various aspects of the words such as collocation, style and grammar.

A major feature of *More than Words* is *Part A: Exploring Vocabulary*, where students are made aware of what is involved in 'knowing' a word fully.
Part A can also be used as a reference section by students working on a unit in Part B. Some exercises have headings which refer students back to the relevant part of Part A, e.g.

---

**MEANING**

Part A Unit 1

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**CHOOSING A UNIT**

More than Words is designed to be used in a number of different ways. Teachers and students should decide together which parts of the book they wish to use and which order they want to do them in. Here are some suggestions:

a) Choose units from Part B. If difficulties occur (e.g. with word formation exercises) refer back to the relevant section of Part A (Units 7 – 9) for clarification.

The students and teacher may decide to do only one unit. If they want to do more than one, however, it is worth looking at how related units can be grouped together e.g.

Example 1:

<table>
<thead>
<tr>
<th>Unit 4</th>
<th>Health and exercise</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unit 5</td>
<td>Sickness and cure</td>
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</tbody>
</table>

Example 2:

<table>
<thead>
<tr>
<th>Unit 6</th>
<th>Ages and ageing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unit 7</td>
<td>Birth and death</td>
</tr>
</tbody>
</table>

Example 3:

<table>
<thead>
<tr>
<th>Unit 11</th>
<th>The mind and thinking</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unit 12</td>
<td>Perception and the senses</td>
</tr>
<tr>
<td>Unit 13</td>
<td>Feelings and moods</td>
</tr>
<tr>
<td>Unit 14</td>
<td>Likes and dislikes</td>
</tr>
</tbody>
</table>

b) Choose the units in Part A that would be the most useful. Do them and then go on to Part B.

Example: The teacher and students have decided that they are particularly worried about collocation - a frequent area of difficulty for this group. They would also benefit from discussing parts of speech and they have trouble with spelling.
Introduction for students and teachers

This will be their programme:

<table>
<thead>
<tr>
<th>Part A:</th>
<th>1 Meaning in context (as an introduction)</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>5 Collocation - which word goes with which?</td>
</tr>
<tr>
<td></td>
<td>7 Parts of speech: verbs and nouns</td>
</tr>
<tr>
<td></td>
<td>9 Spelling and sounds</td>
</tr>
</tbody>
</table>

| Part B: | Units 1 – 2 |

c) Work through Part A and then choose some units from Part B (see (d) below)
d) Work through Part A and then work through Part B

<table>
<thead>
<tr>
<th>WHAT THE UNITS CONTAIN</th>
</tr>
</thead>
<tbody>
<tr>
<td>PART A</td>
</tr>
</tbody>
</table>

1) Units in Part A usually start in one of two ways:
   a) With a text: this is used to introduce a topic, but more importantly it is used to
      - demonstrate words in context
      - be a resource for students and teachers to use as they complete the awareness activities in the unit
   b) With a language question: students might be asked to think of the different meanings of certain words, to identify parts of speech, to match up words which go together etc.

2) Exercises in Part A include the following:
   - matching exercises
   - filling in blanks
   - filling in charts
   - activation exercises designed to allow students to use the words or concepts they have been looking at.

Depending on the size of the class, these exercises can be done by the teacher working with all the students or by the students working in pairs or small groups. Unless otherwise stated, the students should always have access to a good monolingual learner’s dictionary.
PART B  Units in Part B follow a pattern consisting of three parts

ENGAGE

STUDY

ACTIVATE

1 Engagement activities

These are activities designed to engage the interest of the students in the topic and its related vocabulary. Engagement activities will usually consist of one of the following:

a) A text: students are asked to read a text and then react to it in some way. It may lead to a discussion or a task. The purpose of the text is to arouse the students’ interest as well as to introduce the vocabulary and concepts which are to be studied later. It is also there to provide a focus for general integrated skill work.

b) A discussion/interaction: For example, students complete a questionnaire working in pairs. It contains words and concepts to be used in the unit. Students discuss their opinions or compare information about a topic. These exercises provide an opportunity for students to consider topics in the light of their own experience . . .

c) A word task: students do a straightforward matching activity as a way of introducing the topic area and giving them the information they need for a discussion/interaction.

Almost all of these engagement activities are designed for use in pairs or groups. Students should be encouraged to participate as fully as possible.

2 Study activities

The study activities are designed to explore the words which the topic has introduced in more detail. Some of these activities are:

a) Completing charts: students are often asked to complete a chart. If the focus is on word formation it might look something like this:

<table>
<thead>
<tr>
<th>adjective</th>
<th>noun</th>
<th>adverb</th>
<th>verb</th>
</tr>
</thead>
<tbody>
<tr>
<td>loving</td>
<td>love</td>
<td>lovingly</td>
<td>love</td>
</tr>
</tbody>
</table>
If the focus is on which words go together it might look something like this:

<table>
<thead>
<tr>
<th>do</th>
<th>homework</th>
<th>the beds</th>
<th>the washing up</th>
<th>supper</th>
</tr>
</thead>
<tbody>
<tr>
<td>✓</td>
<td></td>
<td></td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>make</td>
<td></td>
<td>✓</td>
<td></td>
<td>✓</td>
</tr>
</tbody>
</table>

b) **Fill-ins:** students are frequently asked to fill in the blanks in sentences or paragraphs using words that they have been studying. Sometimes they are asked to select the correct word from a box. Sometimes they are asked to select a word and use the correct form (e.g. adjective, noun etc.) in the blanks.

c) **Matching:** students are asked to match one set of things with another. It might be a set of words with a set of pictures, e.g. The verbs in the box have to be matched to pictures of different animals (e.g. horse, elephant, rhino, snake etc.)

```
canter  trot  hop  crash  gallop
bound  slither  pad
```

Sometimes words or expressions have to be matched with meanings, e.g. in the exercise below, students have to match the expressions on the left with the feelings or emotions on the right:

| a) She's as white as a sheet | disapproval |
| b) She went bright red | shock |
| c) She came out in goose pimples | emotional excitement |
| d) Her eyes narrowed | wonder |
| e) She was wide-eyed | fear |
| f) She pursed her lips | determination |
| g) She gritted her teeth | suspicion |
| | embarrassment |

d) **Discussing words:** students are asked to discuss words and with the help of their own knowledge and their monolingual dictionaries they have to make decisions about them. For example; do the words thin, slim, skinny have negative or positive connotations? Does the word pretty refer only to women or can it be used for men?
e) **Searching for word meaning:** students are frequently asked to look for the meaning of words. This is done in one of two ways:

Students are asked to find words in the text, e.g.

Find words in the passage which mean:

- a suit of a kind worn by athletes, etc.
- informal
- items of clothing which can be worn together

Students are asked to use a dictionary to help them to be sure of the meaning of words, e.g.

Say when you might feel one of the emotions below. Use a dictionary to help you.

- unfriendly
- inadequate
- guilty
- stubborn
- serene
- impatient
- sensitive
- nervous
- disappointed
- strong

f) **Choosing between different words:** students are often asked to choose between two different meanings or two different words.

What is the difference in meaning between the following pairs of words?

1. i) I've been **sick**
   ii) I've been **ill**

3 **Activate activities**

The Activate sections in each unit are designed to give students an opportunity to use words which have been studied in the unit in a more creative way. There are many different kinds of such activities. Here are just four examples:

a) **Headlines:** students are asked to explain unusual headlines and write the stories which might accompany them, eg.

Widow Sues Hotel Cook

Miracle of First Baby For Panda Hing-Hing
b) **Writing tasks:** students are asked to write descriptions, dialogues, advertisements e.g.

Imagine that, having lost your sight or your hearing as a child of five, you have just had an operation that has more or less restored your sight/hearing. Write an entry for your diary or a short article for a magazine.

c) **Telling stories:** students are asked to use the words they have been studying in either oral or written stories, e.g.

Tell the story about one of the following:

a) someone who went to the doctor and ended up in hospital by mistake.
b) someone who took too much exercise and lived to regret it.

d) **Commenting:** students are asked to comment on pictures and/or situations, e.g.

Look at the photographs and complete the tasks:

a) give the people names.
b) give their ages and say what their occupations might be.
c) using adverbs as well as verbs, describe how the people usually walk.

4 *How the activities interact*

All the units in *Part B* start with an engagement activity and end with an activate activity. In between these two, the three types of activity in the unit (engage - study - activate) usually occur more than once. In other words students may do an engagement activity and then do some study exercises. Then they do a quick activate activity before doing some more study work. Or they may do an engagement activity, some study work and then do another engagement activity which will lead them onto a different track. This diagram shows some of the possible patterns.
The material in the units can also be used for skills work, as a springboard for project work or for general language practice work.

The material in More than Words is designed for use in two distinct situations, classwork and self study.

CLASSWORK

Almost all the exercises in More than Words can be done by students working in pairs or groups. Indeed we believe that such interactions are a vital part of creating a healthy and cooperative class atmosphere. It is then the teacher's role to guide, advise and inform the students.

In small classes, however, the use of pairs and groups becomes rather artificial and in such cases there is no reason why the teacher and the students should not go through the material together.

It should be remembered that one of the teacher's main responsibilities is to encourage students to connect their own life experiences with the topic: that way lessons will not only be about learning language, but also about the topics themselves and how they affect us.

Some of the study exercises are clearly useful for students working on their own either in class or as homework. In such cases it is advisable to try to do the exercises before referring to the key.

In general we believe that the most important incentive to vocabulary learning is a feeling of involvement in the material on the part of the students, and it will therefore be a combination of the students' enthusiasm and desire to learn coupled with the teacher's encouragement of those attitudes which will make More than Words successful in the classroom.

SELF STUDY

While many of the activities in More than Words work well with groups of students, we have also tried to think carefully about students working on their own.

The most obvious way of helping such students is to provide an answer key which we have done on page 160. Students on their own can thus do the exercises and then check with the key.

The progression of the exercises associated with reading tasks etc has been designed so that students working on their own are still able to complete the tasks.
Obviously the more interactive exercises will lose something if they are done alone. Nevertheless questionnaires, for example, are still well worth reading through and thinking about, especially where they contain words which are to be studied.

Students working on their own should not forget *Part A* which clearly lays out the issues in vocabulary learning, speaking directly to the user/student.

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**DICTIONARIES AND DICTIONARY USE**

One of the most useful tools for studying vocabulary at this level is the Monolingual Dictionary. In Book 2 there are two units which focus on details of dictionary use.

A good dictionary will give you lots of information about the words you are looking up. But be careful not to use it all the time, otherwise it will tend to get in the way of spontaneous communication. In *More than Words* we indicate where we think dictionary use may be appropriate by using this symbol: ☑

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**CONCLUSIONS**

*More than Words* is about vocabulary and how it works. It is about the words associated with certain topics. It is about language and how it is used.

We believe that words are fun and that finding out the strange uses which people have for them is an enjoyable task. Especially in a second or foreign language it is a voyage of discovery which will never end. We hope that *More than Words* will be a good companion on some of that voyage and that you will get as much excitement from using the materials as we have done from developing them.

*Jeremy Harmer*

*Richard Rossner*
PART A
EXPLORING VOCABULARY

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We often ask what a word means. It sounds like a simple question, but there may well be more than one answer. In this section we will look at meanings and how they work.

1 In groups try to agree on what the following words mean before reading the text.

| trust | being single | galleries | biographer |

What do you think the text is going to be about?

Polly Alter used to like men, but she didn't trust them any more, or have very much to do with them. Last month, on her thirty-ninth birthday, it suddenly hit her that — though she hadn't planned it that way — almost all her xxxxx were now with women. Her doctor, her dentist, her accountant, her therapist, her bank manager, and all her close friends were female. She shopped at stores run and staffed by women, and when she had a prescription she walked six blocks out of her way to have it filled by the woman pharmacist at Broadway and 87th. For days at a time she never spoke to an adult male. When her husband left eighteen months ago, Polly hadn't expected her life to turn out like this. xxxxx and angry though she was, she had looked forward to the adventure of being single again. But as her friends and the media had already warned her, there weren't any good men over thirty in New York, only husbands and creeps. She'd refused to go out with husbands and her other encounters had been such xxxxx that it made her laugh now to remember them, though at the time she had sometimes cried with disappointment and rage. After about six months she had realised she'd much rather stay home and watch television with her twelve-year-old son Stevie, or go places with her women friends... Three months ago Polly had had some luck at last: she'd been awarded a grant and given a publisher's advance for a book on the American painter Lorin Jones, born 1926, died 1969 almost xxxxx; now — partly thanks to her — becoming famous. As it turned out, this commission had a striking, almost supernatural appropriateness. Though Polly had never met Lorin Jones, she'd been following in Lorin's path all her life. Lorin had grown up in a New York suburb; Polly (twenty years later) in a neighbouring suburb. Both of them went to school in Westchester, both, after college, lived on Bank Street in the West Village. Their xxxxx must have crossed, probably many times. When Polly was a toddler she and her mother might have passed Lorin and hers on the street in While Plains. Later when she began to visit galleries in New York, Lorin might have been among the other spectators; she could have been buying pantyhose at the same counter at Bloomingdales, or sitting next to her future biographer on the Eighth Avenue bus.

adapted from Alison Lurie The Truth about Lorin Jones (Abacus)
3 Answer these questions:
   a. What happened to Polly Alter on her 39th birthday?
   b. What is the connection between Polly Alter and Lorin Jones?

4 Which of the kinds of book listed in the chart do you think the text comes from? Why?

5 What are your reading tastes? Use the chart to find out what kind of books other people in your class like.

<table>
<thead>
<tr>
<th>Romantic novel</th>
<th>Thriller</th>
</tr>
</thead>
<tbody>
<tr>
<td>Detective story</td>
<td>Literary fiction</td>
</tr>
<tr>
<td>Humorous fiction</td>
<td>Biography</td>
</tr>
<tr>
<td>Autobiography</td>
<td>History book</td>
</tr>
<tr>
<td>Poetry</td>
<td>Other (please specify)</td>
</tr>
</tbody>
</table>

CHOOSING THE RIGHT MEANING IN THE CONTEXT

6 Write what you think these words from the text mean:

- therapist
- look forward to
- rage
- neighbouring
toddler

Check in a dictionary. Were you right?

So far the meanings have been fairly dear. But what can you do when you find a word you don’t know? The simple answer is to think of all the possible meanings the word could have and then work out which is the most probable. Try exercise 7.

7 a. Find all the words which are written as xxxxx.
   b. Write all the words that you think would be possible in the five places.
   c. Compare your words with your neighbours’ in groups.
   d. Agree on one word for each xxxxx.
   e. See if your word is the same as the original. (The words are on page 160). If it isn’t, check the dictionary meaning of the words on page 160 and see if your word means the same.

ACTIVATE

6 Work with a partner to act out an interview with Polly Alter. Take it in turns to play the part of the interviewer and of Polly. Ask her:

a. how she gets on with men
b. how she gets on with women
c. what she is doing now
d. how she feels about being single

Use vocabulary from the text.
9 Complete the following questionnaire with your neighbour.

**Men and Women:**

**Which sex do you trust most?**

*For each question tick the correct column.*

<table>
<thead>
<tr>
<th></th>
<th>male</th>
<th>female</th>
<th>both/either</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Sex of interviewee.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Which sex do you prefer the following people to be?</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>your hairdresser</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>your dentist</td>
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<td></td>
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<td></td>
<td>your doctor</td>
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<tr>
<td></td>
<td>a nurse</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>a bank clerk</td>
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<tr>
<td></td>
<td>an assistant in a clothes store</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>a taxi driver</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>a waiter</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>your priest</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Which sex do you prefer as friends?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Which sex do you associate the following characteristics with?</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>gentleness</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>truthfulness</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>tolerance</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>courage</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>strength</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>logic</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>assertiveness</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>On your first space mission would you prefer your highly-skilled captain to be male or female?</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Why?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
One of the first things people notice about English words is that the same word can have different meanings depending on the context in which it is used.

How many different meanings can you think of for each of the following words? Write a brief example sentence for each meaning, and compare your examples with a partner.

Can you think of words that have more than one meaning in your own language?

The man who fell out of bed

When I was a medical student many years ago, one of the nurses called me in considerable perplexity, and gave me this singular story on the phone. They had a new patient—a young man—just admitted that morning. He had seemed very nice, very normal, all day—until a few seconds before when he awoke from a snooze. He then seemed excited and strange—not himself in the least. He had somehow contrived to fall out of bed, and was now sitting on the floor, carrying on and vociferating, and refusing to go back to bed. Could I come, please, and sort out what was happening?
Now use the same words to complete the following:

a After the police had questioned him for twelve hours, Jones finally ________ that he had planted the bomb under the Minister's car. The police had arrested him as he was leaving his flat on the third ________ of a run-down building in South London. But he had escaped from the police station where he was being held. Jones was arrested a ________ time just as he was boarding a plane bound for New York.

b A: Is 'criteria' ________ or plural?
   B: Plural, I think.
   A: What's the ________ form, then?
   B: I don't know. Look it up.

c Mr Thomas, who is not a ________ man at the best of times, flew into a rage when he heard that the train to Cardiff had been cancelled, and that he would have to wait an hour and a half for the next one.

d It's highly unlikely that anyone will ever run 100 metres in under nine ________.

Sometimes the different meanings of a word are related. For example, a fishing line, a clothesline and a line drawn on a sheet of paper are all different things but with something in common - they are all long and narrow.

Find different but related meanings for the word DROP in the following situations:

a a waiter trying to carry a tray full of plates and dishes
   b walking in the rain
   c using a plane to get food to starving people in Africa
   d a professional football or basketball team
   e driving along a steep road on the edge of a mountain

ACTIVATE

Use at least two of the words from exercise 7 to write a short dialogue about one of the situations above.
9 Organize this group of words and expressions into three different families. Show your lists to a partner and explain why you have grouped the words in the way you have.

amusement patient tests
fall asleep joke neurologist wake up
sense of humour bedclothes dissect

10 Read the continuation of the text. List words from the text which have meanings related to:

a surprise or shock
b dislike

The man who fell out of bed (Continued)
When I arrived I found the patient lying on the floor by his bed and staring at one leg. His expression contained anger, alarm, bewilderment and amusement — bewilderment most of all, with a hint of consternation. I asked him if he would go back to bed, or if he needed help, but he seemed upset by these suggestions and shook his head. I squatted down beside him, and took the history on the floor. He had come in that morning for some tests, he said. He had no complaints, but the neurologists, feeling he had a ‘lazy’ left leg, thought he should come in. He had felt fine all day, and fallen asleep towards evening. When he woke up he felt fine too, until he moved in bed. Then he found, as he put it, ‘someone’s leg’ in the bed - a severed human leg, a horrible thing! He was stunned, at first, with amazement and disgust — he had never experienced, never imagined, such an incredible thing. He felt the leg gingerly. It seemed perfectly formed, but ‘peculiar’ and cold. At this point he had a brainwave. He now realised what had happened: it was all a joke! A rather monstrous and improper but very original joke! It was New Year’s Eve, and everyone was celebrating. Obviously, one of the nurses with a macabre sense of humour had stolen into the Dissecting Room and nabbed a leg, and slipped it under his bedclothes as a joke when he was fast asleep. But when he threw it out of bed, he somehow came after it - and now it was attached to him!

Oliver Sacks The Man who Mistook his Wife for a Hat (Picador)
The author says the man also felt angry. Here are three words meaning angry. Put them in order from the most angry to the least angry:

<table>
<thead>
<tr>
<th>Least</th>
<th>Most</th>
</tr>
</thead>
<tbody>
<tr>
<td>angry</td>
<td>furious</td>
</tr>
</tbody>
</table>

Now organize the words you have put in the table in exercise 11 in the same way.

ACTIVATE

13 Use adjectives ending in -ed and -ing, such as exciting and excited, and other adjectives, to describe how you felt during a very enjoyable experience you've had in the last two years: for example, a holiday, or show or sporting event you went to, a reunion or party, a marriage or birth in the family, etc.

14 The author of this text is a doctor. What do you think he said to the young man after listening to his story?
3 Sense relations

GENERAL AND SPECIFIC

Sometimes pairs or groups of words are related in meaning and belong to the same 'family', but one is more 'general' in meaning than the other(s).

In each of the following exchanges the words in italics belong to the same family. Write these words in the correct columns beside each exchange.

Example:

'Would you like some fruit?'
'Yes, please. Can I have an apple?'

a) 'I'll just boil this pasta.'
'Was it doesn't need much cooking, does it? It says on the packet. 
"Put in hot water and simmer for three minutes".

b) 'Oh Mummy! Look at that bear.'
'Oh yes. I think it's a polar bear. They're lovely animals.'

b) 'Let's have a drink. Do you want a lager?'
'No, thanks. I don't like beer.'

d) 'I saw her walking to College yesterday, strolling nonchalantly along Park Street.'
'Yes, she normally goes that way.'

Using a mixture of both general and more specific words and expressions helps us to be clearer about what we mean and to avoid repeating the same words, thus making what we say or write more interesting.

2 Read this brief news item.

List the words that are used to refer to:

a) the person involved
b) the vehicle involved
c) the damage to the vehicle

THERE WAS a serious accident on the M25 yesterday. A delivery van ran into the crash barrier and turned over. The vehicle was severely damaged, the windscreen was smashed, and the driver was badly injured. Police believe the man fell asleep at the wheel of his Ford Transit, which was a virtual write-off. The forty-five-year-old father of two was taken to Watford General Hospital with multiple fractures.
A customer celebrating his birthday with friends was suddenly attacked by the proprietor of the Cossack Restaurant yesterday. The customer was taken by surprise when the proprietor broke a plate over his head. However, the customer agreed to let the matter drop when the proprietor explained that she had assaulted him because she had mistaken him for another person, who had thrown a plateful of spaghetti at her the night before.

A _______ was finally _______ from a well in Cambridge after a four-day battle to keep her alive. The _______ fell down the disused shaft on Thursday. The _______, who was alerted by a neighbour who heard loud miaows, immediately got to work to try to _______ his _______. With the help of friends the _______ began to dig away at the narrow opening while his children mounted a round-the-clock vigil, lowering food and milk to the _______ in a specially adapted bucket every few hours. It was only after special help from the fire brigade that the _______ was finally able to _______ the _______.

NEW CITY BUS GETS STUCK UNDER BRIDGE

Five-husband grandmother marries her sixth

Lost rabbit turns up at Post Office
Sometimes the meaning relation between two words is so close that they are very nearly synonyms, that is, they have nearly equivalent meanings (e.g., big and large). However, it is rare that two words or expressions have exactly the same meaning; usually there is a difference of style, register, nuance, usage, etc. We use the different terms for a purpose, for example in order to avoid unnecessary repetition, or to give a different emphasis.

Find appropriate synonyms or near synonyms to complete the following exchanges as indicated. Do not repeat any of the words that A uses.

Example: A: What a glorious day!
B: Yes, lovely, isn't it.

d A: You must be very pleased with the result.
B: Yes, I'm__________.

e A: Did the hurricane damage your garden badly?
B: Yes, it__________ it.

f A: Wake up! You were dozing off.
B: Sorry, I didn't mean to ____________.

OPPOSITES AND COUNTERPARTS

Within families of words, it is often possible to find pairs of opposites, especially with adjectives (e.g., wide and narrow). Finding pairs like this can be helpful when trying to remember vocabulary.

Find the opposites or counterparts for the words in the box. Then use each pair of words to describe two people or things.

strong evil ancient patient
decisive broad optimistic luxurious
impetuous exciting cool

Here are some expressions involving opposites. What do they mean?

- blow hot and cold
- in black and white
- the long and the short of it
- off and on
- a love-hate relationship
- back and forth

Use any three of these expressions in a brief love story with the title:

Absence makes the heart grow fonder
1. Using a dictionary, match the verbs to the correct pictures. Sometimes more than one word is possible.

- bark
cackle
grunt
bleat
squawk
whinny
hoot
purr
roar

2. In English we say that dogs go ‘woof, woof’ and cats go ‘miaow, miaow’. What sounds do they make in your language?
The meaning of the words in exercise can be extended to apply to the way that we (humans) speak or react. This is an example of metaphor.

3 Use some of the verbs to show how the person in each picture is speaking. Sometimes more than one answer is possible.

'Get your hair cut,' he

'Hmmph! The country's going to the dogs', she

'Get out of my house and don't come back', he

'Another one for the basket, she

'Ooh, that's funny', she

'B-b-b-u-t I d-d-on't w-want to', he

'A ghost? In my house? Eeeek!', he

'I like it when you bring me presents', she
ACTIVATE

4 Using words from exercises 1 and 3 describe what the **people** do in the following situations.

a A big man goes downstairs with a shotgun in the middle of the night and finds a young thief in the house.

b A **witch** captures a young child and puts him into the pot.

e Two young people find themselves lost in the fog in a churchyard in the middle of the night.

b A husband and wife are guests at a smart dinner party, but unfortunately they have a bit too much to **drink**.

b A teacher finds that two of her **pupils** have let down the tyres of her car, and sees them trying to run away.

5 Explain the following metaphors:

a It rained buckets.

b They woke to a carpet of snow over the land.

e The trees sighed in the breeze.

How do you describe weather in your language. What common metaphors do you use?

*Sometimes a metaphor is continued for more than just one word or phrase.*

6 Read the following poem and answer the questions.

**The wind clawed through the shrunken trees**

And scratched and bit and roared with rage.

He felt the steam of hot breath on his face

Growling, loose-limbed. He **stood**, lashed

By the sling of its tail as it launched itself

Through the air away from **him**, ignored,

Towards some other prey. He **sinks,**

**Now,** to the quiet ground relieved

At the temporary **calm**, suddenly secure.

*Peter Hedley*

7 List six words or phrases from the poem which form part of the extended metaphor.

**a** 

**b** 

**c** 

**d** 

**e** 

**f**
Sometimes metaphors are used so often that they become fixed in the language as common phrases—or idioms.

Look at the comments made by the people in the picture below. Match the idioms in italics with these sentences.

a. Leave things as they are if by mentioning them again you are likely to cause problems.

b. If the punishment is going to be equally bad for both bad and very bad behaviour, I'll behave very badly.

c. The information came from somebody with first-hand knowledge.

d. Don't waste time and effort by returning to an issue which has already been decided.

e. It will cause trouble.

f. The largest part of something.

g. He likes teasing people.

h. It will distinguish between the good and the bad.

---

He's really greedy. He always makes sure he has the lion's share.

Stop trying to flog a dead horse. Your idea will never work.

Let sleeping dogs lie. Why bring this whole thing up?

The chief inspector likes to play cat and mouse with his suspect.

No, really, I heard it straight from the horse's mouth, so it must be true.

When she finds out what he's been getting up to, that will really put the cat among the pigeons.

Yes, I'll stay for another hour if may as well be hanged for a sheep as a lamb.
Under which word would you find the following idioms in a dictionary?

a. flog a dead horse
b. one may as well be hanged for a sheep as for a lamb
c. play cat and mouse with somebody
d. let sleeping dogs lie

Look in a dictionary. Were you right?

Some idioms are only two words - often pairs of opposites, e.g. high and dry, touch and go. Some become phrasal verbs (see Part A Unit 11) and some are longer such as the ones in exercise 8. Generally the words and in-order in idioms can not be changed.

Using a dictionary say which of the following idiomatic expressions in italics are used correctly and correct those which are wrong.

a. It was horrible watching her eat. She made a real pig of herself.
b. Pull up your horses. Don't rush into this.
c. His attitude to women is terrible. He's a real male chauvinist ox.
d. While you're there can you call on Miss Njabella as well? You may as well kill two birds with one bullet.
e. I'm not surprised they got on so well. Birds of a feather, you know...

ACTIVATE

11 Use one of the idioms from exercises 8-10 to comment on the following situations.

a. Someone who has got a cold because of the weather.

ACTIVATE

12 Using a dictionary or any other source say what the following proverbs mean.

a. A stitch in time saves nine.
b. Better the devil you know than the one you don't.
c. Don't put all your eggs in one basket.
d. Two wrongs don't make a right.
e. A bird in the hand is worth two in the bush.
f. It takes two to tango.

Are there any equivalents to these proverbs in your own language? Translate proverbs from your own language into English.

ACTIVATE

13 Look for metaphorical use either in your own language or in English. Look at:

a. advertisements
b. poems
c. stories

Say what is being described, and as what, as you did in exercise 6.
Collocation - which word goes with which?

It is often important to choose the right word to go with another word, for example, an adjective can be used to describe some nouns but not others. We can say blonde woman or blond man but not *blonde dog or *blonde horse! 'Blonde' does not collocate with dog or horse. Many words in the following groups are restricted in similar ways:

verbs and objects: we drive a car but we can't *drive a motorbike.
subjects and verbs: the telephone rang but not *the telephone sounded.
adjectives and prepositions: full of but not *full with
verbs and prepositions: arrive of but not *arrive to
verbs and adverbs: I strongly believe but not *I strongly think.

1 Which of these verbs is commonly used with which object?

- drive
- ride
- nod
- shrug
tell
- say
make
do

For each of these verbs, list three direct objects that can follow them.

- drive
- tell
- say
- make
- do

- your shoulders
- your homework
- a bus
- your head
- your bed
- a lie
- this bicycle
- a word in Russian

2 Which of the combinations of adjectives and nouns below is unusual? Why? Suggest improvements where necessary.

- a fat piece of wood
- a wrong answer
- a strange coincidence
- a dead apple
- a fat dog
- a wrong mistake
- a touching letter
- a heavy drink
- a touching hand
- a heavy meal

For each of these adjectives, list two other nouns which can follow them.

heavy strong fat thick

ACTIVATE

3 With a partner write a description of a very difficult but memorable imaginary journey lasting two days. Use the following words and ideas, as well as your own. Be careful to use appropriate verbs and adjectives with these words:

- car breakdown
- the middle of nowhere
- lift lorry/truck driver/drinking accident
- ambulance hospital phone family disappeared
4 Which prepositions usually follow these adjectives?

interested ______ music
enthusiastic ______ the game
different ______ the bread we eat
dear ______ learning Spanish
late ______ her appointment with the doctor
afraid ______ large dogs
polite ______ his boss
disgusted ______ himself

Now for each of the following prepositions, list two other adjectives that could precede them:

about for with of

ACTIVATE

5 Circle the best alternatives in this newspaper article.

List the words you have selected in the phrases below:

to ______ a campaign
to ______ a disease/epidemic
to reduce alcohol ______
to ______ awareness
it was agreed ______ them
________ drinking/smoking
the death/birth ______ is high
a rich ______ of fatty foods/sugar
avoid exposure ______
a ______ diet

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Look at the list of recommendations in the campaign. Which three would be most difficult for you to comply with? List them in order of difficulty.

With a partner, work out a similar code for a 'World Happiness Week'.

One way to show collocation is on a grid like this:

<table>
<thead>
<tr>
<th>tall</th>
<th>high</th>
</tr>
</thead>
<tbody>
<tr>
<td>person, tree, building, mountain, fence</td>
<td>y, x, y, y, y</td>
</tr>
</tbody>
</table>

Complete the grids below in a similar way:

<table>
<thead>
<tr>
<th>a story, something, in a quiet voice</th>
</tr>
</thead>
<tbody>
<tr>
<td>speak:</td>
</tr>
<tr>
<td>say</td>
</tr>
<tr>
<td>tell</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>a lie, French, yes or no, the truth</th>
</tr>
</thead>
<tbody>
<tr>
<td>speak:</td>
</tr>
<tr>
<td>say</td>
</tr>
<tr>
<td>tell</td>
</tr>
</tbody>
</table>

ACTIVATE

Use any of these five words' from exercise 8 to complete the sentences.

| to, high, speak, say, tell |

- The __________ man in the blue jacket was __________ the truth when he __________ this city was popular with tourists.
- Last night Jim __________ his little daughter a story about a prince who was kidnapped by a very __________ giant.
- There were only four or five journalists present, but the Prime Minister __________ in a very loud __________, as if she was addressing them from a __________ balcony.
- Julia __________ quite good Spanish and Portuguese.
- He never remembers to __________ 'please' and 'thank you'.
1 The two dialogues below have got mixed up after the first line. Put them in the right order and then say what the difference between them is.

1. Hey. I love your coal!
   Where did you get it?
   Can I have a proper look?
   No, sorry.
   Hang on... here you are.
   Hand-made, you know.
   It's my sister's. Nice, isn't it?
   Thanks. Wow, it's great! I don't suppose you know where she got it?

2. I'm sorry to bother you, but do you mind my asking where you bought that charming bag?
   It's absolutely exquisite.
   Thank you so much for showing it to me.
   Certainly. As you can see, it's hand-made.
   Really? Could I possibly have a closer look?
   Not at all. As a matter of fact, it was a present from a friend in India.
Why do you think people speak to certain other people formally? Put the numbers 0 (= not an important reason), 1, 2 or 3 (= a very important reason) beside each of these possibilities:

a. _____ because of the place they are in.
b. _____ because of what they are talking about.
c. _____ because they don't know each other.
d. _____ because of their education and personality.
e. ______ other reasons ____________________

Are the following more likely to occur in formal or informal conversations?

a. very polite expressions like ‘Do you mind my...’
b. colloquial expressions like ‘hang on’, ‘great’, ‘hey’.
c. long complicated words like ‘exquisite’.
d. omission of subject, e.g. ‘(It’s) Nice, isn’t it’.
e. special phrases to replace ‘yes’ and ‘no’, like ‘certainly’ and ‘not at all’.

When people are speaking or writing, their choice of words is influenced partly by the meaning they want to get across, and partly by the situation they are in. It may be appropriate to use an informal style (e.g. with close friends), a neutral style (e.g. with business acquaintances), or a formal style (for example, when writing a letter to a potential employer).

Activate

1. With a partner, make up two short conversations, one formal and the other informal, in which one speaker apologizes to the other for spilling a drink on their clothes.

5. Look at the three letters. Which do you consider to be the most formal, which the most informal and which neutral?
List three reasons why you think one of the letters is informal, and three reasons why you think another is formal.

6 Which of these words and expressions from the letters is informal (I), formal (F) and neither formal nor informal (N)?

| Dear Sir | the fifth time I’ve written | the sorriest victims cancelled | __just ended overpriced due to |
| twice | take the biscuit | didn’t even bother | __|
| roll up to work | I can tell you | bloody trains | __|
| regular passenger | at your hands | maybe | __|
| to the effect that | enclosing | | __|
ACTIVATE
/ Which of the following things make you feel like complaining? Compare your answers with a partner's.
public transport restaurants and public eating places telephones postal services the police television or radio the health service something else
Write a formal letter of complaint in English to one of these services.

With the help of a dictionary, try to complete this table:

<table>
<thead>
<tr>
<th>Informal/colloquial</th>
<th>Neutral</th>
<th>Formal</th>
</tr>
</thead>
<tbody>
<tr>
<td>dough/dosh</td>
<td>policeman</td>
<td>xxxxx</td>
</tr>
<tr>
<td>pad</td>
<td>xxxxx</td>
<td>dwelling</td>
</tr>
<tr>
<td>boss</td>
<td>xxxxx</td>
<td>obtain</td>
</tr>
</tbody>
</table>

As well as choosing more formal and informal words according to the situation they are in, people often use technical or specialized language to talk about a particular subject that they know about or are interested in. For example, when a doctor is talking to a nurse, he or she will use different words from when to or she is addressing a patient. Many other professions and activities, such as gardening, music, computing and engineering, have their own specialized vocabulary.

Do you use specialized vocabulary in your own language? If so, where do you use it and what subjects do you use it for? Discuss your answers with some other students.

Look at the following exchanges. Where would you expect to hear them, and who might the speakers be?

In a) and b), the special language is used instead of 'normal' language. Translate the exchanges into 'normal' non-specialized English.
Often, as in dialogue? c) and d) special language is used because the vocabulary is needed to refer to or describe technical things. Of course, many people don't know the technical vocabulary, and it is useful to be able to use other equivalent non-technical expressions.

ACTIVATE

11. Look at the pictures and complete the following descriptions.

- a thing/tool for...
- a machine for...
- a vehicle for...
- a person who...
- a building in which...

12. Using a dictionary if necessary, find non-technical ways of saying the following:
   
   a) They're excavating the ruins.
   b) Mary's undergoing an appendectomy.
   c) Dissolve five grams of the powder in the acid and shake the solution.
   d) Before boarding, extinguish all smoking materials.
   e) Season lightly and simmer for five minutes.

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13 Look at the diagram below. Explain in simple English how to put the table together.
We know that by changing the form of a word we can change its grammatical meaning. For example, the adjective loud can be reformed to give us loudly (adverb), loudness (noun), louder, loudest, etc. In order to 'know' a word you need to be aware of these changes and what they mean. To understand word formation it can be useful to know what the parts of speech (or 'word classes') are called.

1 Match the descriptions on the left with the terms on the right.

1 words like green, expensive, uncomfortable, new, naughty which describe a noun or pronoun.  
2 words like slowly, very, tomorrow, away, once which add to the meaning of a verb or an adjective or another adverb.  
3 words like and, but, although, because which can be used to join two clauses together.  
4 Words like the, that, a, both, his which come at the beginning of noun phrases (e.g. his new hat, the man, both of the old women).  
5 words like nation, London, school, footballer, happiness, which are the names of people, places, things or ideas.  
6 verbs like give up, run out of, look into, look after, which are made up of two or more words.  
7 words like in, off, next to, under, in spite of, which show how other words are connected.  
8 words like it, them, ourselves, used instead of a noun.  
9 words like be, walk, speak, read, hide, normally referring to an action or a state.

2 Read the text. Ignore the brackets which follow some of the words. Who do you think the writer is? Where is he or she, and why?

3 Now fill in the brackets using the correct part of the speech from the list below. You can use each letter more than once.

V - verb  
N - noun  
P - preposition  
Adv - adverb  
D - determiner  
Adj - adjective  
C - conjunction  
I hid ( ) in a ( ) half-finished building ( ). It was made of red ( ) brick ( ) but had no roof. Trees and ( ) grass as high ( ) as the walls of the house had grown inside ( ). I went in through ( ) a window frame so as not to leave ( ) any marks around ( ) the door, and hid fearfully ( ) in the grass. I tried to keep quiet ( ). I tried not to think of ( ) the snakes that were probably ( ) all around me.
Verb endings signal changes in tense and aspect. There are two tenses, present and past. Present tenses usually refer to the present, but not always, and past tenses usually refer to the past, but not always. Aspect shows whether the verb tense (present or past) is simple (e.g., He walks, he walked), continuous (e.g., He is walking, he was walking) or perfect (e.g., He has walked, he has been walking).

**Verb ENDINGS**

4 Complete this chart of verbs from the text.

<table>
<thead>
<tr>
<th>Infinitive</th>
<th>Present participle</th>
<th>Past tense</th>
<th>Past participle</th>
</tr>
</thead>
<tbody>
<tr>
<td>leave</td>
<td>having</td>
<td>hid</td>
<td>made</td>
</tr>
<tr>
<td>keep</td>
<td>went</td>
<td>tried</td>
<td>grown</td>
</tr>
</tbody>
</table>

think

What is the difference between these verbs from the text and verbs like talk, love, play and wait?

**PLURALS**

Forming the plurals of most nouns is very straightforward. Others are more complicated.

- Find the four plural nouns in the passage opposite. What is the singular form of each noun?
- Work in pairs to find the plural of the following nouns.
  a donkey  
  b tomato  
  c ox  
  d mouse  
  e mouse trap  
  f piano  
  g pheasant  
  h fish  
  i cloth  
  j syllabus  
  k ship  
  l star  
  m elephant  
  n man  
  o sky  
  p ostrich  
  q cello  
  r symphony

Check your answers in a dictionary. Were you right?

What do you know about the way we make nouns plural? Is one way more 'regular' than others?

Read the continuation of the story from page 28. You will find it on the next page.

a How accurate were your guesses in exercise 2?
b What other facts about the writer and his/her situation do you know from this extract?
I waited.

I tried to make plans. Instead I found myself thinking of irrelevant things: cold beer, buttered toast, the time one of my children had chicken pox. I dozed. Hours must have passed, and there was a rainstorm. It left me soaked again but at least, I reasoned, it should have washed away most of my scent, making it more difficult if they came after me with dogs. I heard a helicopter overhead. I burrowed deep into the grass. I didn't need a prize to guess that the helicopter was looking for us. Later in the morning I heard gunshots. I was relieved because they were a long way off. Then I was ashamed: it meant one of the others had probably been shot. I felt sure it must be Kasujja. He was the most vulnerable. Poor Kasujja. They'd got him.

Then I saw movement in the grass. It was what I feared: a snake. It was a mamba, very poisonous. I kept still, telling myself that snakes attacked only moving things, and then only because they are afraid, not because they are aggressive. I hoped the mamba would remember this. It had seen me, raised its head, lowered it again, and then raised it once more, tongue flickering, as if preparing to strike. I don't know how long this went on. It seemed like hours. Then the mamba decided it didn't like the look of me, executed a simultaneous turn, climbed a wall and was gone.

Wychite Kato An Escape from Kampala Granta Volume 22 (Granta Publications)
Describe the place that the writer is in, and its surroundings. Make a drawing of it if that would help.

Discuss the following in pairs and/or groups:

a. What reasons can you think of for hiding from somebody?
b. Have you ever hidden from somebody (other than in a game)?
c. What do you think of when you are miserable or frightened?
d. How do you feel about snakes? What animals are you afraid of?

Invent an ending for the story.

Tell a story about hiding from something or somebody. The story should have two characteristics:

a. It should use as many words as possible from the texts in exercises 2 & 7.
b. It should be as unlike the story in exercises 2 & 7 as possible.
We often add things to the beginning or end of a word to change its meaning or grammatical status. We can make words have opposite meanings, (e.g., happy - unhappy) show that a verb is in the past (e.g., wash - washed) or make a noun into an adverb (e.g., hope - hopefully). How does this all work?

SUFFIXES AND PREFIXES

The ending of a word will often show what part of speech the word has become. For example, the ending -tion at the end of authorization tells us that the word has become a noun. The ending -s at the end of hides tells us that this is either the third person singular (present simple) of the verb hide or the plural of the noun hide.

1 In these words, taken from the text on pages 26 and 28, (see box) what endings are used for the following?

<table>
<thead>
<tr>
<th>Noun (singular)</th>
<th>Noun (plural)</th>
<th>Verb</th>
<th>Adjective</th>
<th>Adverb</th>
<th>Verb</th>
</tr>
</thead>
<tbody>
<tr>
<td>waited</td>
<td>irrelevant</td>
<td>children soaked</td>
<td>ashamed</td>
<td>vulnerable</td>
<td>poisonous</td>
</tr>
</tbody>
</table>

Think of other nouns, adjectives and adverbs. What other endings can you add to the list?

2 Complete the table below. What endings:

<table>
<thead>
<tr>
<th>Noun</th>
<th>Adjective</th>
<th>Adverb</th>
<th>Verb</th>
</tr>
</thead>
<tbody>
<tr>
<td>simplification</td>
<td>quick</td>
<td>hopefully</td>
<td>legalize</td>
</tr>
<tr>
<td>dirt</td>
<td>painless</td>
<td>drive</td>
<td>retire</td>
</tr>
<tr>
<td></td>
<td>stupid</td>
<td></td>
<td>wash</td>
</tr>
</tbody>
</table>
AFFIXES
PREFIXES (WORD BEGINNINGS)

If word endings change the grammar of a word, word beginnings often change the meaning of a word. For example, the word irrelevant in the text on page 30 means 'not relevant'. Ir- has the meaning of 'not'.

0 What meaning does the first part of each of the following words have?

a disapprove  h expel
b inexpensive i overestimate
c unhappy j predict

d illegal  k subtract
e descend  l coincide
f nonsense  m rearrange
g impossible  n postpone

Some of the words can be used without their prefixes (e.g. a approve) but some can't (e.g. e * descend is not possible). Which words are like a and which are like e?

5 Using beginnings (prefixes) make the opposite of the following words,

a kind  h polite
b literate

c temperate
d honest

e centralize  g resident
f regular

ACTIVATE

Complete the text with the correct form of the word in brackets. Check your answers in a dictionary.

The day that Carol ran away from school was one of great (l)_________ (anxious) for Miss Angela Beresford, the Headmistress. But then it had begun badly. She had woken up feeling very sick and GO (well) and at work almost all the teachers had been (3)______ (agree) - not at all pleasant - because they were cross about the latest pay settlement. They had wanted a 10% increase, but she had only been able to offer them 5%. They started shouting at her and after a bit she (4)______ (yell) back at them. Now she wished she hadn't. Even after ten years she still (f)______ (estimate) the effect of her shouting. She didn't think that it would affect her teachers at all, but it always did. They would get very angry and as a result they would (6)______ (active) work against her.

The (7)______ (discover) later that morning that Carol had run away (and run away, mind you, from the best upper-class girls' boarding school in the country) was quite (8)______ (literal) the last straw. So when she found Carol's note - almost like a suicide's, completely (9)______ (hysteria) - the thing that really upset her was the school's failure (and by (10)______ (imply), hers) to teach Carol how to spell. 'I can't stay here coz ov Miss Turner,' read the note, 'she is horibul.'
Angela Beresford read the note in
(11)_________(amaze). The girl’s (12)_________
(cruel) to Miss Turner was common know-
ledge. But it was then that she made the
(13)_________(decide) to stop being a head-
mistress. Two weeks later she left the school
and joined the circus as a lion-tamer. It was
(14)_________(considerable) more fun and
certainly less (15)_________(danger) than her
previous job.

Why do you think Carol ran away? Did you
go to a boarding school? Would you send
your child to a boarding school? Why? Why
not?

Correct the spelling in Carol’s note. Why do
you think she wrote the words in the way that
she did?
Spelling & sounds

English spelling is usually considered difficult. That is because there often appears to be no direct relationship between the way something sounds and the way it is written. Different spellings can have the same sound.

1. The following pairs of words have different spellings. Do they sound the same or different?
   a. flour, b. ruff, c. throw, d. bow (down)
      flower, rough, through, bough

2. The following pairs of words have the same combination of vowels in their spelling. Is the sound of the vowels the same or different in each pair?
   a. through, c. shoe, e. key, g. team
      though, hoe, fey, seance
   b. cough, d. afraid, f. seize, h. bury
      tough, said, reign, bun

SOME SPELLING RULES

Are there anything about English spelling which is regular, then? Are there any rules? How do spelling change when words have new endings?

3. Add -ed, -d, -ing, -er, -r or -est to the following words. Should you double the last consonant or not? Should you add a different consonant?
   a. hop, f. fast, k. excel, p. picnic
   b. hope, 9. beat, l. refer, q. bat
   c. fat, h. develop, m. open, r. marshall
   d. late, 1. begin, n. visit, s. omit
   e. phone, j. rebel, o. panic, t. beat
   f. hope-hoping, rope-roping, fume-fuming, fame-famous
   g. knowledge-knowledgeable, orange-orangeade, re place-replaceable
   h. replace-replacement, hate-hateful, live-lively
   i. due-duly, argue-argument, true-true
Look at the following words. Which are spelt correctly (c), which are spelt wrongly (w)?

a. friend ______

b. feild ______

c. receive ______

d. concieve ______

e. believe ______

f. ceiling ______

g. seize ______

h. greif ______

What sound is being spelt here by ei or ie?
What is the rule? What has the letter c got to do with it? Why is seize an exception?

ACTIVATE

Correct the spelling in the following children’s sayings (collected by Nanette Newman in a book called *Lots of Love*).

1. I love my daddy because he give me a good ejukashun. Zoe aged 6.

2. My mummy sais I must love evreyboddy even the peple who killed my daddy but I dont. Helen aged 7.

3. My Dad went to prison and we have to keep remembring to love him. Jean aged 7.

4. My teecher is very crule. She smaks peple all days and she eats frogs legs and maks cros spells. I dont like her becose she says I tell fibs. David aged 6.

5. My father has a cros face in the holedays. Joan aged 7.

9 What do you think is the background to Helen and Jean's comments?

10 In groups decide on five adjectives to describe the following:
   a a good mother
   b a good father
   c male children
   d female children
1. Look at these exchanges:

A. Would you like a ...?
Yes, please.

B. Can I offer you some ...?
No, thanks.

Many different words could go in the empty spaces above. Look at the words listed below, and decide which words could go in which dialogue by marking them A or B. Then explain why. Do not change the words and phrases listed in any way.

- milk
- medicine
- new shirt
- day off
- chewing tobacco
- companionship
- meal in a restaurant
- pair of scissors
- banana
- ticket
- biscuit
- brown sugar
- mineral water
- ride on my motorbike
- helpful advice
- useful information
- money
- help
- salt
- work

2. Read the recipe on the opposite page. Is it something you would like to eat? Why? Why not?

List the underlined words from the ingredients in the two boxes below:

<table>
<thead>
<tr>
<th>UNCOUNTABLE</th>
<th>COUNTABLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>milk</td>
<td>biscuit</td>
</tr>
<tr>
<td>medicine</td>
<td>brown sugar</td>
</tr>
<tr>
<td>new shirt</td>
<td>mineral water</td>
</tr>
<tr>
<td>day off</td>
<td>ride on my motorbike</td>
</tr>
<tr>
<td>chewing tobacco</td>
<td>helpful advice</td>
</tr>
<tr>
<td>companionship</td>
<td>useful information</td>
</tr>
<tr>
<td>meal in a restaurant</td>
<td>money</td>
</tr>
<tr>
<td>pair of scissors</td>
<td>help</td>
</tr>
<tr>
<td>banana</td>
<td>salt</td>
</tr>
<tr>
<td>ticket</td>
<td>work</td>
</tr>
</tbody>
</table>

The words in the boxes above are uncountable. You can make them countable by using words to convey quantity.

3. For each of the quantities below, find at least one - and if possible three - appropriate kinds of uncountable food or drink.

a. a slice of...
b. two spoonfuls of...
c. a loaf of...
d. a glass of...
e. a piece of...
f. a cup of...
g. three bowls of...
h. a bunch of...
i. a pinch of...
j. a drop of...

Which of the words and expressions in the box above are countable, and which are uncountable?
Stir-fry Chicken and Vegetables
(for two)

**Ingredients**

- boneless chicken meat (200 grams)
- bean sprouts (100 grams)
- 7 or 8 mushrooms
- 1 green pepper
- thin noodles (100 grams)
- 1 small onion
- 1 clove of garlic
- groundnut oil (4 tablespoons)
- soya sauce (3 teaspoons)
- salt and pepper to taste

1. Cut the chicken, pepper and mushrooms into small pieces. Chop the onion and garlic finely.

2. Put 1 tablespoon of groundnut oil into the wok and heat well. Then add the chopped onion and garlic. Stir until lightly browned.

3. Add a teaspoon of soya sauce and the pieces of chicken. Stir fry for eight minutes. Place the cooked chicken in a separate bowl.

4. Put more groundnut oil in the wok. Then add the chopped pepper, with a teaspoon of soya sauce. Stir fry until tender. Add the chopped mushrooms. Stir fry for two minutes. Then remove from the heat.

5. Boil a pan of water, and add some salt. Remove from the heat and place the noodles in the boiling water for three minutes. Then drain with a sieve.

6. Put more groundnut oil and soya sauce in the wok and heat well. Then add the beansprouts. Stir fry for two minutes before adding the previously prepared noodles, mushrooms, pepper and chicken. Stir constantly for one minute, adding more salt, pepper and soya to taste. Then serve.
ACTIVATE

4. Write a short recipe in English for a dish that you like (and know how to prepare). Then join a group of three or four and exchange recipes. See if your dishes can be put together to make an interesting meal.

0. Which of the following is unusual or wrong? Why?
   a. Do you want a cola?
   b. I want some information, please.
   c. Could we have two teas and some cake, please.
   d. There is some apple on the table.
   e. David went to the baker’s and bought three breads.
   f. She gave me some good advices.
   g. How much dollars do you have?
   h. Listen to the noises that animal is making. Strange, aren’t they?
   i. What progresses have you made since we last met?

5. Tick (√) the nouns in the following list which can have two different meanings, one when they are used as countable nouns (e.g. Can we have three chocolate ice creams, please = separate servings of ice cream), and another related meaning when they are used as uncountable nouns (e.g. You’ve got some ice cream on your shirt = a drop or blob of ice cream). For each word that you tick, give two examples: one using it as a countable noun, and one using it as an uncountable noun (do not use piece of, glass of!).

   courage light wood homework mineral water cauliflower cola advice ice cream, paper lamb parking salad information beauty anger weather hope smoking cake

Which words in the list above can only be used as uncountable nouns?

Z. Which of these nouns only exists in a plural form?

   eyes binoculars feet shorts pyjamas clothes scissors earnings people socks premises cattle remains (eye)glasses thanks scales outskirts boots
0 Look at this box which shows some common ‘singular’ nouns.

<table>
<thead>
<tr>
<th>games</th>
<th>subjects</th>
<th>diseases</th>
</tr>
</thead>
<tbody>
<tr>
<td>news</td>
<td>dominoes</td>
<td>measles</td>
</tr>
<tr>
<td></td>
<td>billiards</td>
<td>mumps</td>
</tr>
<tr>
<td>draughts</td>
<td>linguistics</td>
<td>diabetes</td>
</tr>
<tr>
<td></td>
<td>classics</td>
<td></td>
</tr>
</tbody>
</table>

ACTIVATE

9 Complete the following exchanges using the words in brackets to make correct sentences.

Example A: I don’t know what to wear to the interview.
B: (your green trousers/nice/why not/wear?)
Your green trousers look nice. Why don’t you wear them?

a A: Now, Ms Harper, how can you justify demanding a salary rise of ten per cent for your members?
B: (Because/earnings/dramatically affected by the rate of inflation)

b A: Hullo, Mrs Jones. You look very upset. What’s the matter?
B: (Your cattle/in my garden/eat/my flowers and vegetables!)

c A: But, Doctor, I can’t be that heavy!
B: (I can assure you/scales/checked and adjusted/only last week)

d A: Well, Jamie, back from school already? How was your day?
B: (OK/the good news/passed my English exam/the bad news/was suspended for cheating)

e A: How did you know I was English?
B: (English people/usually/shy/and/other languages badly)

f A: I love playing pool.
B: (I think/billiards/much better game)

g A: Where do you work, Jack?
B: (My company’s main premises/London, but I usually work/Manchester. The premises in London house/Head Office and Sales Department)

h A: Dad, can you give me a haircut, please.
B: (OK/where/scissors?/I haven’t seen/weeks)

10 Prepare a brief news broadcast for local radio or TV. It should contain three or four brief ‘stories’. For example, a man is found sleep-walking to work, a member of the royal family tries unsuccessfully to cut the ribbon to open a new institution of some kind, or a house is raided by policemen at three o’clock in the morning after neighbours have complained about something.

Each story should involve using at least two words which always have the plural form.
Begin: Here is the Local News...
1 Make up at least two appropriate endings for each of the sentences below. If possible, at least one of the endings should contain an object (for example, in John drank some milk, some milk is the object of drank).

- O a The Prime Minister sent...
- O b The children played...
- O e The baby only sleeps...
- O d Can you help...
- O e Let's go...
- O f Put...
- O g Did you understand...
- O h Have you paid...
- O i Marilyn Monroe died...
- O j The rock star was wearing...

2 List below at least five other verbs which must be followed by a direct object and three verbs which can't be followed by a direct object.

<table>
<thead>
<tr>
<th>Followed by a direct object (= transitive)</th>
<th>Not followed by a direct object (= intransitive)</th>
</tr>
</thead>
<tbody>
<tr>
<td>put</td>
<td>sleep</td>
</tr>
</tbody>
</table>

3 The following letters were printed in a newspaper. Read them and find out:
   a what the writer's problem is
   b what attitude she seems to have towards her boyfriend
   c why Jackie suggests she should say nothing

Dear Jackie,
I have a lovely boyfriend. Everything about him I love apart from one little thing. He is 1m 72 and should weigh about 65 kg. But he eats so much and takes so little exercise he is now 77 kg. He looks awful. I try hard to encourage him, suggesting we play squash or go swimming together, but he says I'm always nagging him. I'm worried that although he's only 30, he's a prime candidate for a heart attack.
Anxious,
Southampton

Dear Anxious,
Perhaps you haven't got across to your boyfriend the fact that it's his health you're concerned about rather than his looks. If he thinks you're nagging him because of his appearance he will feel unloved and more in need of comforting food. But if he feels that, because you love him so much, you're concerned about losing him to an early heart attack, that could give him the impetus he needs to change his present unhealthy lifestyle. Perhaps you should try not mentioning his weight for a while. It may work wonders.
4. In a close relationship with someone of the opposite sex, which of the following would you find it hardest to tolerate? Put 1 beside the hardest and 5 or 6 beside the easiest to tolerate.

a. ______ constant nagging
b. ______ too much concern for your health
c. ______ too much concern for your appearance
d. ______ too much talking
e. ______ laziness when it comes to household chores
f. ______ other.

lo) As used in the letters, which of these verbs are not followed by objects?

love, eats, looks, try, nagging, feel

ACTIVATE

0. Use these verbs (and others from the box above) in a brief dialogue between 'Anxious' and her boyfriend. Use the verbs in bold twice — once with an object and once without.

eat, weigh, go, die, play, leave, get

---

PHRASAL VERBS

1. Read the following poem quickly. What does it describe? Is it a happy or a sad poem? Why?

**Single Mum**

A penetrating cry:
She gets up, fighting off the sleep,
Puts on the old blue dressing gown
And switches on the blinding bedside lamp
For the third time that night.

'Come here':
She picks him up, the soft warm bundle,
And rocks in her arms the ruler of her life.
Mournful cries turn instantly to smiles
That say 'play with me tonight'.

It's three a.m.:
How can she turn him down?
How can she put him back?
There's space beside her in the wide wooden bed
For this bubbly baby and a cuddly toy or two —
Some comfort in the night.
0 Which of the following people do you think is in the most difficult situation?

a A single mother with the care of a young child or children.
b A single father with the care of a young child or children.
e A single parent with responsibility for teenage children.
d A single parent who only sees his/her child every two weeks.
e A child who hardly ever sees one of her/his parents.
f A child who lives with parents who often quarrel violently.

10 What do the phrasal verbs in the following sentences mean?

a The plane took off more than an hour late.
b It was so hot Mary took her sweater off/ took off her sweater.
c Roger didn't know what the word meant so he looked it up in the dictionary.
d "Come on! We're going to be late!"
e Claudia didn't want her old records so she gave them away.
f The Director put the meeting off until Friday.
g The car broke down so they had to walk home.

Some verbs in English consist of two parts, e.g. take up (= begin to practise a hobby or sport). The first part is an ordinary verb, but the other part is a word like up, on, across, off, etc. Some of these verbs are called phrasal verbs. It is often difficult to understand what phrasal verbs mean at first. The original meaning of the verb and the particle (the other part) has changed. She took over the company means she control of the management of it.

11 Which of the phrasal verbs in exercise 9 are transitive? What do you notice about the word order of these transitive phrasal verbs? Does the particle come before or after the object?

Complete the sentences in the box with before and after.

Sometimes the particle (on, up, down, away, etc.) comes ________ the object. Sometimes it comes ________ the object. It always comes ________ an object which is a pronoun (it, him, her). If the object is a noun, it can come ________ or ________
ACTIVATE

12 Complete the following using phrasal verbs from the box and putting the objects of the phrasal verbs in the appropriate place.

If you are not sure of the meaning of a phrasal verb, use a dictionary.

Mike and Judy have two young children: Alison, aged 8 and Peter, aged 5. They are very lively and affectionate children, and both parents have enjoyed 1) _______ (them). But Mike and Judy’s marriage wasn’t 2) _______ , and six months ago they decided to 3) _______. Judy and the two children stayed in their small suburban house, and a friend from work 4) _______ (Mike) in his flat. Then Mike’s company 5) _______ (him) to open a new office in the south of the country.

Now Mike only sees his children once a month, although he 6) _______ (them) once or twice a week. On the first Saturday of each month he 7) _______ on the 300 mile journey to the north.

He 8) _______ (the children) from their home about 9) _______ (them) to lunch at a hamburger restaurant. At first, father and children are almost like strangers, but then the conversation 10) _______, and they begin to talk about what they’ve been doing for the last month - life at school, their friends, their new toys. After playing in the park or seeing a film, it’s time to 11) _______ (Alison and Peter) and leave them with their mother. The next day, Mike 12) _______ early, 13) _______ (the children) for lunch again, says goodbye to them with a heavy heart, and returns to the south. When he sees the expressions on his children’s faces, he sometimes wonders whether his visits do more harm than good.

PREPOSITIONAL VERBS

13 Which of the sentences on the right contain prepositional verbs? (You can test whether a verb is a prepositional verb by seeing whether it is possible to move the object next to the verb.)

a. She broke off the relationship.
b. He applied for a driving test.
c. The board decided on a new plan for the company.
d. John put on his sweater.
e. The Director is relying on his managers.
f. Who is looking after the children?
What do you think the following mean?

a. I’m not putting up with your tantrums any longer!
b. These days you’ve got to stand up for yourself.
c. Try to cut down on the amount of fat you eat.
d. You must face up to your problems instead of trying to hide from them.

Correct any mistakes you find in these sentences. Then, with a partner, try to express the same meaning using different words.

a. Put your clothes away. This room is a mess!
b. Get the story on with: I want to know what happened.
c. The plane took off three hours late.
d. Bob: You made up that story, didn’t you?
   Sue: No, I didn’t make up it.
e. Can you put me up for the night? Hotels are so expensive.
f. Get the car in. I’ll drive you to the airport.
g. Get the car out. I want to put my motorbike in the garage.
h. John is going to stand in for Lynn while she’s on holiday.
i. Sarah: Where are my old jeans?
   Dad: I’ve thrown away them.
j. Get my bicycle off. I want to ride it now.

Imagine you work as a TV journalist. Use at least five of the following phrasal and prepositional verbs to prepare questions for an interview with a film or pop-star. Ask about his or her daily life, family, etc. Then ask a partner to play the part of the star and interview her or him!
1 Here are some extracts from magazine advertisements. What do you think they are advertising? Which of the ads sounds most interesting to you? Why?

- Leave us part of your estate and we’ll build on it.
- To receive a brochure about our luxury cruises, simply send the coupon to Beth Chapman . . .
- Every mum likes to give her family something a bit different.
- Usually just a couple of short treatments daily bring beneficial results. Which is why we’re offering you a FREE 15 day trial.
Each of the advertisements contains a verb which is followed by two objects. One is a person and the other is not. Sometimes there is a preposition to before the person. List the objects in the table opposite.

<table>
<thead>
<tr>
<th>Verb</th>
<th>Personal object</th>
<th>Other object</th>
</tr>
</thead>
<tbody>
<tr>
<td>e.g. offering</td>
<td>you</td>
<td>a free 15 day trial</td>
</tr>
<tr>
<td>brings</td>
<td></td>
<td></td>
</tr>
<tr>
<td>leave</td>
<td></td>
<td></td>
</tr>
<tr>
<td>give</td>
<td></td>
<td></td>
</tr>
<tr>
<td>send</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

In She [car, the car is the direct object and her husband is the indirect object] objects relate to questions like: Who did she lend it to? Who did she tell? or Who did she buy it for? Direct objects relate to questions like: What did she lend? What did she tell? or What did she buy?

6 Read the following examples. All have prepositions before the personal 'indirect object. Which do you think can be changed as in the example?

Verbs followed by a direct object + preposition + personal object

Example:
He lent some money to his daughter → He lent his daughter some money.

a) They bought a drink for the bridegroom.
b) We showed the photos to the police.
c) We showed them to the police.
d) David made the cake for his girlfriend.
e) David made it for his girlfriend.
f) I explained the accident to the police.
g) The President said a few words to the children.
h) The old man told a story to the visitors.

Now check the list opposite. Were you right?

Verbs followed by indirect object + direct object

POSSIBLE

He lent his daughter/her some money.
They bought the bridegroom a drink.
We showed the police the photos.
David made his girlfriend a cake.
The old man told the visitors a story.

NOT POSSIBLE

* We showed the police them.
* David made his girlfriend it.
* I explained the police the accident.
* The President said the children a few words.
4. Now choose the right completion for the following statements:

Many verbs can/cannot be followed by a direct object + preposition + personal object. All/some/none of these can be used in sentences with the pattern: verb + indirect object + direct object. It is/isn't necessary to learn which verbs can't take both patterns.

When the direct object is a short pronoun (e.g. it, him), the indirect object usually comes/doesn't come before it.

5. In the following, put the indirect object and the direct object in the correct order. Use a preposition only if necessary.

Examples:
John gave (a present/Mary) → John gave Mary a present.
Say (the magic words/him) → Say the magic words to him.

a. George read (his children/a story) before they went to sleep.
b. Could you buy (a loaf of bread/us) on your way home?
c. Explain (us/your joke).
d. I couldn't find (Susie/a clean pair of jeans).
e. Didn't you promise (it/your mother in law)?
f. The reporters asked (so many personal questions/the pop star) that she got angry in the end.
g. Why didn't you mention (the pain/the doctor)?
h. Return (me/the book) as soon as you possibly can.
i. Why on earth did you lend (Justin/your motorbike)?
j. It was embarrassing: I had to borrow (£10/Ann).

ACTIVATE
6. Using at least three of the verbs in exercise 2, write three new advertisements or radio/TV commercials for products, companies, etc. that you like (e.g. for records/cassettes, clothes, a wildlife charity, fast food, etc.).
Verb complementation

There are several other possible complements for verbs in English, and different categories of verbs follow different patterns. For example, some verbs can be followed by another verb in the ing form (e.g., She enjoys dancing), others by to + the infinitive of another verb (e.g., He wants to leave), and some by object and then -ing or infinitive (e.g., I saw you crossing the street).

Look at the structures which come after the main verbs in these sentences:

a. They heard the birds singing at 6 a.m.
b. Her parents wondered why she had left home.
c. The directors plan to open a new factory in Scotland.
d. Try opening the tin with a screwdriver.
e. The prison guards forced him to wash out the toilets.
f. Did she mention that she was expecting a baby?
g. George will cook the meal this evening.
h. Mary made her son do the washing up.

Now read this short passage. Match each of the numbered sentences in it to the sentence above with a similar structure.

Maria Suarez is a Peruvian doctor. She works in a town high up in the Andes. Many of the patients are Indian. (1) Luckily she can speak Quechua as well as Spanish. (2) She often listens to the local people discussing their problems, telling jokes. (3) Maria enjoys working in country areas. (4) But she thinks that people living there need more financial help and opportunities for education. (5) Later Maria wants to specialize in cardiology. However, that would mean returning to University in Lima. (6) Her husband, a specialist in agronomy, would prefer her to stay with him for at least another year. (7) Maria wonders whether she should insist on going anyway. (8) And would her husband let her live alone in Lima?
With a partner think of an example sentence for each of the verbs below to test which of the patterns above can follow them. There may be more than one. Then check your examples in a dictionary, and write a, b, c, etc. before each verb.

must begin finish like hope wonder make ask help see know

Remember: When learning new verbs, it is important to try to find out which structures go with them. A good dictionary can help you do this.

ACTIVATE

Imagine you are writing a play about a modern couple living in a city in an English-speaking country. The woman, like Maria, has a career and wants to develop it by going back to college in another city. The man wants her to stay with him and start a family.

Prepare a dialogue between the couple in which they try to persuade each other of their points of view. Use at least six of the verbs above, with a variety of different structures. You can use the verbs in any order.
1 Where can you find these parts of the body? Use a dictionary to help you put them in the appropriate places in the table.

<table>
<thead>
<tr>
<th>Adam's apple</th>
<th>ankle</th>
<th>armpit</th>
<th>back</th>
<th>big toe</th>
<th>bottom</th>
<th>breast</th>
<th>calf</th>
<th>cheek</th>
<th>chest</th>
<th>elbow</th>
<th>eyebrow</th>
<th>eyelid</th>
<th>forearm</th>
<th>forehead</th>
<th>heel</th>
<th>hip</th>
<th>knee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sip</td>
<td>little finger</td>
<td>little toe</td>
<td>mouin</td>
<td>navel</td>
<td>nose</td>
<td>nostril</td>
<td>palm</td>
<td>shin</td>
<td>shoulder</td>
<td>shoulder blades</td>
<td>small of the</td>
<td>stomach</td>
<td>thigh</td>
<td>thumb</td>
<td>tummy</td>
<td>waist</td>
<td>wrist</td>
</tr>
</tbody>
</table>

| head | neck | arm | hand | upper torso | lower torso | leg | foot |

2 Can you find the parts of the body in the illustration?
Do you know any more words for parts of the body?

Which of the following words can be combined with -ache?

arm  leg  chest  back  elbow  tummy  bottom
thigh  stomach  ankle  wrist  head

What is wrong with the people in the pictures? Where do they have an ache or a pain?

In groups choose one of the pictures.
- What is the reason for the person's ache or pain?
- What treatment would you recommend?

What do the words in the box mean? Can you explain where they are in your body?

bones  muscles  blood  lungs
alimentary canal  kidneys  skin

The human body is fantastic and it has many parts; there is a skeleton of 208 bones; more than 600 muscles which make up 35-45 per cent of the body’s total weight; a blood system containing between 9 and 12 pints of blood, operated by a heart which during a lifetime does enough work to have lifted a ton weight 150 miles up into the air; a nervous system dominated by a brain which makes the biggest computer look like a child’s toy; a pair of lungs which handle 500 cubic feet of air a day; a cooling system to stop us getting too hot which has between two and three million sweat glands; a feeding system which can handle about 50 tons of food in an average lifetime (not to mention a
The human body

25-foot-long alimentary canal); a reproductive system that has all too successfully populated today's world with more than 4,000 million human beings; an excretory system with kidneys capable of filtering 45 gallons of fluid a day; and 17 square feet of skin to cover everything and, as one doctor put it, 'to keep the blood in and the rain out.'

This is the body, an extraordinary piece of machinery that we have taken to the depths of the ocean and up to the moon. It is the animal which has invented language, art, science, sport, architecture, politics and religion. It has conquered the world and may yet destroy it.

Desmond Morris Bodywatching (Jonathan Cape)

9 Desmond Morris lists twelve parts (or systems) of the body. What are they?

10 Complete the following sentences with words and information from the text.

a. The heart is incredible because

b. There are ____________ in a human skeleton.

e. The nervous system is dominated ____________

d. The ____________ filter liquid.

e. The human body is covered ____________

f. ____________ weigh almost half of the total body weight.

WORD FORMATION
Part A Unit 7

Make adjectives from the following nouns.

<table>
<thead>
<tr>
<th>Nouns</th>
<th>Adjectives</th>
</tr>
</thead>
<tbody>
<tr>
<td>skeleton</td>
<td>____________</td>
</tr>
<tr>
<td>muscle</td>
<td>____________</td>
</tr>
<tr>
<td>blood</td>
<td>____________</td>
</tr>
<tr>
<td>brain</td>
<td>____________</td>
</tr>
<tr>
<td>skin</td>
<td>____________</td>
</tr>
<tr>
<td>sweat</td>
<td>____________</td>
</tr>
</tbody>
</table>

Do the adjectives mean the same as the nouns?
ACTIVATE

12 Tell a story about one of the following.
Use any two of the following verbs and as many words as you can from exercises 1, 4, 7 and 11.

notice  break  hit  hurt  admire  suffer

touch  examine

a Someone who went to the doctor and ended up in hospital by mistake.
b Someone who took too much exercise and who lived to regret it.
c A woman who was saved after being stranded in the jungle for four months.
d Someone who never wants to own a pet shark ever again.

WORD USE

13 Write the correct word in each space to complete the idiomatic phrases.

head  heart  face  neck  stomach  foot  hand

skin  arm  shoulders

a 'Would you like to be a mountaineer?' 'Oh no, I don't have a very good______for heights.
b Don't get too involved with those people. Keep them at_______'s length.
c You may not like him, but you've got to_______it to him. He's a financial genius.
d Every time he opens his mouth he puts his______in it. I've never seen anyone make so many embarrassing mistakes.
e She likes to keep her feelings to herself. She's not the sort to wear her______on her sleeve.
f I know I should go to the meeting but I just can't_______it.
g I find horror films absolutely revolting and I just can't_______them. They make me feel sick.
h The pass mark was 65% and he got 65.3%, so he made it by the_______of his teeth.
i She will lose_______if she has to admit she made a mistake.
j Ironing is my least favourite activity. It's a real pain in the_______.
k If I were you I'd vote for Joan Huddlestine. She's_______and_______above the rest.
l I hadn't the_______to tell him I'd already eaten after he'd gone to so much trouble cooking dinner.
ACTIVATE

14 Choose at least three of the phrases from exercise 13. Say where and when they might be said and who they might describe. Use the phrases as part of a dialogue.

15 Choose a part of the body and write a description of the day from that part's point of view!

FOCUS WORDS

PARTS OF THE BODY

Adam's apple  chest  kidneys  shin
alimentary canal  elbow  knee  shoulder
ankle  eyebrow  leg  shoulder blade
arm  eyelid  lip  skeleton
armpit  face (n)  littlefinger  skin
back  face (v)  littletoe  small of the back
big toe  finger  lung  mouth
blood  foot  muscle  stomach
bones  forearm  navel  sweat gland
bottom  hand  neck  thigh
brain  head  nerve  toereast  heart  nose  tummy
calf (calves)  heel  nostril  waist
cheek

FOCUS PHRASES

be a pain in the neck
be head and shoulders above
(have a) head for heights
by the skin of your teeth
keep somebody/something at arm's length

lose face
not have the heart to do something
put your foot in it
wear your heart on your sleeve
1 Complete the following questionnaire in pairs. Then compare the results in groups.

HOW DO YOU RESPOND TO PHYSICAL APPEARANCE?

1. When you first meet someone, what do you look at first?
   a) their hair
   b) their face
   c) their eyes
   d) their mouth
   e) the front of their body
   f) the back of their body
   g) the clothes they are wearing
   h) other (please specify)

2. Which of the following will make you think most positively about someone? (Choose one only.)
   a) They are well-groomed.
   b) They are well-dressed.
   c) They have a good physique.
   d) They look interesting.

3. Think of two people that you find very attractive. What is the most physically attractive thing about them?
   a)
   b)

4. Think of two people whose appearance you find unusual or striking. What is the most unusual/striking thing about them?
   a)
   b)

5. Which of these people do you find most attractive? Why?
Physical appearance and description

2. Which physical features do the following adjectives usually describe? Put them in as many columns as possible.

<table>
<thead>
<tr>
<th>Hair</th>
<th>Eyes</th>
<th>Nose</th>
<th>Mouth</th>
<th>Chin</th>
</tr>
</thead>
<tbody>
<tr>
<td>weak</td>
<td>dark</td>
<td>thinning</td>
<td>pointed</td>
<td>curly</td>
</tr>
<tr>
<td>shiny</td>
<td>wide</td>
<td>mean</td>
<td>receding</td>
<td>large</td>
</tr>
<tr>
<td>bright</td>
<td>protruding</td>
<td>strong</td>
<td>generous</td>
<td>square</td>
</tr>
<tr>
<td>straight</td>
<td>wiry</td>
<td>appealing</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

ACTIVATE

3. Describe the people sitting next to you using the adjectives from exercise 2, and any other words or expressions you know.

ACTIVATE

4. Look at the expressions in italics. Which of the emotions in the box on the right do they express?

a. She's as white as a sheet.
b. She went bright red.
c. She came out in goose pimples.
d. Her eyes narrowed.
e. She was wide-eyed.
f. She pursed her lips.
g. She gritted her teeth.

disapproval
shock
wonder
emotional excitement
fear
determination
suspicion
embarrassment

Are there any equivalent idioms in your language which show how we represent emotions physically?

ACTIVATE

5. Tell a story which includes two of the idioms in exercise 4.
Read this introduction.

In *Sour Sweet* by Timothy Mo, Chen and Lily, who are both Cantonese (from Hong Kong), live in London, where Chen is a waiter in a Chinese restaurant.

Working in the fields Chen had once had a physique which had been lean, tanned, and *sinewy*; now it was almost impossible to see the outlines of his ribs for the plump flesh which clothed them. Not that he was chubby, just prosperous, as he was careful to explain to Lily.

On Lily there were two opposing views. Chen did not think she was pretty. She had a long, thin, rather horsey face and a mouth that was too big for the rest of her features, and she smiled too frequently for a woman. She also had largish breasts and her hands and feet were a fraction too big to be wholly pleasing to her husband. It was her face, though, which really let her down (Chen had decided), being over-full of expression, particularly her bright black eyes which she had a habit of widening and narrowing when listening to *something* she found interesting. Probably there was too much character in her face, which perhaps explained the lack of Cantonese male interest better than any particular wrongness of an individual feature or their relationship to each other. Westerners found her attractive, though. Lily was unaware of this but Chen had noticed it with great surprise. That was if the second glances and turned heads on the street were anything to go by.

*Timothy* Mo *Sour Sweet* (Abacus)

### MEANING

Find words in the text to match these dictionary definitions.

- a. healthily thin
- b. having muscles
- c. pleasantly fat, nicely rounded
- d. having little fat on the body, not fat
- e. pleasantly fat (esp. of children and young adults)
- f. an appearance that reminds one of a horse
3 In pairs discuss:

a What did westerners find attractive about Lily?
b What features of men or women are not attractive in your culture but attractive in another culture?

10 Describe Lily in a positive way.

11 Use a dictionary to say whether the following words usually have a pleasant, neutral or unpleasant meaning.

**THINNESS**

<table>
<thead>
<tr>
<th>Thin</th>
<th>Slim</th>
<th>Slender</th>
<th>Slight</th>
<th>Skinny</th>
<th>Emaciated</th>
<th>Underweight</th>
</tr>
</thead>
</table>

**FATNESS**

<table>
<thead>
<tr>
<th>Fat</th>
<th>Stout</th>
<th>Chubby</th>
<th>Flabby</th>
<th>Obese</th>
<th>Overweight</th>
<th>Plump</th>
</tr>
</thead>
</table>

12 Use a dictionary to complete the male/female chart for these words:

a Lean | Tanned | Sinewy | Muscular | Voluptuous | Well-built | Shapely |

b Good-looking | Handsome | Pretty | Attractive | Beautiful | Ugly | Hideous | Plain |

e Beard | Moustache | Glasses | Eyebrows |
Physical appearance and description

ACTIVATE

13. Use words from this unit to describe the people in these photographs.
   a) in a positive way.
   b) in a negative way.

WORD GRAMMAR

VERB COMPLEMENTATION

Part A Unit 12

14. What sentence patterns follow the verb phrases in italics?
   Choose the best answer a, b or e.

1. I could tell by his expression  a) to be afraid.
   b) that he was
   c) as being

2. He struck me  a) as being rather overweight.
   b) to be
   c) that he was

3. He seemed  a) that he was very suspicious.
   b) to be
   c) being

4. He appears  a) to be fairly relaxed.
   b) as being
   e) that he is

5. He looked as if  a) that he was angry.
   b) he was
   c) to

6. He looked  a) to be upset.
   b) being
   c) that he was
ACTIVATE

15 Write a description of either someone you know well and like a lot or someone you know well but don’t like at all. Use words from this unit including *seems, appears, looks like, strikes me as*, etc.

Do not say who the person is. Other students read or listen to your description and they must guess if the person you describe is:

a a member of the family
b someone you are or were in love with
c your superior (in work or where you study)
d a child
e an acquaintance
f someone else (specify)

FOCUS WORDS

PHYSICAL APPEARANCE

appealing
appear
appearance
attractive
beard
beautiful
bright (eyes)
chin
chubby
curly (hair)
dark (eyes/skin/hair)
emaciated
eyebrows
eyes
fat
flabby
generous (mouth)
glasses
good-looking

FOCUS PHRASES

be as white as a sheet
(grit your teeth)
(comes out in) goose pimples
(narrow your eyes)
go red
(purse your lips)
1. Which of the following words can be combined with *dressed* to describe the way people look in their clothes?

<table>
<thead>
<tr>
<th>Well</th>
<th>Casually</th>
<th>Nice</th>
<th>Bad</th>
<th>Badly</th>
<th>Over</th>
<th>Smartly</th>
<th>Attractive</th>
<th>Untidy</th>
<th>Untidily</th>
</tr>
</thead>
</table>

Which of the expressions you have found is similar in meaning to the words below?

- Scruffy
- Elegant
- Dishevelled
- Relaxed

2. Look at these photos.

Which of these words would you use to describe the way each person is dressed?

How would you describe the way you dress?
As it was his first meeting with Julie's parents, George thought quite hard about what he was going to wear. When going out with friends he normally dressed quite casually, but Sunday lunch with strangers was different.

Twelve o'clock - definitely time to get dressed. George put on a clean shirt and tried on the jeans he had bought the day before. They fitted him well, but they looked too new. He took them off and put on his dark green trousers. He would wear these and his leather jacket - and maybe a tie. But that didn't look right either - green just didn't suit him.

Oh, God, why was he so vain...? He undressed and started again.

3 Read the following text and notice how the underlined words are used. Then complete the table below.

As it was his first meeting with Julie's parents, George thought quite hard about what he was going to wear. When going out with friends he normally dressed quite casually, but Sunday lunch with strangers was different.

Twelve o'clock - definitely time to get dressed. George put on a clean shirt and tried on the jeans he had bought the day before. They fitted him well, but they looked too new. He took them off and put on his dark green trousers. He would wear these and his leather jacket - and maybe a tie. But that didn't look right either - green just didn't suit him. Oh, God, why was he so vain...? He undressed and started again.

<table>
<thead>
<tr>
<th>Verb</th>
<th>Transitive</th>
<th>Intrans.</th>
<th>Human subject</th>
<th>Inanimate subject</th>
</tr>
</thead>
<tbody>
<tr>
<td>dress</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>X</td>
</tr>
<tr>
<td>fit</td>
<td>✓</td>
<td>✓</td>
<td>X</td>
<td>✓</td>
</tr>
<tr>
<td>get dressed</td>
<td></td>
<td>✓</td>
<td>V</td>
<td></td>
</tr>
<tr>
<td>get undressed</td>
<td></td>
<td></td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>put on</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>try on</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>suit</td>
<td></td>
<td></td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>take off</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>undress</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>wear</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

4 Complete the following sentences:

a Julie usually dresses...

b She got dressed...

c She put on... fitted...

d She wore...

e She tried on... didn't suit...

f She took off...

g She undressed...
5 Look at these pictures and at the clothes the people in them are wearing. Decide which clothes, in your opinion, are:

a the most attractive
b the most unusual
e the most comfortable and convenient
d the most formal

Discuss your choices with a partner.

---

MEANING

6 Which of these items of clothing are being worn (or do you think are being worn) in the picture above? Put AR (actor), AS (actress), D (director) or C (cameraman) beside each item to indicate who is wearing them.

<table>
<thead>
<tr>
<th>Item</th>
<th>AR</th>
<th>AS</th>
<th>D</th>
<th>C</th>
</tr>
</thead>
<tbody>
<tr>
<td>trousers</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>T-shirt</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>tie</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>vest</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>blouse</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>cardigan</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>nightdress</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>bra</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>dress</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>leotard</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>boots</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>sweater</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>raincoat</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>leather jacket</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>shorts</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>dinner jacket</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>waistcoat</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>anorak</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>overcoat</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>boxer shorts</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>fur coat</td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>tights</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>tracksuit</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>tennis shoes</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>knickers/panties</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>dressing gown</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>sweatshirt</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>pants</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>suit</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>jeans</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>pyjamas</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>skirt</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>socks</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>bow tie</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>sari</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>shawl</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>shoes</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>scarf</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>stockings</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
1 Complete the following table to indicate how or when the items of clothing in the box in exercise 6 are normally worn.

<table>
<thead>
<tr>
<th>on the top half of the body only:</th>
</tr>
</thead>
<tbody>
<tr>
<td>on the bottom half of the body only:</td>
</tr>
<tr>
<td>on the top and the bottom halves of the body:</td>
</tr>
<tr>
<td>as underwear:</td>
</tr>
<tr>
<td>on the feet or legs:</td>
</tr>
<tr>
<td>in bed:</td>
</tr>
<tr>
<td>round the neck or on the head:</td>
</tr>
<tr>
<td>when the weather is cold:</td>
</tr>
</tbody>
</table>

In your country, which of these items of clothing are:

a usually only worn by women
b usually only worn by men
c worn only on informal occasions
d never worn by anyone

Which other items are commonly worn? Are there English words for them?

6 What would you wear in the circumstances outlined in the table? Discuss your choices with a partner.

| temp: 12 deg, cloudy |
| temp: 25 deg, raining |
| temp: 20 deg, sunny |
| temp: —4 deg, snowing |
| for an evening party |

Weekday | Weekend |
---------|---------|
---------|---------|
---------|---------|
---------|---------|
---------|---------|

9 Look at the expressions in italics. Match them with the phrases in the box below.

- talking rubbish
- don't get over-excited
- be in charge
- smartest clothes
- look gentler than you are
- make an effort
- special smart clothes
- get upset
- very smartly dressed
- in the same situation

a If I were in your shoes, I'd ask for a divorce.
b David used to beat me at tennis regularly, but the boot's on the other foot now.
c You're going to fail the exam if you don't pull your socks up.
d Hurry up, for God's sake. We're going to be late!
   OK, O.K. Keep your shirt on.
e Well, you know who wears the trousers in that household, don't you? It's certainly not Mr Thatcher.
f I know Clarissa's arguments are very persuasive, but I think she's talking through her hat myself.
g Don't be fooled by her friendly manner. She's a wolf in sheep's clothing.
h Why are you all dressed up to the nines?
   Well, you said I should wear my Sunday best. Anyway, look at Mandy: she's dressed to kill.
i Oh, Fred, what on earth am I going to do?
   Look, there's no need to get your knickers in a twist. Everything's going to be all right.

Read the passage. Where would you expect to read a text like this?

Fashion this autumn is going to echo the season — crisp, exhilarating and enjoyable. Whether you're shopping for a smart suit, a casual tracksuit or an outfit for a special occasion, you'll find the designers have given you a rich harvest to choose from.

Perhaps the only problem is what to choose when the weather doesn't quite behave as it should. Just what to do when summer clothes aren't quite right and it's too warm to swelter in a suit? Until now, the answer has been to opt for one or the other and hope for the best.

Jaeger has solved the problem in a way that other big names will undoubtedly follow. The company has combined the right styles with the right fabrics to see you through any occasion — and keep the temperature at just the right level. 'Keep colour in mind to maintain the spirit of summer, but look for lightweight wools and simple silhouettes for early autumn and to look good later as the weather cools,' advises Jaeger's Joan Jones. It's a winning formula that shows to advantage in their simple but beautifully styled chemise dresses. The style comes in otter, emerald and violet in sizes 8-18.
Find words in the passage which mean:

a a suit of a kind worn by athletes, etc.
b informal
e items of clothing which can be worn together
d people who plan the way clothes will look
e fabric made from the hair of sheep
f materials for making clothes

Find words or phrases in the passage which tell you that the writer:

a likes autumn
b thinks there are plenty of good autumn clothes to choose from
e is comparing the climate to a human being
d thinks that there is a better solution to the problem of matching clothes to the climate this year
e thinks that the Jaeger solution is excellent

Can you find synonyms and opposites for the words in the table?

<table>
<thead>
<tr>
<th></th>
<th>Synonym</th>
<th>Opposite</th>
</tr>
</thead>
<tbody>
<tr>
<td>stylish</td>
<td></td>
<td></td>
</tr>
<tr>
<td>casual</td>
<td></td>
<td></td>
</tr>
<tr>
<td>lightweight</td>
<td></td>
<td></td>
</tr>
<tr>
<td>simple</td>
<td></td>
<td></td>
</tr>
<tr>
<td>beautifully styled</td>
<td></td>
<td></td>
</tr>
<tr>
<td>flattering</td>
<td></td>
<td></td>
</tr>
<tr>
<td>alluring</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Complete the following exchanges with appropriate synonyms or opposites. Do not repeat a word that has already been used.

a A: Maria likes fashionable clothes, doesn't she?
   B: Yes, she dresses in a very ________ way.

b C: Is this jacket suitable for formal occasions?
   D: I think it's more appropriate for ________ wear, don't you
e  E: I was surprised how untidily dressed that applicant for the job was.
F: Yes, he was rather ________, wasn't he?

d  G: You're looking terribly elegant this evening.
H: Thank you. My new suit is quite ________, isn't it.

e  I: That's a very sexy dress Gloria's got on.
J: Yes, she thinks she looks ________. It doesn't leave much to the imagination, does it?

15 Discuss with a partner your ideas on the following subjects:
a  your attitude to the fashions currently popular in your country and in other places in the world
b  the influence fashion has on you when you choose clothes, and whether it is more important for you than price, style, comfort, colour, etc.
c  the image of yourself that you try to convey through your clothes
d  how clothes affect the way we react to other people. Are they important?

ib  Describe your favourite clothes.
FOCUS WORDS
CLOTHING
alluring  knickers  stockings
anorak    leather jacket  style
blouse    leotard     stylish
boot      lightweight  suit (n)
bow tie    nightdress  suit (v)
boxer shorts  outfit  sweatshirt
bra       over-dressed  sweater
cardigan  overcoat  T-shirt
cosy(ly)  pants  take off
designer  pyjamas  tennis shoes
dinner jacket  raincoat  He
dishvelled  socks  tights
dress  sari  tracksuit
dressing gown  scarf  trousers
elegant  scruffy/scruffily  try on
fabric  sexy/sexily  underwear
fashion  shawl  undress
fashionable  shirt  untidy/untidily
fit  shoes  vest
flattering  shorts  waistcoat
fur coat  skirt  wear
get dressed  smart(ly)  well dressed
informal  socks  wool
jeans

FOCUS PHRASES
be in somebody's shoes
pull your socks up
defied the boot's on the other foot
taik through your hat
dressed (up) to the nines
wear the trousers
good your knickers in a twist
wolf in sheep’s clothing
get your Sunday best
keep your shirt on
1. Study the following pictures. For each one, decide where the person fits on the three scales 0—5.

<table>
<thead>
<tr>
<th>unhealthy</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>healthy</th>
</tr>
</thead>
<tbody>
<tr>
<td>unfit</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>fit</td>
</tr>
<tr>
<td>weak</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>strong</td>
</tr>
</tbody>
</table>

2. In pairs discuss where you think you fit on the scale:
   a. now
   b. in the past
   c. in the future
Using a dictionary say what the phrases in italics mean:

a. He's pretty fit.

b. He's a real picture of health.

c. I'm totally out of condition. I can't run another step.

d. I'm fighting fit. I'll win.

e. You seem to be in pretty good shape.

f. She's in absolutely peak condition.

g. Yes, I am rather unfit.

Which words helped you to come to your decision?

Use the phrases in exercise 3 to describe people you know or know about. Say why they are in the condition they are in.

Example: My friend George is totally out of condition. But it's not surprising. He never takes exercise and he eats big lunches. His wife Clara is in absolutely peak condition, though. She goes to aerobics classes and plays a lot of tennis.

Which of the nouns go with which of the verbs? Tick the correct boxes.

<table>
<thead>
<tr>
<th></th>
<th>Do</th>
<th>Play</th>
<th>Go</th>
</tr>
</thead>
<tbody>
<tr>
<td>weight training</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>golf</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>aerobics</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>badminton</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>jogging</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>yoga</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>cycling</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>rowing</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

What other forms of exercise are talked about with the verbs do, play and go?
0 Where can you perform the activities in exercise 5? Put them in as many columns as possible.

<table>
<thead>
<tr>
<th>gym</th>
<th>studio</th>
<th>track</th>
<th>court</th>
<th>course</th>
<th>outdoors</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- Read the two texts. Find the seven different types of exercise and say whether they are good for:
  a) aerobic fitness
  b) improving muscle tone

---

"four-limb" sports, such as rowing and cross-country skiing, seem to be especially good for the heart. "When all four limbs are active, more blood is sent backwards to the heart than when you are using just your arms or your legs," says Dr Sharp. The muscles of the arms and legs use oxygen to produce energy — roughly five calories of energy for every litre of oxygen. This is how fitness experts are able to tell you that lying down, for example, you expend two calories of energy per minute, sitting three calories. Four and a half running upwards of five calories of energy a minute walking is not until you have been running for an hour that you use up around 350 calories — which is roughly equivalent to the calorific content of a low calorie, pre-packed frozen dinner. "If you want to lose weight you are better off performing a lower grade form of exercise such as walking or golf. You forget the total number of calories used up is much more," says Dr Sharp.

You need a lot of self-discipline to use a home-based gym properly: pumping iron can improve your body but not without determination and sweat.

Home gyms consist of a stack of iron weights on two parallel vertical runners, with a padded bench attached at right angles. The idea is that you sit or lie on the bench and, using the various attachments, push and pull the weights with your arms and legs.

Weight training will improve muscle tone but it does not produce aerobic fitness and stamina, which you have to achieve by jogging or cycling. A home gym and an exercise bicycle is the ideal combination: the bike also helps you warm up before your workout.

Peter Knight Expression magazine

www.IELTS4U.blogfa.com
What do the following words and phrases from the text mean?

- a 30-minute run
- work out
- four-limb sports
- lose weight
- pumping iron
- aerobic stamina
- calorie
- warm-up
- energy

Use them in the following sentences together with information from the texts. (You may have to change their form.)

a. _______________ are especially good for the heart.

b. Oxygen produces _______________ which is measured _______________.

c. The calorific content of a pre-packed frozen dinner _______________.

d. It is always good to do a _______________ activity before _______________.

e. Weight training (sometimes referred to as _______________) does not _______________.

Match the type of exercise with the pictures.

skipping  squat jumps  touching (your) toes  sit up  press-up

Give instructions to other students about how they should do one of the exercises.

Example: Lie on your back with your legs straight out in front of you...
ACTIVATE

11 Look at the pictures. Say what the people are doing and what benefits they are likely to achieve with these forms of exercise.

WORD GRAMMAR

PHRASAL VERBS

Part A Unit 11

12 Put the correct preposition(s) in the blanks.

a You ought to cut _______ _______ cakes and biscuits for a start!
b If I were you I'd go _______ a diet,
c You're putting _______ too much weight.
d You should take _______ a new sport — like tennis or golf.
e You should be _______ a strict diet.

ACTIVATE

13 Write a dialogue in which someone who is unfit, overweight or feeling generally run down asks a friend for advice. Use phrasal verbs from exercise 12 and other words from this unit.
Which of the people are talking about:

a someone who is morbid
b an architectural plan
c a politician
d children who watch television
e a prospective employee
f a sick child

15 Fill in the blanks with words from exercise 14.

a He’s not ________ to be seen in public.
b They have a very ________ attitude to the problem. They don’t seem to realize the damage that kind of thinking will do.
c He has a ________ disregard for pompous people — people who think they are superior when in fact they are not.
d You need a lot of ________ for this job.
e Your cat looks in pretty good ________. You’ve obviously been looking after it.
f If you live on a daily ________ of bad news you are bound to become disillusioned.
ACTIVATE

16 Design an advertisement for a newspaper about one of the following:

b. An aerobics class.
e. A sports club.

Say what the activity/place, etc. actually does.

FOCUS WORDS

HEALTH AND EXERCISE

- aerobics
- aerobic (fitness/stamina)
- badminton (court)
- calorie
- condition
- cut down on
- cycle (track)
- cycling
- (go on a) diet
- energy
- (take) exercise
- exercise bicycle
- fit
- fitness
- four-limb sport
- golf (course)
- gym
- healthy
- heart
- jogging
- lose weight
- muscle
- muscle tone
- overweight
- oxygen
- press-ups
- pump iron
- put on (weight)
- rowing
- run
- sit-up
- skip
- squat jump
- stamina
- strong
- sweat
- take up (a sport)
- touch (your) toes
- unfit
- unhealthy
- walk
- warm-up
- weak
- weight training
- work-out (n)
- work out (v)
- yoga

FOCUS PHRASES

- be a picture of health
- (have a) healthy attitude/disregard
- be fighting fit
- (have an) unhealthy attitude/fascination
- be in good shape
- be in peak condition
- be out of condition
- be out of shape
- be overweight
- be under weight
Sickness and cure

Word Use

Which words from column A go with words from column B?

Example: broken ankle, sprained angle, but not sprained leg

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
</tr>
</thead>
<tbody>
<tr>
<td>sprained</td>
<td>leg</td>
</tr>
<tr>
<td>broken</td>
<td>ankle</td>
</tr>
<tr>
<td>twisted</td>
<td>arm</td>
</tr>
<tr>
<td>fractured</td>
<td>wrist</td>
</tr>
<tr>
<td>pulled</td>
<td>skull</td>
</tr>
<tr>
<td>torn</td>
<td>shoulder</td>
</tr>
<tr>
<td>black</td>
<td>ligament</td>
</tr>
<tr>
<td>dislocated</td>
<td>muscle</td>
</tr>
<tr>
<td>swollen</td>
<td>eye</td>
</tr>
<tr>
<td>bruised</td>
<td>toe</td>
</tr>
</tbody>
</table>

Activate

In groups describe to other members of the group one of the injuries mentioned in exercise 1 that you have suffered.

a. How did it happen?

b. How was it treated?

Meaning

Match the words with the pictures.

dentist doctor nurse
optician psychiatrist
surgeon
Using a dictionary, make sure that you know the meaning of the following:

a an injection
b a sick note (for your employer)
e a blood test
d an eye test
e a prescription
f a filling
g an operation
h electric shock therapy

Who (from exercise 3) might administer these things?

5 Which of the people in exercise 3 would you prefer to marry? Why?

What is the difference in meaning between the following pairs of words? (Use a dictionary to help you.)

a i) I've been sick.
ii) I've been ill.
b i) Ow. I've hurt my hand.
ii) I've injured my hand.
c i) Six people were wounded.
ii) Six people were injured.
d i) My hand is itching.
ii) My hand is hurting.

Complete the following sentences with one of the words from exercise 6. (Be prepared to use different forms of the words.)

a If you eat all that chocolate you'll make yourself _________.
b 'Stop scratching your mosquito bites.' 'I can't help it, they're really ________.'
c He was ________ on the first day of the battle and this, ironically, saved him from almost certain death.
d She's been ________ for almost three weeks and the doctors still can't tell what's the matter with her.
e My leg is ________ so much that I can't put my weight on it.
Their ill-fated marriage started badly on the first night, for when they arrived at the hotel and had unpacked their things Charles found that he was unable to hide his unhappiness. Despite his apologies, and his claims that he had not meant to hurt her feelings, Matilda's pride was deeply wounded and since she was unable to guess at the cause of his distress she jumped to all sorts of conclusions.

Charles was, by this time, ill at ease, but had no way of explaining the true situation to his new bride. Sick at heart, he continued to give unconvincing apologies or merely to murmur in monosyllables.

Finally, after three hours, during which Matilda's injured pride pained her more with every passing second, she exploded.

'I am sick and tired of this ill-mannered behaviour,' she exclaimed. 'I consider our marriage to be already at an end.'

She spoke in anger; how could she know that it would be five long years before her wish finally came true?
How are the words *sick*, *ill*, *injured*, *wounded* and *hurt* used in the extract from *The Keeper of Innismullen*? What other meanings can you find for these words in the dictionary?

10 Read this summary of the first part of a story called *Runaway Heart*.

Gregorio and Sylvia are terribly in love and hope to get married. Gregorio is invited to a dinner party to meet Sylvia's family, but her lover and her father have a terrible argument and Gregorio is thrown out of the house and told never to return. What are Gregorio and Sylvia to do now?

Tell the story in your own words, trying to use as many expressions from the text in exercise 8 as possible.

11 Put the following conversation between a doctor and a patient in the correct order (the first one has been done for you).

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Good morning.</td>
</tr>
<tr>
<td>2</td>
<td>Hello, Doctor.</td>
</tr>
<tr>
<td></td>
<td>Well doctor, I'm not feeling very well. I've got these awful pains in my stomach and I haven't been sleeping at all well.</td>
</tr>
<tr>
<td></td>
<td>Yes. Now I'm going to give you these pills. I want you to take two pills three times a day.</td>
</tr>
<tr>
<td></td>
<td>Well yes, I have had a bit of a high <em>temperature</em>, actually.</td>
</tr>
<tr>
<td></td>
<td>Oh have I, Doctor?</td>
</tr>
<tr>
<td></td>
<td><em>Mmm.</em> It looks to me as if you've got some kind of a stomach infection.</td>
</tr>
<tr>
<td></td>
<td>Thank you, Doctor, thank you.</td>
</tr>
<tr>
<td></td>
<td>Now then, how can I help you?</td>
</tr>
<tr>
<td></td>
<td>Do you have any other symptoms? A temperature, for example?</td>
</tr>
</tbody>
</table>
Sickness and cure

**MEANING**

Part A Unit 1

What do the words and expressions in italics mean? (Use a dictionary to help you.)

a What are your symptoms?
b I’m not feeling very well.
e I’m feeling rather low/under the weather.
d I’ve got a sore throat.
e I’ve got pains in my chest.
f You’ve got a (high) temperature.
g You’ve got an infection.
h Take these pills.
i Get plenty of rest.

**ACTIVATE**

In pairs invent conversations in which a patient goes to visit their doctor.

**SCENE IX**

Doctor Martin Mills is at the side of Marcia Jaramillo’s bed.

MILLS: Are you in any discomfort?
JARAMILLO: Yes, yes, Doctor, my leg is a)_________ terribly.
MILLS: Well then, I think I’ll give you a painkilling b)_________. And I’ll make sure c)_________ gives you something to help you sleep.
JARAMILLO: Doctor?
MILLS: Yes, Marcia?
JARAMILLO: Couldn’t you stay with me, just for a bit? The pain would be, somehow, easier to d)_________.
MILLS: But Marcia, I do have other patients to see.
JARAMILLO: Oh Doctor . . .
The camera fades out on a close up of Marcia’s pleading face.

**SCENE X**

Mrs Jackson is talking to the surgeon, Katie Griffiths. Behind the doctor, through the window, we can see Mr Jackson in the recovery room tied to tubes, etc. With Mrs Jackson there is a tall good-looking man who is considerably younger than she is.

GRIFFITHS: Well, Mrs Jackson, the e)_________ went well. We f)_________ your husband’s appendix. We were only just in time.
JACKSON: Oh! Is he going to be all right?
GRIFFITHS: That’s difficult to say. Right now he’s in a stable g)_________ and I think he’ll h)_________.
JACKSON: You mean . . . you think he’s going to make it?
GRIFFITHS: Yes, I do. But you don’t seem to be as pleased as I expected.
JACKSON: Oh yes, of course I am, aren’t I, James?

GRIFFITHS: James?

JAMES: Oh yes, Doctor. I’m Mrs Jackson’s friend. I’ve come to help her through this difficult time.

GRIFFITHS: How very thoughtful of you!

The camera pans away towards the reception desk for Scene XL.

15 Write one of the following three scenes from Hospital of Love. Use as many words as possible from exercises 8, 12 and 14.

a Doctor Griffiths has to tell Mr Green that his wife is going to have quintuplets.

b The nurse has to tell handsome pop star Ricky Watts that he is going to have an operation.

e Doctor Mills, who is feeling ill, is talking to a female colleague who is secretly in love with him.

Focus Words

appendix

black eye

blood test

broken (arm/leg)

bruised

cold (n)

( stable/critical)

condition

dentist

dislocated (shoulder)

doctor

electric shock therapy

eye test

feel (low/under the weather/well)

filling

fractured (skull)

hurt (v)

ill

ill-fated

ill-mannered

infection

injection

injure

nurse

operation

optician

pain(s)

patient

pill

prescription

psychiatrist

pulled (muscle/ligament)

pull through

recovery

sick

sick note

sore throat

sprained (ankle/wrist)

surgeon

swollen (leg/finger)

symptom

take out

temperature

torn (ligament)

twisted (ankle)

virus

wounded

wounded (pride)

Focus Phrases

be sick and tired of

be sick at heart

be under the weather

hurt somebody’s feelings

be ill at ease
1 Think of two adjectives to describe:
   a your grandmother
   b grandmothers in general
Compare your words with your neighbour's.

2 Read the text and choose an adjective to describe:
   a George
   b George's grandmother

"You know what's the matter with you?" the old woman said, staring at George over the rim of the teacup with those bright wicked little eyes. "You're growing too fast. Boys who grow too fast become stupid and lazy."

"But I can't help it if I'm growing fast, Grandma," George said.

"Of course you can," she snapped. "Growing's a nasty childish habit."

"But we have to grow, Grandma. If we didn't grow, we'd never be grown-ups."

"Rubbish, boy, rubbish," she said. "Look at me. Am I growing? Certainly not."

"But you did once, Grandma."

"Only very little," the old woman answered. "I gave up growing when I was extremely small, along with all the other nasty childish habits like laziness and disobedience and greed and sloppiness and untidiness and stupidity. You haven't given up any of these things, have you?"

"I'm still only a little boy, Grandma."

"You're eight years old," she snorted. "That's old enough to know better. If you don't stop growing soon, it'll be too late."

"Too late for what, Grandma?"

"It's ridiculous," she went on. "You're nearly as tall as me already."

George took a good look at Grandma. She certainly was a very tiny person. Her legs were so short she had to have a footstool to put her feet on, and her head only came half-way up the back of the armchair.

"Daddy says it's fine for a man to be tall," George said.

"Don't listen to your daddy," Grandma said. "Listen to me."

"But how do I stop myself growing?"

"Eat less chocolate," Grandma said.

"Does chocolate make you grow?"

"It makes you grow the wrong way," she snapped. "Up instead of down."

Grandma sipped some tea but never took her eyes from the little boy who stood before her, "Never grow up," she said. "Always down."

"Yes, Grandma."

And stop eating chocolate. Eat cabbage instead."

"Cabbage! Oh no, I don't like cabbage," George said.

"It's not what you like or don't like, Grandma snapped. "It's what's good for you that counts. From now on, you must eat cabbage three times a day. Mountains of cabbage! And if it's got caterpillars in it, so much the better!"
Ages and ageing

0 Find words or phrases which mean:
   a to develop from being a child to being a man or woman
   b (derogatory) immature, like a child
   c (used especially by and to children) a fully grown person
   d (idiom) you shouldn't behave as you do considering your age

4 Give a visual description of Grandma.

5 The extract comes from a book for children.
   a Did you read books like this when you were a child?
   b Would you like to have read this as a child? Why?

6 Look at the examples and then copy and complete the chart using the words below. Use a dictionary to help you. Do any of the words refer to only males (M) or only females (F)?

   young juvenile adolescent teenager mature
   grown-up veteran retired elderly senile ancient
   baby man boy lady girl toddler kid
   youngster senior citizen OAP

   infancy . . . childhood . . . youth . . . adulthood . . . middle-age . . . old age

   Child
   Lad (M)
   Woman (F)
Use a dictionary to complete the chart as far as possible. Notice, for example, that there is no noun to describe a mature person. We have to use the adjective + noun combination (mature person/woman, etc.).

<table>
<thead>
<tr>
<th>State (noun)</th>
<th>State (adjective)</th>
<th>Person (noun)</th>
</tr>
</thead>
<tbody>
<tr>
<td>adolescence</td>
<td>retired</td>
<td>infant</td>
</tr>
<tr>
<td>maturity</td>
<td></td>
<td>woman</td>
</tr>
<tr>
<td>manhood</td>
<td>youthful</td>
<td></td>
</tr>
<tr>
<td>childhood</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

In the following dialogues, agree forcefully with the first speaker. Use words from exercises 6 & 7 that mean roughly the same as the word in italics.

- Isn't she very old?
  - Yes. She's absolutely ________

- I think he's a child
  - Yes, he's just a ________

- He's really immature, isn't he?
  - Yes, he is rather ________

Now disagree forcefully with the first speaker. Use words from exercises 6 & 7 that mean roughly the opposite of the words in italics.

- You're just a youngster.
  - No I'm not. I'm quite ________

- He seems very childish to me.
  - Oh really. I think he's rather ________ for his age.

- You're really middle-aged.
  - I don't agree. I've always thought of myself as ________

What ages do you associate with the following characteristics?

| wisdom | exuberance | creativity | attractiveness |

Find the opposite of the characteristics and say what ages you associate with them.
What do the following expressions mean if the speaker is:
-20?
-40?
-60?

a He's getting on a bit.
b She's pushing 40.
c He's no spring chicken.
d She's in her prime.
e He's well past his 'sell-by' date.
f He's a bit past it.
g She's got one foot in the grave.
h She's just a babe in arms.
i He's rather young for his age.
j He's over the hill.

Do you think these expressions are neutral, formal or informal?

Choose the most appropriate adjective to complete the following sentences:

a The level of ______ crime is beginning to worry police.
   a) childish  b) immature  c) juvenile

b Joan would be a good candidate. She is a ______ campaigner.
   a) seasoned  b) grown-up  c) old-aged

e One of the features of this property is the number of ______ trees.
   a) seasoned  b) mature  c) veteran

d There is a London to Brighton rally of ______ cars every year.
   a) seasoned  b) mature  c) veteran

f Why don't you ______, you silly boy!
   a) come of age  b) mature  c) grow up

f Don't worry about his loud behaviour. It's just ______ exuberance.
   a) childish  b) immature  c) youthful
Ages and ageing

WORD USE

CONNOTATIONS
Part A  Unit 2

Say which of the following words have neutral, pleasant or unpleasant connotations.

a young  f adult
b childish  g mature
c immature  h old
d youthful  i senile
e grown-up

ACTIVATE

Using words and phrases from this unit, write a dialogue in which two people are criticising an acquaintance of theirs.

Old Friend Seen on TV

Stania
what's happened?
A practical joke.
They've put a bag on your head
painted an old man's face on
stuck a wig on top.
You'll take it off
won't you?
You'll roar with laughter
drink beer
and tell us all your plans.
Stania
won't you?

Michael Swan

Piano Piece

A man bought a piano for his wife
which she constantly tunes
and polishes. He says her hands and fingers
are less flexible than once they were
which is depressing.

She came home and she found it there,
a big surprise. Its brown respectability
dominates the room. He watches her straight back
and fumbling fingers in the evening city, lit
by brakes and klaxons.

Peter Hedley
In groups discuss the following.

Which three things do you most look forward to about old age?
Which three things do you least look forward to about old age?

Write a short composition about what has been, is or will be the best age for you and why.
7 Birth and death

WORD USE

1 Look at the following announcements. What are they announcing?

Houghton On September 6th at St Mary's Paddington to Mark and Angela (nee Jones) a hoy, Timothy John

Robertson On 12th October, peacefully at home, George, beloved husband of Kate and father of Ben & Emily. Private funeral. No flowers please. Donations to Cancer Research Campaign.

What do you know about the following people and places?

a St Mary's b Mark c Jones

d George e Kate f Ben & Emily

2 Is there any difference between these announcements and the way similar events are announced in your country?

3 What do relatives and friends do when a baby is born in your culture?

MEANING

Part A Unit 1

4 Check the meaning of the words in italics. Put the mixed-up lines of the poem in the correct order. The first line has been identified for you.

SALLY'S EXCUSE FOR WATCHING TOO MUCH TV

j 1 You are conceived Not much of a story.

You are born You die You get pregnant!

Is it? You give birth

What is the mood of the poem? Do you agree with it?
Look up the meaning of any of the words in the box you do not understand. Now put them in the correct places in the passage below (you may have to change the form of the words).

| labour | birth | bom | caesarean | contractions | expect | give | become |

Mary first ___ pregnant at the age of twenty-three. When she realized she was ___ both she and her husband were very happy. It meant that they would finally start the family they had been looking forward to.

Mary was in the middle of writing an article for the local paper when she felt the first ___. She phoned Steve and he rushed home in order to take her to hospital for he was going to be present at the ___

It was a long ___ and in the end things got a bit difficult so the doctors had to give Mary an emergency ___. At this point Steve fainted. But everything else went well and the baby was ___ at exactly six o'clock in the morning.

Mary has ___ birth to six more children since then and each time Steve has fainted. Now they both think it's time to stop. She's fed up with giving birth and he's had enough of bumping his head on the hospital floor!

Add the words in the box to the stem 'birth'. Do you get one word or two?

birth +

control
mark
rate
place
right

What do the new words mean? What other words do you know which are made up of two different words?
7 How many babies are there if you have:

a quintuplets
b triplets
c sextuplets
d quadruplets
e twins

What are identical twins?

ACTIVATE

0 In pairs tell each other everything you know about:

*either* a your own birth (where you were born, when, what everybody *did*, etc.).
or b the birth of a relative or friend's baby.

---

8 Look at the following expressions. Which of them mean *metaphor* and *euphemism*:

<table>
<thead>
<tr>
<th>Expression</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>a die</td>
<td>a dead person</td>
</tr>
<tr>
<td>b a dead person</td>
<td></td>
</tr>
<tr>
<td>c dead</td>
<td></td>
</tr>
</tbody>
</table>

pass on the late Sheelagh Graham pass away
kick the bucket give up the ghost at peace the deceased

Do you have euphemisms like these in your language? Can you translate them into English?

---

9 In these commonly used phrases about dying, put the correct preposition or adverb in each space.

a She died _______ natural causes.

b After his wife's death he just seemed to fade away. I reckon he died _______ a broken heart.

c He finally died yesterday _______ a long illness.

d She went peacefully. She died _______ her sleep.

e He died _______ the injuries he received in the crash.

f There's no real reason. He just died _______ old age.

g I've always wanted to die _______ my bed.

h She died _______ cancer.
11 Complete the chart.

<table>
<thead>
<tr>
<th>Verb</th>
<th>Noun</th>
<th>Adjective</th>
<th>Past Participle</th>
</tr>
</thead>
<tbody>
<tr>
<td>die</td>
<td></td>
<td>xxxxx</td>
<td>born</td>
</tr>
<tr>
<td>live</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

12 Fill the blanks with the right part of speech.

a. He didn't have a horrible ______: it was quick, and seconds before he ______, he was laughing and joking.

b. Here, he told me to give you his watch. It was his ______ wish.

c. When anybody dies it is sad, but the ______ of children is the worst.

d. I'll remember this moment to my ______ day.

e. The ______ man lay undiscovered for some three weeks.

f. The car engine spluttered and ______. We were stranded in a deserted country lane.

g. ______ doesn't frighten me but making speeches does!

Which of the sentences have fixed phrases, and which use the word die, etc. metaphorically?

13 Which of these adjective are most likely to go with the following expressions? Sometimes more than one is possible.

[deadly  fatal  lethal  ___]

a. She is suffering from a ______ illness.

b. Who fired the ______ shot that killed the President?

c. That's a ____ weapon!

d. She took a ____ dose of poison and died.

e. AIDS is a ____ virus.

f. She took the ____ step which led to her death.
Describe each of the incidents using one of the words or phrases in the box.

to choke  to drown

to have a heart attack

to be run over

to have a stroke

to suffocate

"Divers today recovered the body of an old man from the river."

"Something she ate got stuck in her throat. There was absolutely nothing we could do."

"After the first one she was paralyzed all down one side. The second one killed her."

"He suddenly stood up and groaned. His face went all red and then he collapsed at our feet."

"That's the problem in most fires. People aren't burnt to death, they're overcome by the fumes."

"We think the accident took place sometime in the morning. We found the pedestrian lying in the road early this morning."

What other common forms of death can you think of apart from to be murdered, to commit suicide, and the words and expressions in exercises 10–12?
Deaths in fiction are many and varied. Here are some examples:

a. Romeo and Juliet commit suicide.
b. Dr Zhivago has a heart attack.
c. Captain Ahab drowns.

What other fictional deaths can you think of?

---

Does anyone have any ideas for saving this company? asked the chairwoman. There was a pause and then Valerie said what everyone had been thinking.

"We will have to shut down this company and start up somewhere else."

And so the plan was

"You don't have to come Madam Chairwoman," said Valerie two weeks later, at the end of what they thought would be their last meeting. But the chairwoman was adamant. "I helped to start this company," she said. "I was in at the and I might as well be in at the ."

So it was that on a windy day in March a sad group of workers gathered outside the main building to listen to Valeric say the words that would end the experiment they had begun. But even that was unsuccessful since most of her speech was out by the roadworks taking place outside the factory gates.

Of all the workers Maureen was the most upset and in her distress she started to cry. "I'm really ," she said.

"I just don't know what to do."

But at that moment the noise of the drills on the road suddenly stopped and the sun came out. And the chairwoman stood up and made the suggestion that was to save them.

Many years later Maureen would describe her emotions on that day. "Well," she used to say, "I nearly had a when that woman told us what we were going to do. But it was worth it." And then she would turn to her husband and say "Have you got a fag? I'm for a smoke" and he would reply "You will if you have one." And they would both laugh.
19 Read this extract from an obituary.

Zamoro's work as a champion of the oppressed came to a sudden end when he had a stroke whilst on a visit to Rio de Janeiro. He died within a few hours. Doctors discovered that he had been suffering from a fatal illness and this probably provoked his death.

ACTIVATE

20 Write similar extracts about.

a a politician who was shot
b someone who died because they had an illness
c an old person who never woke up
d someone who died after a drug overdose
e someone who fell into a river
f someone whose heart stopped

21 Explain the newspaper headlines. Choose one and write the accompanying story.

Widow Sues Hotel Cook

MIRACLE OF FIRST BABY FOR PANDA HING-HING

Sextuplets Mum Ecstatic Says Proud Father

FATAL DISEASE THREATENS SEAL POPULATION

Distraught Romeo in Suicide Bid

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FOCUS WORDS

BIRTH AND DEATH

alive baby bereaved birth caesarian choke (v) conceive contractions dead (adj)

dead in very kill quadruplets labour quintuplets

deadly death die lethal run over (v)
drown fatal life live suffocate (v)
fatal funeral obituary triplets
twins pregnant widow

FOCUS PHRASES

at peace be born become pregnant be burnt to death be expecting be murdered be overcome by fumes commit suicide the deceased

die of natural causes a broken heart of old age

die in your sleep die of a heart attack

give birth to give up the ghost have a stroke

kick the bucket
1 What is the first thing you do when you wake up? ___________

the last thing you do before you go to sleep? ___________

2 How many hour's sleep a night do you need? ___________

3 Do you sleep during the day (naps, siestas, etc?)

sometimes ___________

often ___________

always ___________

4 Tick the correct box. Are you a light sleeper? □ heavy sleeper? □

5 Do you do any of the following?

snore ___________
sleepwalk ___________
talk in your sleep ___________
grind your teeth ___________

6 Which do you find the most irritating in other people?

never ___________
sometimes ___________
only ___________
always ___________

7 How often do you dream? ___________

have nightmares? ___________

8 How did you sleep last night? Tick the appropriate boxes

I fell into a deep sleep immediately. □
was tossing and turning all night. □
slept like a log. □
couldn't get to sleep. □
kept waking up. □
woke up in the middle of the night and couldn't get back to sleep. □
overslept, □
Read this extract from 'The Rider'. It is after lunch on a December afternoon.

Using the text and your imagination, describe the room. What type of people are these? What period is it? What is going to happen next?

Sarah was clearly daydreaming as she always did. Lloyd appeared to be in a trance, almost as if he was meditating. Old George had dozed off and even the duke was feeling drowsy as the remains of the winter sun warmed the room and the fire roared in the grate. Mrs Middle yawned loudly and then continued with her forty winks. Only Vivian was alert, sensing powerfully that something terrible was about to happen. Thus she was the first one to notice the black shape of the rider flash past the window.

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<table>
<thead>
<tr>
<th>MEANING IN CONTEXT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Look at the phrases in italics in the text. Write the names of the characters in the chart. Use a dictionary to help you.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Awake</th>
<th>Asleep</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Which characters could these words refer to?</th>
</tr>
</thead>
<tbody>
<tr>
<td>conscious, reverie, catnap</td>
</tr>
</tbody>
</table>
Which of these words go together? Tick the boxes.

<table>
<thead>
<tr>
<th></th>
<th>asleep</th>
<th>awake</th>
<th>alert</th>
<th>conscious</th>
</tr>
</thead>
<tbody>
<tr>
<td>wide</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>fast</td>
<td></td>
<td></td>
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<td>fully</td>
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<td>sound</td>
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<td>half</td>
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<td>semi-</td>
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</tbody>
</table>

ACTIVATE

9 Use as much language as possible from the unit to describe the people in the pictures.

10 Use words from the unit to describe one of the following:

a) a night you didn't get much sleep
b) a time you had to use a lack of sleep as an excuse
c) a time you did well despite a lack of sleep
d) a time you overslept
e) a time you fell asleep in strange surroundings
Make the following into adjectives that can come before a noun. You may have to add a word to some of them.

| sleep | wake | dream | nightmare | doze | trance |

Put the correct form of the word in the blanks.

a. He looked at the ______ (sleep) child and felt reassured.
b. The last three weeks had been a ______ (wake) nightmare as the little girl struggled to survive.
c. He had been plagued with ______ (nightmare) thoughts about how he would explain it all to her.
d. When he sat down to watch TV he fell into a ______ (dream) state where he was neither asleep nor awake.
e. He was roused out of this ______ (trance) existence by the voice of his daughter. 'Don't worry, Daddy,' she said, 'it wasn't your fault.'
f. That night he had no nightmares or visions. He fell into a ______ (dream) sleep the moment he hit the pillow and somehow everything was soon all right.

Put one of the following words in the blanks. You may have to change the form of the word.

| sleep | wake up | dream | nightmare |

He has shattered all my hopes.

When will people stop playing to the danger?

I'm the only partner.

The police won't believe I'm innocent. It's like a waking nightmare.

Owl! It's gone to dinner.

Please don't worry. I wouldn't do it.

Don't say 'yes' now. Go home and put it aside.

We have her put it away.

You live in a very world.

If you think that's going to happen, I don't think so.
14 Match the sentences from exercise 13 with the following ones:

a. The vet destroyed our dog.
b. The situation is unbearable.
c. Don't make a decision now. Have a think about it.
d. Part of my body has gone numb.
e. I put my money in the company but I don't do anything else for it.
f. Someone has completely disillusioned me.
g. Go away — you're drunk!
h. You don't have a good grasp of reality.
i. People don't realise the seriousness of the situation.
j. I promise I won't do it.

15 Write a dialogue about one of the following situations. Use as many of the expressions from exercise 13 as possible.

a. At a party someone is drinking too much because they have had to destroy their valuable racehorse.
b. Someone has been working at a computer screen all day and still hasn't come to a decision. A friend advises them.
c. Someone who has been a political prisoner is celebrating his/her release and the overthrow of a dictator.
d. A politician is denying reports of involvement in a company fraud to a probing journalist.

16 Use any two of these sentences in a story.

a. The moment her head hit the pillow she fell into a deep and dreamless sleep.
b. It was lucky they were such light sleepers.
c. Sleepwalking obviously didn't suit him.
d. Having her put to sleep was the hardest thing he had ever done.
&. The nightmare was finally over.
f. Daydreaming was something she would have to get used to!
FOCUS WORDS
WAKING AND SLEEPING
alert
asleep (fast asleep/half asleep/sound asleep)
awake (wide awake/half awake/fully awake)
catnap
consciousness (fully conscious/semi-conscious)
daydream
doze (off) (v)
doze
drowsy
dream
dreamless
dream-like
dreamworld
forty winks
grind (your teeth)
nap
nightmare
oversleep
siesta
sleep (v)
sleeper (heavy/light sleeper)
sleeping (adj)
sleepwalk (v)
snore (v)
trance
trance-like
waking
wake up
yawn

FOCUS PHRASES
I wouldn't dream of it
fall into a deep sleep
go to sleep
put (an animal) to sleep
shatter all (my) dreams
sleep on it
sleep it off
sleeping partner
talk in your sleep
toss and turn
sleep like a log
waking nightmare
1. Using a dictionary or any other source, find out the meaning of these words.

hangover  jogger  sidewalk  tailcoat  Bourbon
archery  target  fog  klaxon  limped  fell

2. Look at these book covers. Based on the words in exercise 1, which do you think is likely to be the correct one for Archery Target?
When I opened my eyes that morning I knew I should have stayed asleep. My head felt terrible, and when I got up it felt worse. I lit a cigarette and dragged the electric razor across my chin. The noise it made hit the hangover in my brain like the Dies Irae from Verdi’s Requiem — that’s the bit with the bass drum, the shrieking chorus, and the full orchestra for those of you who don’t know your Verdi. I hadn’t managed to sleep it off after all. It was going to be one hell of a day.

As I opened the door the sunlight blasted into my eyes like a searchlight. It hurt. So did the jogger who sprinted past me as I stumbled into the street. I should have realised then that something was wrong. We didn’t get many joggers in our neighbourhood — certainly not ones with bright-green running suits.

I staggered down towards the coffee shop for my morning coffee, I was moving at a snail’s pace, but even that was faster than Easy Eddie who I met shuffling along the sidewalk. He was always shuffling along the sidewalk and I had got used to him by now. He gave me a cheerful greeting. I muttered, ‘Hi’.

Someone strode past me and hurried down the street. He wasn’t wearing a running suit, he was wearing a morning suit — with a tail coat and a white bow tie. I reckoned I must be hallucinating. For the hundredth time I swore I’d never drink Bourbon again.

I turned into Mission Boulevard and there she was. She was sauntering along on the other side of the street, colored like an archery target, with head held high and that innocent look of hers. Then, from the corner of my eye, I saw the running suit again and suddenly the fog blew right out of my head. I knew what was going to happen! I dashed across the road, weaving in and out of the early taxis and the garbage trucks as they hit their klaxons and shouted curses at me. But I was too late. I just had time to see the jogger stop her and the man with the morning suit touch her back — almost gently — and then they were gone.

‘Lauren, Lauren,’ I called through dry lips. She seemed to hear. She turned her head in my direction and limped towards me and then she just kind of fell in a rustling heap right there on the sidewalk. By the time I reached her she was gone.

I pulled another cigarette from the crushed packet in my pocket. One day, I swore, I’d give them up, but not now. Especially not now.
Walking and running

MEANING IN CONTEXT
Part A Unit 1

ACTIVATE

6 Put these words or phrases from the text in the correct columns.

sprinted staggered stumbled shuffling strode sauntering dashed limped

<table>
<thead>
<tr>
<th></th>
<th>Walk</th>
<th>Run</th>
</tr>
</thead>
<tbody>
<tr>
<td>slowly and with difficulty</td>
<td></td>
<td></td>
</tr>
<tr>
<td>trying not to make a noise</td>
<td></td>
<td></td>
</tr>
<tr>
<td>looking ridiculous and/or clumsy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>in a showing-off kind of way</td>
<td></td>
<td></td>
</tr>
<tr>
<td>showing anger or strong decision</td>
<td></td>
<td></td>
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<tr>
<td>slowly and with pleasure</td>
<td></td>
<td></td>
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<tr>
<td>as fast as possible</td>
<td></td>
<td></td>
</tr>
<tr>
<td>at a reasonable speed for training</td>
<td></td>
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</tr>
</tbody>
</table>

7 Using a dictionary if necessary, add these words to the chart.

jog plod stroll wander strut swagger
stomp pad tiptoe waddle lurch totter
hobble creep sidle march pace

ACTIVATE

8 Use some of the walking and running verbs in sentences describing the situations listed here.

- A man approaches a woman in an over-friendly way.
- A woman is late and is trying not to miss her train.
- A man has been hit by a bullet but is nevertheless trying to reach his house.
- A poet is walking through the countryside in a dream.
- A young woman is trying to leave the house without her parents hearing her.
- A man walks into his boss’s office intending to have an argument with him.
g. Two girls run out of school, anxious to be home in time to watch a soap opera on the TV.

h. A man is in the corridor outside the room where his wife is giving birth.

i. A woman has been drinking a lot when she hears a knock at the door.

9. Put the walking verbs from exercises 6 and 7 in the correct box in the diagram to show which adverb they collocate with. Where there is more than one possibility put the words in more than one box.

ACTIVATE

10. Look at the photographs and complete the tasks.
   a. Give the people names.
   b. Give their ages and say what their occupations might be.
   c. Using adverbs as well as verbs, describe how the people usually walk.
Rewrite the following sentences using one of these phrasal verbs.

run over  run into  run up  run out of  run away from  run out

a. I’m escaping from my parents.
b. I met my cousin by accident in the High Street.
e. Oh no, we haven’t got any sugar left!
d. They made the sheriff leave the town.
e. I’ll make you a skirt really quickly.
f. Oh no! Did we hit that cat?

Say whether the following sentences are correct or not and why.

a. He ran the man over,
b. I’ll run up a quick report.
e. I am running my wife away from.
d. I ran my friend into the other day.

Write sentences of your own using the phrasal verbs from exercise 11 and the pronouns / and we.

Identify the idiomatic expressions in the following sentences. Are they related to running or walking? What do you think each means?

a. When I saw the look in his eyes it made my blood run cold. I knew that something terrible had happened.
b. This play will run and run! People will be talking about it for years.
c. Before you make a decision I think you should just run your eyes over this document.
d. She’s so much cleverer than her brother. She just runs rings round him.
e. You shouldn’t let her walk all over you like that. You should stand up for yourself a bit.
f. If you don’t supervise the children properly, Mr Chivers, they’ll just run riot.
g. He’s such a fool. He should have known what was coming but he just walked right into it.

Check the meanings in your dictionary. Were you correct?
15 Write about one of the following topics using at least two expressions from exercise 14.

a A journalist has been made a fool of by a clever politician.
b A young man's girlfriend has been cheating on him and he is talking to his mother.
c A woman talks of the time she was nearly killed by a group of revolutionaries.

MEANING

16 Match the animals with the sentences

 Part A  Unit 1

1

2

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8

a It cantered up to the fence.
b It trotted along by its master’s side.
e It hopped from the branch onto the roof of the car.
d It crashed through the undergrowth straight towards the photographer.
e Riderless, it galloped off into the sunset, past the pyramids, out into the desert.
f It bounded up to him, with eager anticipation.
g Suddenly I saw it, slithering through the leaves.
h It padded softly towards the unsuspecting antelope.

Can you describe the movement that the animal is making in each sentence?
Walking and running

ACTIVATE 11 Can you think of any people who might run or walk in the ways described in exercise 16? Write sentences about them.

GAME 18 One team thinks of a well-known person. The other team has to guess who it is by asking questions like the following.

a If this person was an animal what animal would they be?
b If this person was walking how would they walk?
c If this person was a form of transport what form of transport would they be?

ACTIVATE 19 Complete the following sentences, putting one of the walking/running verbs (and an adverb) in the first blank. Then continue the story.

He ______ into the room. I could see that he was _______.

FOCUS WORDS

WALKING AND RUNNING

aimlessly jog run out stroll
angrily limp run out of strut
awkwardly lurch run over stumble
bound march saunter stomp
canter nervously pad shamble swagger
cautiously pad shuffle tiptoe
crash painfully sidle totter
crawl plod slink trot
creep purposefully saunter waddle
cursively run run away walk
confidently run away wobbling walk
dash run away walk all over (you)
dash from slither wander
wibble
hop run away stride weaver

FOCUS PHRASES

make (my) blood run cold run rings round
move at a snail's pace run riot
run and run walk all over (you)
run (your) eyes over this walk right into it
1. Look at the pictures. Which people are bowing, kneeling or curtsying? Why are they doing it?

2. What would you be expected to do if you came face to face with one of the following people? What would you do?
   a. The Prime Minister of your country.
   b. The Queen of England.
   c. A religious leader.
   d. Your favourite film star.
   e. The national beauty queen.
Which of the following parts of the body can go with these verbs? One verb often goes with more than one part of the body and vice versa.

head fist finger hands arm(s) leg(s) eyebrow(s)
hand shoulders hips teeth ear(s)

a wave
b incline
c clench
d point
e wiggle
f wag
g fold
h hunch
i shrug
j nod
k raise
l cross
m shake

Use the verbs from exercise 3 in these sentences.

a ‘Get out of here!’ he said through _________ teeth.
b She _________ her fist at the departing policemen.
c She _________ her head vigorously but she was unable to say ‘Yes’ out loud.
d He _________ his shoulders: he didn’t care anyway.
e The teacher ignored her even when she _________ her hand.
f He _________ his eyebrows at the unexpected news.
g He _________ his arms and prepared to endure another lecture.

Which of the expressions in exercise 3 denote the following? (People from different cultures may differ in their interpretations, of course.)

a expressing surprise  e agreeing
b expressing anger  i being sexually provocative
c seeking attention  g expressing indifference
d expressing boredom
ACTIVATE

6 Complete the questionnaire in pairs or groups.

<table>
<thead>
<tr>
<th>INTERVIEWEE NUMBER</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>say hello</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>say goodbye</td>
<td></td>
<td></td>
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<tr>
<td>express anger</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>express surprise</td>
<td></td>
<td></td>
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<tr>
<td>express indifference</td>
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<tr>
<td>express agreement</td>
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<tr>
<td>express disagreement</td>
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</tbody>
</table>

What actions or gestures do you use to do the following?

Do people from different cultures do any of these things differently?

7 In groups discuss what the people in the pictures are doing and what feelings they are trying to convey.
Body language and movement

Are you left-handed or right-handed? Say which hand, arm, leg or thumb is used or is on top when you do the following.

<table>
<thead>
<tr>
<th>INTERVIEWEE NUMBER</th>
<th>1</th>
<th>2</th>
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<tbody>
<tr>
<td>write</td>
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<tr>
<td>clap</td>
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<tr>
<td>cross your fingers</td>
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<tr>
<td>fold your arms</td>
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<tr>
<td>put your arms behind your back</td>
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<tr>
<td>scratch your back</td>
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<tr>
<td>cross your legs</td>
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</table>

Do these actions the other way round: is it difficult?

MEANING IN CONTEXT

Part A Unit 1

Look at the picture and read the text. Write the names of the characters in the story against the correct number.

1
2
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9

The first thing I noticed as I walked into the room was Jim on his hands and knees looking for something under the sofa. On it was Sara, sitting stiffly and looking into the middle distance. Peregrine was lounging against the bookshelf, of course, and Pamela was slouched in the armchair. There was a strained silence in the room. Martin was bending over the little chest whilst Caroline was flat on her back under the table. The Colonel stood erect looking terribly serious.

From the bench by the window there came the sound of muffled sobbing. Jessica sat with her head in her hands and Mary sat unblinking, hugging her knees, humming softly to herself.
At that moment Caroline spoke. 
Isn't anyone else going to help? We'll never find it unless some of 
you join in.'
Then she saw me and went silent.
‘In God's name,' I said, 'what's going on? What is it that you are 
looking for?'

10 Complete the questionnaire about yourself and about others.

How do you sit or stand when you are doing the following?

having breakfast
at a friend's party
watching television
listening to music through headphones
having tea/coffee with a distant relation
puzzling over a problem when sitting down

ACTIVATE

11 Read this description and put the verbs in the correct blanks.

John wanted to play with his train set, but it was in its case on 
a high shelf. He a)_______ the desk against the wall. Then he 
b)_______ a box over to the desk and put it on the top of it. He 
stood on the box and c)_______ up to the shelf. By d)_______ 
his fingers to their maximum extent he could just get hold of a 
handle of the case. He e)_______ it towards him. It came off the 
shelf suddenly and fell crashing to the floor. It was heavier than 
he had expected and he couldn't lift it. He f)_______it towards 
the door.

ACTIVATE

12 Using the verbs from exercise 11 explain how you would 
do these actions.

a Get an impossibly heavy suitcase from your flat to the station.
b Change a bulb in a light which is hanging from a very high 
    ceiling. You do not have a step ladder.
c Survive and get rescued after your plane has crashed into the 
    jungle.
Put the correct form of the following verbs in the blanks.

bow bend reach
pull push drag

13. I trust your superior sense.

14. I've done everything I can — and more.

15. We could agree in the end.

16. I won't allow you to ruin her reputation.

17. Don't provoke me.

18. Don't be too ambitious.

19. People with different opinions were trying to get his agreement.
ACTIVATE

15 Read the following resume of a story.

Write the dialogue in the bar between Cartwright and Franklin. Use phrases from exercise 13.

Randy Cartwright is managing director of a company that makes aeroplane engines. Dan Franklin is his assistant. Franklin knows that Cartwright has been selling engine parts to terrorists (illegally) and that company money has been used to fund the Moratovian Liberation Group (the MLG). Franklin has said that he will go to the newspapers with the story. Cartwright likes Franklin (he is married to Franklin's sister) and wants to head him off. They meet in an anonymous bar to discuss the situation.

FOCUS WORDS

 USING DIFFERENT PARTS OF THE BODY/USING TOOLS

bend over
bow (v)
carry
carve
clench (your fist/teeth)
cross (your arms/legs)
curtsy
drag (v)
(stand) erect
fold (your arms)
hunch (your shoulders)

drag (v)
(stand) erect
fold (your arms)
hunch (your shoulders)
kneel
lounge (v)
nod your head

point (a finger)
pull
push
raise (your hand/arm)
reach (v)
shake (your fist/head)
shrug (your shoulders)
slouch (v)
(sit) stiffly
stand
stretch (v)
wag (your finger)
wave (your arms/hand)
wiggle (your hips)

FOCUS PHRASES

be pulled in two/both directions
bow to (your) judgement
drag someone's name through the mud
be flat on (your) back
hug (your) knees
on (your) hands and knees
push someone too far
reach an agreement
reach for the stars/moon
with (your) head in (your) hands
bend over backwards
11 The mind and thinking

Think about these questions and try to answer them:

a. Where is your brain, and where is your mind?
b. Do you think with your mind or your brain?
c. Do you feel emotions with your brain or your mind?
d. Which works harder for you, your mind or your brain? Why?

Compare your answers with a partner’s.

MEANING

SENSE RELATIONS

Part A Unit 3

Put each verb from the following sentences in the correct box on page 119. Then discuss your answers with a partner.

a. The children were trying to guess my age.
b. It’s reasonable to suppose that they’ve hidden the money somewhere.
c. They assessed the results of the experiment carefully.
d. George pondered his future with a heavy heart.
e. I think we can safely assume that they will agree to our terms.
f. It’s time to analyse these statistics to see what they mean.
g. What did you conclude from her speech?
h. There were three dignitaries to judge the contestants’ work.
i. The prisoners were left to reflect on their crimes.
j. I infer from Ms Jones’s remarks that she is against the plan.
k. Jane’s been considering the options open to her for some time.
l. They weighed up the consequences of taking out another loan.
m. We’ve been deliberating for days; we’ll have to make a decision soon.
n. I reckon it’s going to rain pretty soon.
o. The accountant is trying to work out how much tax Liz owes.
p. The guru spends much of the day meditating.
Think about something carefully and for a long time, without necessarily coming to a conclusion.

Come to a tentative conclusion about something, based on limited evidence and maybe personal opinion.

Come to a conclusion about something after examining all the evidence and facts.

Find out by scientific examination or calculation.

<table>
<thead>
<tr>
<th>WORD GRAMMAR</th>
<th>VERB COMPLEMENTATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part A Unit 12</td>
<td></td>
</tr>
</tbody>
</table>

Put T beside any of the verbs from exercise 2 that can be immediately followed by an object (i.e. any that are transitive). Put the most useful preposition beside the others.

<table>
<thead>
<tr>
<th>WORD USE</th>
<th>STYLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part A Unit 6</td>
<td></td>
</tr>
</tbody>
</table>

Which of the verbs are formal, which informal, and which neutral in style? Mark them F, I and N.

<table>
<thead>
<tr>
<th>WORD FORMATION</th>
<th>VERBS, NOUNS AND ADJECTIVES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part A Unit 7</td>
<td></td>
</tr>
</tbody>
</table>

a Which of the verbs in exercise 2 can be turned into nouns using the following endings? Write the nouns down and try to compose suitable examples for each.

<table>
<thead>
<tr>
<th>-tion/sion</th>
<th>-ence</th>
<th>-ing</th>
<th>-ment</th>
</tr>
</thead>
</table>

b Which can be turned into adjectives using the ending -ive? What does each -ive adjective mean?
ACTIVATE

The mind and thinking

Read the following sentences. Then for each construct a new sentence with the same meaning using the words indicated.

Example: Is it a safe assumption that the train will be on time?  
assume  
→ Can we safely assume that the train will be on time?

a. Was it your impression that the experiment had failed?  
conclude

b. Who carried out the analysis of the results?  
analyse

c. Jane thought deeply about the implications of the changes.  
ponder

d. We gave the matter a lot of thought.  
consider

e. The calculation took him a long time.  
work (it) out

f. He seemed to be deep in thought.  
meditate

g. What inference can we draw from this discussion?  
infer

h. Diana has probably gone to see Andy.  
suppose

i. After thinking it over for a few days, Sally accepted the job.  
reflection

Read these quotations. Which do you like best, and why? Which don't you agree with? Discuss your answers with a partner.

What we call a mind is nothing but a heap or collection of different perceptions, united together by certain relations and supposed, though falsely, to be endowed with a perfect simplicity and identity.  (David Hume)

You cannot think about thinking, without thinking about thinking about something.  (Seymour Papert)
Mind - a mysterious form of matter secreted by the brain. Its chief activity consists in the endeavour to ascertain its own nature, the futility of the attempt being due to the fact that it has nothing but itself to know itself with. (Ambrose Bierce)

The hardest thing to understand is why we can understand anything at all. (Albert Einstein)

What is your definition of ‘mind’? Can you and your partner make up another ‘quotation’ about the workings of the mind?

Part A Unit 2

MEANING

Complete the following using an appropriate word from the box in each case.

mind intelligence mentality brain idea impression thought logic notion memory

a A: Is that puzzle difficult?
   B: It is for me. My ________ is not used to working out problems of ________ any more.
   A: Well, it does say ‘Puzzles for people of above average ________’.

b G Mum, what’s the difference between philosophy and psychology?
   D: Well, philosophy is the study of the history and present state of human ________, and psychology is the study of how the human ________ works. Why?
   C: I can’t spell either of them.

c E: George has some rather strange ________.
   F: Why do you say that? I’ve only met him twice, but he made rather a good ________ on me.
   E: Well, he firmly believes that the earth is flat, and refuses to accept the ________ that it is round. And he’s not joking.
   F: Some people have a peculiar ________, don’t they.

d G: Did you post the letters?
   H: Oh, no, I forgot. My ________ is getting terrible.
Try to find an equivalent for each of the expressions in italics:

a A: Let's go out tonight.
   B: What did you have in mind?

b C: I can't make up my mind what to do.
   D: Why don't you get some advice from a lawyer?

c E: What are we going to do about these noisy neighbours?
   F: It's after midnight now. I've got a good mind to call the police.

d G: You look pensive.
   H: Mmm. I've got something on my mind.
   G: Do you want to talk about it?

e J: We've run out of bread. Would you mind going to get some?
   K: All right — if you give me the money.

f L: Look, there's a parking space on the other side of the road.
   M: Mind out, there's a car coming.

g N: I think I'm going to fail the maths exam tomorrow.
   O: I'm sure you can pass if you put your mind to it.

With a partner make up a brief dialogue using any three of the expressions in exercise 7.

What do you think these three sayings mean? Are they true, in your experience?

"Out of sight, out of mind."

"Mind over matter."

"Great minds think alike."
In the table below, indicate whether a word can be used to describe a person or an idea by putting a tick (√) in the appropriate columns.

<table>
<thead>
<tr>
<th>Logical</th>
<th>Pensive</th>
<th>Thoughtful</th>
<th>Thoughtless</th>
<th>Aware</th>
<th>Reasonable</th>
<th>Unreasonable</th>
<th>Mental</th>
<th>Psychological</th>
<th>Brainy</th>
<th>Brainless</th>
<th>Conceptual</th>
<th>Conscious</th>
<th>Unconscious</th>
<th>Intelligent</th>
<th>Intellectual</th>
<th>Considerate</th>
<th>Clever</th>
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</table>

List three words from the table which can be used to describe the way a person treats other people, and two words which have a similar meaning to intelligent.

12 Which of the adjectives in the box in exercise 11 can be used in which of the following sentence frames? More than one word can be used in many of the sentences, and the same word can sometimes be used in different sentences.

a. You look ________. What are you thinking about?

b. It was very ________ of you to warm the room for me.

   Thank you.

e. The patients here are all suffering from ________ illness of one kind or another.

d. As she woke up, Rebecca was ________ of a presence near the bed.

e. Those twins are very ________. They've already passed the advanced exams in maths.

f. That was a(n) ________ thing to say. Now she's upset.

g. The Greens paid a(n) ________ price for the house.

h. After the fight, he fell ________ to the floor.

i. I couldn't understand their arguments: they were(not) ________.
10 The two dialogues below have got mixed up after the first line. Put them in the correct order.

**a**
- I have *lovely memories* of our college days.
- What do you mean: it's possible that I'm right? Here's a photo of you at the bottom of the stairs as a *permanent reminder*.
- Don't you remember? She had dark hair and brown eyes. A real beauty if my memory serves me well.
- I'll never forget the day you got drunk and fell down the stairs, for example.
- I need something to *jog my memory*. What was Angela like?
- Really? Down the stairs? I have *no recollection* of the incident.
- My mind's a blank, but it's possible that you're right.
- Yes, me too. Whenever we meet it all *comes back to me*.
- You were in love with someone called Angela, *as I recall*. That's what caused it.

**b**
- Hallo. Didn't you say you would meet us at 6.30? Or is my memory *playing tricks*?
- By the way, I was *racking my brains* trying to think of Joe's surname. What is it?
- And where's Joe? I hope he hasn't forgotten all about the meeting. He's *so absent-minded* these days.
- It looks as if no one has remembered to bring it. What a *memorable* meeting we're having.
- Perhaps we'd better phone to *remind* him. Who can remember his phone number?
- Erm . . . it's *on the tip of my tongue*: Donaldson or Davison I think.
- It's getting really late now. Where can he be? He's *so forgetful*.
- Did I? I've got a *mind like a sieve*, I'm afraid. I thought I said 7 o'clock.
List words and expressions from the two dialogues in the correct boxes.

<table>
<thead>
<tr>
<th>Remembers/remembered</th>
<th>Doesn’t/didn’t remember</th>
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14 Do you have a good memory or a bad memory? Use some of the words and expressions from exercise 13 to tell a partner about two of the most memorable experiences in your life, good or bad!

**Focus Words**

absent-minded
analyse/analysis
assess/assessment
assume/assumption
aware/awareness
brain/brainy/brainless
clever/cleverness
concept/conceptual
conclude/conclusion
conscious/unconscious/consciousness
consider/considerate/consideration
deliberate/deliberation
forget/forgetful
guess
idea/idealistic
impression/impressive
infer/inference
intellect/intellectual
intelligent/intelligence
judge/judgement
logic/logical
meditate/meditation
memory/memorable
mental/mentality
mind
notion/notional
pensive
ponder
psychology/psychological
reason/reasonable/unreasonable
recall
reckon/reckoning
reflect/reflection
remind/reminder
suppose/supposition
thought/thoughtful/thoughtless
weigh up
work out

**Focus Phrases**

as I recall
great minds think alike
have a mind like a sieve
have no recollection
if my memory serves me well
it all comes back (to me)
jog someone's memory
mind over matter

(my) memory is playing tricks
(my) mind is a blank
on the tip of (my) tongue
out of sight out of mind
permanent reminder
rack (your) brains
remember as if it was yesterday
Look at this diagram. What can you see? How many triangles are there in the diagram? How many circles or discs are there? Where are the circles in relation to the triangles? Compare your answers with a partner's.

The Kanizsa Triangle

Why do things look as they do? This, suggested the psychologist Koffka, is the basic question for any theory of perception. And, moreover, the answer must be sought by finding out how things do look. To me the diagram above looks like an erect white triangle superimposed upon, and somewhat in front of, an inverted triangle outlined in black, with a black disc beneath each corner of the white triangle.

By simple elegant demonstrations of this kind, the Gestalt psychologists showed that things do not look as they do because they are what they are. There are no triangles in the figure, and certainly not a white one standing in front of the page. Nor for that matter are there any circles. So what is the basis for our perceptual experiences? Since there are no triangles or circles in the figure there is the problem of explaining how the sensory input from it could ever become associated with images of triangles and circles. To the Gestalt psychologists the solution was that the processes in the brain, present at birth, must be responsible for the way we see the world.

(adapted from Open University D303 Unit 6 p. 16)
WORD FORMATION
NOUNS, ADJECTIVES AND VERBS
Part A Unit 7

Complete this table of words from the text. Circle the new words if they have a very different meaning.

<table>
<thead>
<tr>
<th>Nouns</th>
<th>Adjectives</th>
<th>Verbs</th>
</tr>
</thead>
<tbody>
<tr>
<td>psychologist</td>
<td></td>
<td>xxxx</td>
</tr>
<tr>
<td>theory</td>
<td></td>
<td></td>
</tr>
<tr>
<td>perception</td>
<td>outlined</td>
<td></td>
</tr>
<tr>
<td>demonstration</td>
<td></td>
<td></td>
</tr>
<tr>
<td>experience</td>
<td>sensory</td>
<td></td>
</tr>
<tr>
<td>image</td>
<td></td>
<td></td>
</tr>
<tr>
<td>process</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

MEANING
Part A Unit 2

4 Which of the words in the completed table in exercise 3 means:

a to show that something is true
b a system or method of doing something
c relating to ideas which might explain observed facts
d to see, hear, smell, taste or touch something
c a picture or design of any kind

WORD USE
COLLOCATION
Part A Unit 5

5 Select the appropriate verb for each of the following examples and say why it is appropriate.

a We were walking home one night and suddenly we (saw/looked at) a shooting star.

b A: What are you (seeing/looking at)?
   B: I'm just (seeing/watching) those birds building a nest.

c I don't (see/watch) television much these days.

d C: (See/Look at) those men. They're climbing through your window.
   D: Where? I can't (see/watch) them.

e E: Ssh. Did you (hear/listen to) that noise upstairs?
   F: Yes. (Hear/Listen): there it is again. Let's go and (see/look at) what's happening.

f By coincidence I (saw/looked at) my ex-husband in the street yesterday. He (saw/looked at) me as if I was a ghost!

Which of these verbs normally imply conscious attention?
In each of these examples, there is a different verb of looking or seeing. Using a dictionary if necessary, find a suitable ending for each of the incomplete sentences.

a. She stared 1 the red Mercedes as it flashed by.
b. She glanced 2 at the building through the fog.
c. She gazed 3 a small crack she hadn't seen before.
d. She observed 4 at him in absolute horror.
e. She noticed 5 through a crack in the door to see inside.
f. She spotted 6 at him quickly to see if he had heard,
g. She scanned 7 a face she recognised in the crowd.
h. She peered 8 at him in deep admiration.
i. She peeped 9 the people on the beach below carefully.
j. She glimpsed/caught a glimpse of/caught sight of 10 the pages of the newspaper in case there was a report on the meeting.

Mark the sentences L (= long duration), S (= short duration) or N (= neutral duration).

Use words from exercise 6 to tell the story outlined in these notes. Do not use see or look.

Mark needed to find a new flat / pages of the newspaper (for advertisements) / appointment to visit a flat / arrived at the building / up the stairs / young woman rushed past him / looked at him in shock / Mark just had time to see blood on her hand / ran up to the flat knocked on door / no answer / looked through the keyhole / nothing
unusual / but smelled smoke / broke down the door / tried to see across the room / (tears caused by smoke) / put out the fire in the kitchen / looked round the room in astonishment: chaos / went into the bedroom / looked with horror at the body on the floor: a man with a kitchen knife in his back in a pool of blood / saw by chance the phone under the bed / called the police / closed the eyes of the victim which looked penetratingly at him / Mark decided not to take this flat.

**List some things which:**

<table>
<thead>
<tr>
<th>Taste</th>
<th>Feel</th>
<th>Smell</th>
<th>Look</th>
</tr>
</thead>
<tbody>
<tr>
<td>sweet</td>
<td>soft</td>
<td>rotten</td>
<td>dangerous</td>
</tr>
<tr>
<td>sour</td>
<td>rough</td>
<td>sweet</td>
<td>ugly</td>
</tr>
<tr>
<td>salty</td>
<td>smooth</td>
<td>sweaty</td>
<td>frightening</td>
</tr>
<tr>
<td>hot (like chilli)</td>
<td>sticky</td>
<td>acrid</td>
<td>exciting</td>
</tr>
<tr>
<td>like vinegar</td>
<td>cold</td>
<td>like flowers</td>
<td>relaxing</td>
</tr>
<tr>
<td>like silk</td>
<td></td>
<td></td>
<td>like cheese</td>
</tr>
</tbody>
</table>

**Look at these five words describing different types of smell.**

- fragrance
- stink
- aroma
- stench
- perfume

Put them in order from 1 (= most unpleasant) to 5 (= most pleasant). Use a dictionary to help you.

**ACTIVATE**

10 Complete the questionnaire in pairs, taking it in turns to ask and answer the questions. Use expressions like these.

- the fragrance / aroma / stink / stench / smell of...
- the taste of... the flavour of... the way (something) tastes...
- the way (someone / something) looks...
- the sight of... the view from... the sound of...
- the noise (something) makes when...

**WHAT IS / ARE...**

- the nicest sound you've ever heard (not including music)?
- the most unbearable sound you've ever heard?
- the most beautiful sight or view you've ever seen?
- the most horrible sight you've ever seen?
- the most delicious thing you've ever tasted?
- the most revolting thing you've ever tasted?
- the most wonderful aroma you've ever smelled?
- the smell you've found it hardest to bear?
- three things you really like the feel of?
Put the boxed words (which have the same form for both noun and verb) into the appropriate column in the table. Indicate the degree of intensity of each word by putting 1 (not intense), 2 or 3 (very intense) beside it.

<table>
<thead>
<tr>
<th>You see them</th>
<th>You hear them</th>
</tr>
</thead>
<tbody>
<tr>
<td>shine bang glow flash roar knock pop dazzle crash glint glimmer glitter bump rustle rumble</td>
<td></td>
</tr>
</tbody>
</table>

For each word, find an example of something that could make the noise or have the visual effect.

12 Which of the words in exercise 11 would you use with each of these subjects?

- a thunder during a storm
- b a cork coming out of a bottle
- c fireworks at a festival
- d silver fish in the sun
- e a mouse among some papers
- f lightning in the evening sky
- g the headlights of a car
- h somebody dropping a suitcase on a wooden floor
- i an angry lion
- j a stone smashing a window
- k a small fire 100 metres away
13 Complete the following dialogue with phrases from the boxes.

keep an eye on
sight for sore eyes
you seem
it seems to me to/that
from my point of view
in my view
take a long-term view
the way I look at it

look(s) as if/as though
sound(s) as if/as though
have a nice/nasty feel to it
leave a nasty/sour taste
in your mouth
in bad/good/the best taste
smell a rat

A: What do you think of my new car then?
B: I must say, it's absolutely beautiful, __________. It's a 1956 Jaguar, isn't it?
A: Yes, I __________ advertisements in the papers, just in case there's a car I really want. And this one suddenly popped up. It was a bargain.
B: It certainly __________ you've found what you were looking for. How much was it, if you don't mind my asking?
A: Only £8,000 __________, that was a reasonable price to pay.
B: £8,000 for an old car! You must have money to burn!
A: Well, you've got to __________; you've got to think of the future. It's better to buy a car which is going to increase in value than one which is going to lose value, in __________.
B: Is it really worth that much?
A: Yes. In fact, the owner wanted £9,000 for it to start with, because he said it had only done 60,000 miles. But I __________, and in the end he admitted that 160,000 was nearer the truth. So he dropped the price.
B: And what's it like to drive?
A: Lovely. It's got a nice solid __________.
B: I must say, I envy you. But spending that amount of money would certainly __________ in my mouth!
ACTIVATE

14. Imagine that, having lost your sight or your hearing as a child of five, you have just had an operation that has more or less restored your sight/hearing. Write an entry for your diary or a short article for a magazine. Use vocabulary from this unit.

FOCUS WORDS

aroma imagine
bang knock
bump listen
crash look
dazzle look at
demonstrate/demonstration/demonstrative
experience observe
feet outline
flash peep
flavor peer
fragrance perceive/perception/perceptive
gaze perfume
glance pop
gleam process
glimmer psychology/psychologist
glimpse recognize
glint roar
heal

FOCUS PHRASES

catch a glimpse of
get a glimpse of
from my point of view
have a nice/nasty feel to it
in bad/good/the best taste
in my view
it seems to me that
keep an eye on
leave a nice/nasty taste in your mouth
look as if/as though
sight for sore eyes
smell a rat
sound as if/though
take a long-term view
the way I look at it
13 Feelings and moods

Choose one of the words below as the title for this poem, and use the same word to fill the blanks.

- hope
- worry
- irritation
- happiness
- ecstasy

Do you like this poem?
- Why/why not?

Where would we be without _______?
It helps keep the brain occupied.
Doing doesn't take your mind off things,
I've tried.

_______ is God's gift to the nervous.
Best if kept bottled up inside.
I once knew a man who couldn't care less.
He died.

Roger McGough

Meaning

Put the listed words in the column which you think is most appropriate.

- anguished
- astounded
- depressed
- glad
- miserable
- thrilled
- anxious
- bored
- dismayed
- heartbroken
- nervous
- upset
- appalled
- concerned
- ecstatic
- horrified
- pleased
- apprehensive
- furious
- cross
- livid
- frightened
- irritated

Happy | Unhappy | Worried | Angry | Afraid | Shocked
Look at the words in exercise 2 again. Use a dictionary to find out whether they have an equivalent verb, and write V beside them if they do.

4 Explain this cartoon. What is the first speaker's mistake?

This play is terrible.
I am very boring.

Yes it is, and you are certainly boring, but not all the time.

Put the correct form of the adjective in these sentences.

a) The paintings were very gruesome. I was (appall)________

b) This play is extremely (upset)________. I don't want to go on watching it.

t) He makes me feel very (inhibit)________. I don't feel able to express my feelings when he's around.

d) The sight of an audience of 2,000 people as you get up to speak is very (intimidate)________
5 Re-write these sentences using exactly the word given.

a. I cannot believe the news you have just given me. *astonishing*
b. She felt her anger increasing with every word he uttered. *irritated*
e. When I burst the balloon the poor child leapt nearly three feet into the air. *frightening*
d. I can't help being very worried about the future. *anxiety*
e. The puppet show made the children very happy. *delighted*
f. I think about you all the time and then I feel unhappy. *worry*
g. I am utterly shocked by his rude behaviour. *appalls*
h. My heart is full of joy at your arrival. *gladdens*

ACTIVATE

6 Look at these people.

Say how you think they felt when they:

a. got their exam results
b. heard the news of an earthquake
c. found out that they were going to be an aunt or uncle
d. heard terrible laughter coming from the loft of their house in the middle of the night
e. discovered that their friend had taken their car without asking and crashed it into a lorry
f. found a note saying that their partner had gone off with another man/woman
g. answered the door to find a man telling them that they had won a lottery

Choose one of the situations and make a conversation in which the person rings up their best friend to tell them about it.
Make a list of the kind of topics you would expect to find in a horoscope. What kind of predictions are usually given about those topics?

<table>
<thead>
<tr>
<th>Topics</th>
<th>Predictions</th>
</tr>
</thead>
</table>

6 Read this horoscope from a woman’s magazine and answer these questions:

a Which of the topics you selected in exercise 7 are not mentioned here?

b Which topics mentioned here are not in your original list?

c Which of the predictions you suggested in exercise 7 are not given here?

d Which predictions in this horoscope are not in your original list?

e Which star sign is missing?

Your Horoscope

Lucille Burton

ARIES March 21 - April 19
Your patience could be sorely tested — keep your temper under control. Money matters need to be thought through as precipitous action might cause anxiety. A child’s input is surprisingly wise.

TAURUS April 20 - May 20
Neighbours could provide a social life for you if you were not too unfriendly. Someone who’s been critical of you is feeling inadequate herself. If you become defensive, you’ll both feel guilty.

GEMINI May 21 - June 21
A visit from an out-of-town relative needn’t be a burden. Modify your attitudes. Don’t procrastinate with a minor medical problem. A doctor’s visit would relieve your mind.

CANCER June 22 - July 22
Don’t be stubborn; you must listen to a family member’s point of view. A party or social situation will be a good place for making contacts. A financial adviser could mislead you, so get a second opinion before putting money on the line.

LEO July 23 - August 22
Enjoy an expensive purchase. A sermon or conversation may inspire you to deep feelings of serenity. A loved one’s well-meaning advice may be too fear-based, so trust your own instincts.

LIBRA September 23 - October 22
You may be feeling impatient; guard temper and sensitivity. Money matters could be a mixed bag; some balance is coming. You’ll need to be realistic about a friendship that has seen better days.
SCORPIO  October 23 - November 21
You could be helpful to a neighbour without much effort. Keep better
informed about current events if you want to socialise with interesting
people. You may meet an old flame by accident. Don't be surprised
if there's a touch of spark left.

SAGITTARIUS  November 22 - December 21
You could be feeling nervous and shattered but this won't last. Make
time for a physical sport you really enjoy. A young person's
open-mindedness is to be commended. Don't let your fears inhibit
you from doing what's right.

CAPRICORN  December 22 - January 19
A change of scene would spark your enthusiasm; get away even for a
day's outing. If friendship proves disappointing, focus on other things.
Brooding won't help. Pay bills promptly.

AQUARIUS  January 20 - February 18
You'll be in the limelight and enjoying favourable publicity. You could
have trouble with an electrical gadget and would be wise to pay for
professional repairs. Don't be intimidated by a smug female.

PISCES  February 19 - March 20
Deep emotion could sweep over you for no apparent reason. It'll pass
and you'll feel stronger. A pet should be taken to the vet if it becomes
lethargic. Wise investment could now pay dividends.

9 Discuss the following:

a What is your star sign? Do any of Lucille Burton's predictions
sound right for you?

b Do you normally read your horoscope? How much do you
believe in it?

c What other ways of telling the future are there? Which do
you have the most confidence in?

USING DICTIONARIES
DEFINITIONS
Book 2 Part A Unit 1

Say when you might feel one of the emotions below. (They
are all in the horoscope.) Use a dictionary to help you.

a unfriendly    e serene    i disappointed
b inadequate    f impatient  j intimidated

c guilty        g sensitive  k strong

d stubborn     h nervous

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What are the nouns which correspond to the adjectives in exercise 10?

Put an appropriate word or form of a word from exercise 10 in the blanks.

a. When I arrived at the house he didn't even say hello to me. I thought he was very _________.

b. You have to be very careful with her. If she's feeling _________. the slightest thing will make her cry.

c. As she approached her death she gradually became more peaceful. Everyone remarked on her _________.

d. When he asked for help again there was still nothing I could do and my feelings of _________. grew by the minute.

e. You mustn't feel _________. just because he's your boss.

f. Some men only buy their wives flowers when they are feeling _________. about something.

g. Once she's made up her mind she won't budge. She's as _________. as a mule.

h. Of course he felt _________. when he failed to get a place at the language school.

Write the entry for Virgo in the same style as Lucille Burton (Virgos are supposed to be perfectionists who want everything to be exactly right.)

In the horoscope for Aries it says ‘keep your temper under control’.

Which of the following phrases go with mood, which phrases go with temper, and which phrases go with both? Tick the boxes.

<table>
<thead>
<tr>
<th>to be in a</th>
<th>Mood</th>
<th>Temper</th>
</tr>
</thead>
<tbody>
<tr>
<td>good</td>
<td></td>
<td></td>
</tr>
<tr>
<td>bad</td>
<td></td>
<td></td>
</tr>
<tr>
<td>excellent</td>
<td></td>
<td></td>
</tr>
<tr>
<td>foul</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Describe someone you met recently who was in a particular mood and then nearly or completely lost their temper. What signs did they give of their mood or temper?
Read these sentences.

**WORD USE**

**METAPHOR AND IDIOM**

Part A  Unit 4

Manna: It made me really mad.

Roger: It got me down.

Shiona: It really gives me a buzz.

Tom: It took me completely by surprise.

Will: I was bowled over.

Sarah: I was caught off balance.

Chris: I'm really over the moon about this.

Write the names of the speakers in the correct columns.

<table>
<thead>
<tr>
<th>Happy</th>
<th>Surprised</th>
<th>Not happy</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**ACTIVATE**

17 Look at the situations in exercise 6. Which of the expressions from exercise 16 could be used for those situations?

**ACTIVATE**

18 Interview your partner. Find out what they would most/least like to find in a horoscope.

Write their horoscope making predictions about the things they mentioned. Be sure to include love and money, and use as many words from this unit as possible.
### Focus Words

<table>
<thead>
<tr>
<th>Moods and Feelings</th>
<th>Focus Words</th>
</tr>
</thead>
<tbody>
<tr>
<td>afraid</td>
<td>depressed</td>
</tr>
<tr>
<td>angry</td>
<td>disappointed</td>
</tr>
<tr>
<td>anguished</td>
<td>dismayed</td>
</tr>
</tbody>
</table>
anxiety                             | ecstatic    |
anxious                             | ecstasy     |
| appalled                            | frighten    |
appealing                           | frightened  |
| apprehensive                        | furious     |
anstonished                         | glad        |
anstonishing                        | gladden     |
| astounded                           | guilty      |
bored                               | happiness   |
brooding                            | happy       |
|cheer up                             | heartbroken |
|concerned                            | helpful     |
critical                            | hope        |
cross                               | horrified   |
defensive                            | impatient   |
delighted                           | inadequate  |

### Moods and Feelings

- Scared
- Sensitive
- Serene
- Serenity
- Shocked
- Smug
- Strong
- Stubborn
- Surprise
- Surprised
- Temper
- Terrified
- Thrilled
- Unfriendly
- Unhappy
- Upset
- Upsetting
- Worried
- Worry

### Focus Phrases

- Be in a good/bad mood
- Be interested in
- Be over the moon about something
- Bowl somebody over
- Catch somebody off balance
- Get somebody down
- Give somebody a buzz
- Keep/lose your temper
- Make somebody mad
- Take somebody by surprise
14 Likes and dislikes

1. Read this poem. Which of the following is it about?
   a. giving up smoking
   b. being in love
   c. liking music
   d. liking literature

   Giving Up Smoking
   
   There's not a Shakespeare sonnet
   Or a Beethoven quartet
   That's easier to like than you
   Or harder to forget.

   You think that sounds extravagant?
   I haven't finished yet -
   I like you more than I would like
   to have a cigarette.

   Wendy Cope

2. Which of the following things would you find most difficult to give up if you were asked to do so?
   - alcohol
   - smoking
   - meat
   - chocolate
   - something else

6. Read these comments and say which you sympathize with and why.
   a. I really dislike the habit.
   b. I would hate to think that a child of mine would start smoking.
   c. People seem to detest me just because I smoke. Well why not? I like smoking.
   d. I don't care for cigarettes. They are extremely unpleasant.
   e. I get a kick out of smoking. I'd just like to see someone try to stop me!
   f. I used to be a smoker, but now I've taken an intense dislike to the habit — it's distasteful and harmful.
   g. There's nothing I loathe more than people who've given up smoking. They're so self-righteous. I'm not that keen on it, but yes, I enjoy the occasional cigarette.
   h. I have a love-hate relationship with cigarettes. I mean I love smoking but I hate what it might do to me.
   i. Cigarettes do not tempt me in the slightest. They never have. And I can't stand being in public places which are full of smokers.
Put the italicized verbs from the comments in exercise 3 into the table below.

<table>
<thead>
<tr>
<th>Words connected with liking</th>
<th>Words connected with disliking</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

MEANING

Put these words in the correct place in the chart in exercise 4.

revolting be fond of charming be devoted to
detestable loveable adorable enchanting captivating
tempting enticing to fancy hateful odious disgusting
desirable repulsive

ACTIVATE

Use expressions from exercise 5 to say how you feel about the following.

a politicians
b dogs
c modern architecture
d personal stereos
e clothes (say which type you are talking about)
Complete the chart.

<table>
<thead>
<tr>
<th>Adjective</th>
<th>Noun</th>
<th>Verb</th>
</tr>
</thead>
<tbody>
<tr>
<td>revolting</td>
<td></td>
<td>devote</td>
</tr>
<tr>
<td>charming</td>
<td></td>
<td></td>
</tr>
<tr>
<td>loveable</td>
<td></td>
<td></td>
</tr>
<tr>
<td>adorable</td>
<td></td>
<td></td>
</tr>
<tr>
<td>enchanting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>captivating</td>
<td></td>
<td></td>
</tr>
<tr>
<td>tempting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>enticing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>fanciable</td>
<td></td>
<td></td>
</tr>
<tr>
<td>hateful</td>
<td></td>
<td></td>
</tr>
<tr>
<td>disgusting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>desirable</td>
<td></td>
<td></td>
</tr>
<tr>
<td>repulsive</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>fancy</td>
</tr>
</tbody>
</table>

Complete the blanks with the correct form of the word in brackets.

a. Heavy drinking is really (harm)_________ to the liver.
b. The sight of someone who has had too much to drink is really (disgust) ________.
c. Some people are (captivate) ________ by the confidence of people who have had a drink or two.
d. Most of us, however, tend to (repulse) ________ the advances of inebriated people.
e. Once you have had a drink there is a strong (tempt) ________ to have another.
f. People who have had a lot to drink often find members of the opposite sex more (entice) ________ than they do when they are sober.
g. There are two kinds of drinkers; those that are (love) ________ and that are (detest) ________
h. The main thing — if you want to drink — is not to become (addict) ________ to the stuff.

Make statements about the following using words from exercise 8.

a. football hooligans d. drugs
b. grandmothers e. ballet dancers
e. pornography
144 likes and dislikes

WORD GRAMMAR

10 Are the following verbs followed by to + infinitive or by an -ing verb? Tick the boxes.

<table>
<thead>
<tr>
<th>Verb</th>
<th>-ing verb</th>
<th>to + infinitive</th>
</tr>
</thead>
<tbody>
<tr>
<td>like</td>
<td></td>
<td></td>
</tr>
<tr>
<td>love</td>
<td></td>
<td></td>
</tr>
<tr>
<td>hate</td>
<td></td>
<td></td>
</tr>
<tr>
<td>dislike</td>
<td></td>
<td></td>
</tr>
<tr>
<td>detest</td>
<td></td>
<td></td>
</tr>
<tr>
<td>enjoy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>loathe</td>
<td></td>
<td></td>
</tr>
<tr>
<td>adore</td>
<td></td>
<td></td>
</tr>
<tr>
<td>fond of</td>
<td></td>
<td></td>
</tr>
<tr>
<td>can't stand</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(not) keen on</td>
<td></td>
<td></td>
</tr>
<tr>
<td>don't care for</td>
<td></td>
<td></td>
</tr>
<tr>
<td>be (really) into</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

11 Match the sentences a, b, c, with their meanings i, ii, iii.

a. I quite like champagne.
b. I'm rather fond of champagne!
c. I really like champagne.

i. My feelings are a bit stronger than just liking.
ii. I like it to a certain degree, but not that much.
iii. I like it very much.

12 Say which of these sentences are correct and which don't sound right.

a. I really hate driving in the rush hour.
b. I'm absolutely keen on travelling by train.
c. I absolutely love fast cars.
d. I quite loathe flying.
e. I simply adore expensive cars.
f. I fairly detest travelling by bus.
g. I really enjoy first class travel.

16 Based on the previous exercise, say which of the qualifying words on the left:

<table>
<thead>
<tr>
<th>absolutely fairly quite</th>
</tr>
</thead>
<tbody>
<tr>
<td>rather really simply</td>
</tr>
</tbody>
</table>

a. are used with more neutral words
b. are used with stronger words for liking and disliking
c. can be used with either

Which cannot be used with verbs?
ACTIVATE

14 Use language from exercises 10–13 to agree and disagree with these statements.

a 'I'm keen on Mozart myself.'
b 'I hate her dress, don't you?'
c 'He's a very selfish person. I don't like him at all.'
d 'I preferred her third husband. This one's incredibly stupid.'
e This meat is absolutely delicious. I just love beef
f 'God, I hate heavy metal music.'
g There's nothing I enjoy more than a night in a discotheque.'

WORD USE

METAPHOR AND IDIOM

Part A  Unit 4

These people are talking about Ralph's music. Complete the chart with the name of the speakers.

<table>
<thead>
<tr>
<th>Likes Ralph's music</th>
<th>Is neutral about Ralph's music</th>
<th>Doesn't like Ralph's music</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paul</td>
<td>I'm really into it.</td>
<td></td>
</tr>
<tr>
<td>Irma</td>
<td>I would call myself an aficionado.</td>
<td></td>
</tr>
<tr>
<td>Kate</td>
<td>Ralph's music leaves me cold.</td>
<td></td>
</tr>
<tr>
<td>Anne</td>
<td>He's not up to much, as far as I'm concerned.</td>
<td></td>
</tr>
<tr>
<td>Brian</td>
<td>I'm not really bothered.</td>
<td></td>
</tr>
<tr>
<td>John</td>
<td>He's out of this world.</td>
<td></td>
</tr>
</tbody>
</table>

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ACTIVATE

10 Write dialogues in which you use expressions from exercise 10 about the following:

a. classical music
b. rock music
c. the music of a particular composer
d. the music of a particular pop/rock star

12 Individually, write down two pet hates (things that you really can't stand) and two wild enthusiasms (things you are crazy about). You can write about anything you like, but here are some suggestions.

<table>
<thead>
<tr>
<th>sport</th>
<th>animals</th>
<th>entertainment and leisure</th>
<th>families</th>
<th>work</th>
</tr>
</thead>
</table>

a. In groups compare your pet hates and wild enthusiasms. Choose a list of ten (five of each).
b. Put your ten items in the Topics column of this chart.
c. Interview other people about their reactions to the topics and score their response from 0 (= very negative) to 5 (= very positive).

Example How do you feel about people smoking in restaurants? I absolutely detest it! (Score = 0/1)

<table>
<thead>
<tr>
<th>Topics</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>0 1 2 3 4 5</td>
</tr>
<tr>
<td>2</td>
<td>0 1 2 3 4 5</td>
</tr>
<tr>
<td>3</td>
<td>0 1 2 3 4 5</td>
</tr>
<tr>
<td>4</td>
<td>0 1 2 3 4 5</td>
</tr>
<tr>
<td>5</td>
<td>0 1 2 3 4 5</td>
</tr>
<tr>
<td>6</td>
<td>0 1 2 3 4 5</td>
</tr>
<tr>
<td>7</td>
<td>0 1 2 3 4 5</td>
</tr>
<tr>
<td>8</td>
<td>0 1 2 3 4 5</td>
</tr>
<tr>
<td>9</td>
<td>0 1 2 3 4 5</td>
</tr>
<tr>
<td>10</td>
<td>0 1 2 3 4 5</td>
</tr>
</tbody>
</table>

d. Take the total score for each topic and then divide it by the number of people you interviewed. Use the result to make statements to the rest of the class.
<table>
<thead>
<tr>
<th>FOCUS WORDS</th>
<th>LIKES AND DISLIKES</th>
</tr>
</thead>
<tbody>
<tr>
<td>likes and dislikes</td>
<td>147</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>absolutely</th>
<th>detestable</th>
<th>fairly</th>
<th>quite</th>
</tr>
</thead>
<tbody>
<tr>
<td>addict</td>
<td>devote</td>
<td>fanciable</td>
<td>odious</td>
</tr>
<tr>
<td>admirer</td>
<td>disgust</td>
<td>fancy (v)</td>
<td>prefer</td>
</tr>
<tr>
<td>adorable</td>
<td>disgusting</td>
<td>harm</td>
<td>rather</td>
</tr>
<tr>
<td>adore (v)</td>
<td>dislike (v)</td>
<td>hate (v)</td>
<td>really</td>
</tr>
<tr>
<td>can't stand</td>
<td>distasteful</td>
<td>hateful</td>
<td>repulse</td>
</tr>
<tr>
<td>captivate</td>
<td>enchanting</td>
<td>like (v)</td>
<td>repulsive</td>
</tr>
<tr>
<td>captivating</td>
<td>entice</td>
<td>likeable</td>
<td>revolting</td>
</tr>
<tr>
<td>charming</td>
<td>enticing</td>
<td>loathe (v)</td>
<td>simply</td>
</tr>
<tr>
<td>delicious</td>
<td>enjoy</td>
<td>love (v)</td>
<td>tempt</td>
</tr>
<tr>
<td>desirable</td>
<td>enjoyable</td>
<td>loveable</td>
<td>tempting</td>
</tr>
<tr>
<td>detest (v)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOCUS PHRASES</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>be a fan of</td>
<td></td>
</tr>
<tr>
<td>be an aficionado</td>
<td>I don't (really) care for</td>
</tr>
<tr>
<td>be devoted to</td>
<td>I don't (really) care for</td>
</tr>
<tr>
<td>be fond of</td>
<td>I'm not (really) bothered</td>
</tr>
<tr>
<td>be (not) keen on</td>
<td>(it) leaves me cold</td>
</tr>
<tr>
<td>be (really) into</td>
<td>(it's) not up to much</td>
</tr>
<tr>
<td>get a kick out of</td>
<td>(it's) out of this world</td>
</tr>
<tr>
<td>(it really) gets on my nerves</td>
<td>(it really) turns me on</td>
</tr>
<tr>
<td>pet hate</td>
<td><a href="http://www.IELTS4U.blogfa.com">www.IELTS4U.blogfa.com</a></td>
</tr>
</tbody>
</table>
1 Which of the following statements do you agree with? Why? Mark each sentence from 0 to 3 (0 = disagree, 3 = agree strongly). Then compare your answers with a partner's.

a The character differences between different nationalities can help cause wars.
b In any nation, the same variety of character types is represented.
c There's no such thing as 'national character'.

Which factor do you think most influences national character (if you believe there is such a thing)?
☐ climate  ☐ history  ☐ food
☐ geography (mountain, desert, jungle, etc.)
☐ other (please specify)?

Read the following text quickly to find out what the author feels about the following.

a Americans as tourists.
b The way others describe American tourists.

The ways of tourists are strange, and one afternoon as I sat in the Plaza Mayor, I heard some Frenchmen at the next table tearing Americans apart. To the first barrage of criticism, I could not logically protest: Americans were uncultured, lacked historical sense, were concerned only with business, had no sensitivity and ought to stay at home. The second echelon of abuse I did want to interrupt, because I felt that some of it was wide of the mark: Americans were all loud, had no manners, no education no sense of proportion, and were offensively vulgar in dress, speech, eating habits and general comportment, but I restrained myself because, after all, this was a litany one heard throughout Europe, here expressed rather more succinctly than elsewhere.

Sitting as quietly as my French companions would permit, I tried to discover what my true feelings were in this matter of honest description. In my travels, I had never met any single Americans as noisy and crude as certain Germans, none so downright mean as one or two Frenchmen, none so ridiculous as an occasional Englishman, and none so arrogant as some Swedes.

But in each of the national examples cited I am speaking only of a few horrible specimens. If one compares all English tourists with all Americans, I would have to admit that taken in the large the American is worse. If some European wanted to argue that seventy percent of all American tourists are regrettable, I would agree. If he claimed ninety, I suppose I wouldn't argue too much. But when like the Frenchman on my left he states that one hundred percent are that way, then I must accuse him of being false to the facts.

James Michener Iberia 2
Discuss these questions with a partner.

a. What nationality do you think the author is? Why?
b. Have you ever seen American tourists visiting a place? If so, do you agree with the Frenchman's opinion?
c. What does the author dislike most about the way people talk about other nationalities?
d. What does the author seem to think about the concept of 'national character'?

Find words or phrases in the passage with opposite meanings to the following:

- cultivated sensitive good-mannered quiet refined
- generous modest admirable

b. Which nationality is each of the words you have found used to describe?

t. Here are some other words commonly associated with certain nationalities. From the list below find as many pairs of opposites as possible.

- reserved lively talkative polite aggressive boring
- hard-working inflexible lazy inscrutable cheerful
- frank hypocritical genuine eccentric fun
- well-organized male-chauvinist flamboyant unpunctual

a. How would you describe the typical characteristics of your own nationality?
b. Match these nationalities with the 'stereotype' pictures.
Are the stereotypes fair? Describe the stereotypical character of two or three different nationalities.

<table>
<thead>
<tr>
<th>Positive</th>
<th>Negative</th>
<th>Positive or negative</th>
</tr>
</thead>
</table>

The following are all nouns. Which are negative or 'bad' characteristics, which are positive or 'good' characteristics, and which could be either positive or negative depending on the circumstances? Use a dictionary to help you decide.

- mischievousness
- playfulness
- evil
- patience
- ferocity
- grace
- stupidity
- serenity
- pride
- vanity
- cunning
- greed
- gentleness
- loyalty
- deceit
- bravery
- obstinacy
- independence
- cleverness
- cowardice
- modesty
8 Find adjectives to complete the following dialogues. Each adjective should relate to one of the nouns in exercise 7.

a MANAGER: I find it very hard to persuade my new assistant to work in the way I want her to. She's very ____________

b YOUNG ACTOR: George is extremely proud of his good looks and constantly looks at himself in the mirror.
OTHER YOUNG ACTOR: Yes, he's really ____________

c CRITIC: That writer is far too ____________
PUBLISHER: Yes, she will never admit how good her work is.

d SMALL GIRL: They're wonderful dancers, aren't they? They move so beautifully.
FATHER: Yes, they're really ____________

e UNCLE: Your children can be very ____________ Yesterday they put a banana skin outside my bedroom door.
MOTHER: Did you hurt yourself?

f TRAIN DRIVER: The passengers have been waiting for hours and hours without complaining.
GUARD: Yes, it's hard to understand how people can be so ____________ when the service we run is so terrible.

g TEACHER: Linda was very ____________: she managed to avoid doing her homework by saying that she had to visit her boyfriend in hospital.
OTHER TEACHER: It's probably true. He broke his leg yesterday.

h MARY: Although his wife has left him several times for other men, Ben has always remained ____________ to her and has never had a close relationship with another woman.
JULIE: Really? What were you doing coming out of the disco with him last night, then?

9 a What is your favourite animal? Why? Compare your answer with a partner's.

b Which animal(s) would you associate with each of the characteristics listed in exercises 7 and 8? Are any of the qualities associated only with human beings?
### MEANING

<table>
<thead>
<tr>
<th>RELATED AND UNRELATED MEANING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part A Unit 2</td>
</tr>
</tbody>
</table>

Put the words below into the appropriate columns in the table.

<table>
<thead>
<tr>
<th>snobbish</th>
<th>barbarous</th>
<th>impartial</th>
<th>heroic</th>
<th>affectionate</th>
</tr>
</thead>
<tbody>
<tr>
<td>diligent</td>
<td>arrogant</td>
<td>objective</td>
<td>devoted</td>
<td>overbearing</td>
</tr>
<tr>
<td>sadistic</td>
<td>fearless</td>
<td>courageous</td>
<td>conscientious</td>
<td>fair</td>
</tr>
<tr>
<td>industrious</td>
<td>conceited</td>
<td>long-suffering</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>boastful</th>
<th>tolerant</th>
<th>loving</th>
<th>violent</th>
<th>brave</th>
<th>hard-working</th>
</tr>
</thead>
</table>

In each column, add one or two famous people from history (especially the history of your country) who you think had/have the characteristics listed.

### MEANING

<table>
<thead>
<tr>
<th>METAPHOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part A Unit 4</td>
</tr>
</tbody>
</table>

These people are all talking about other people's characters. Match the names they mention with the descriptions in the box.

- "...Mr Brown's really a **warm-hearted** person, don't you think?"
- "...As for Mike, he seems **frightened of his own shadow**."
- "...Don't you think David's rather a **big-head**?"
- "...What a **chatterbox** that Miriam is."
- "...I think Luke is the **strong, silent type**."
- "...I've found that Tom is likely to **fly off the handle**."
- "...Sally's a ball of **fire**."
- "...Diana is really a **tower of strength**, isn't she?"
Look at these photos. What can you tell from them about the character of each person? (Use phrases like: He looks... / I would guess she's a _______ person / To judge from appearances, he's... etc.)

Which of these people would you:

a. not like to have an argument with.
b. like to go on holiday with.
c. like to have with you in an emergency.
d. not want to have as a houseguest.

Give reasons for your decisions.
### FOCUS WORDS

**CHARACTER AND PERSONALITY 1**

<table>
<thead>
<tr>
<th>Positive Adjectives</th>
<th>Negative Adjectives</th>
</tr>
</thead>
<tbody>
<tr>
<td>admirable</td>
<td>independent</td>
</tr>
<tr>
<td>affectionate</td>
<td>impolite</td>
</tr>
<tr>
<td>aggressive</td>
<td>industrious</td>
</tr>
<tr>
<td>arrogant</td>
<td>inflexible</td>
</tr>
<tr>
<td>barbarous</td>
<td>inscrutable</td>
</tr>
<tr>
<td>boastful</td>
<td>lazy</td>
</tr>
<tr>
<td>big-head</td>
<td>lively</td>
</tr>
<tr>
<td>big-headed</td>
<td>long-suffering</td>
</tr>
<tr>
<td>boring</td>
<td>loyal</td>
</tr>
<tr>
<td>brave</td>
<td>loyalty</td>
</tr>
<tr>
<td>bravery</td>
<td>male-chauvinist</td>
</tr>
<tr>
<td>chatterbox</td>
<td>manners</td>
</tr>
<tr>
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<td>mean</td>
</tr>
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<td>modest</td>
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<tr>
<td>conscientious</td>
<td>modesty</td>
</tr>
<tr>
<td>cowardly</td>
<td>noisy</td>
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<tr>
<td>cowardice</td>
<td>objective</td>
</tr>
<tr>
<td>courageous</td>
<td>obstinate</td>
</tr>
<tr>
<td>crude</td>
<td>obstinacy</td>
</tr>
<tr>
<td>cultivated</td>
<td>overbearing</td>
</tr>
<tr>
<td>cultured</td>
<td>patient</td>
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<tr>
<td>cunning</td>
<td>patience</td>
</tr>
<tr>
<td>deceitful</td>
<td>playful</td>
</tr>
<tr>
<td>deceit</td>
<td>playfulness</td>
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<tr>
<td>devoted</td>
<td>polite</td>
</tr>
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<td>impolite</td>
</tr>
<tr>
<td>disorganized</td>
<td>proud</td>
</tr>
<tr>
<td>eccentric</td>
<td>refined</td>
</tr>
<tr>
<td>evil</td>
<td>reserved</td>
</tr>
<tr>
<td>fair</td>
<td>sadistic</td>
</tr>
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<td>fearless</td>
<td>sensitive</td>
</tr>
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<td>ferocious</td>
<td>sensitive</td>
</tr>
<tr>
<td>ferocity</td>
<td>sensitivity</td>
</tr>
<tr>
<td>flamboyant</td>
<td>serene</td>
</tr>
<tr>
<td>flexible</td>
<td>serenity</td>
</tr>
<tr>
<td>inflexible</td>
<td>snobbish</td>
</tr>
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<td>frank</td>
<td>stupid</td>
</tr>
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<td>generous</td>
<td>stupidity</td>
</tr>
<tr>
<td>gentle</td>
<td>talkative</td>
</tr>
<tr>
<td>gentleness</td>
<td>tolerant</td>
</tr>
<tr>
<td>genuine</td>
<td>uncultured</td>
</tr>
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<td>good-mannered</td>
<td>unpunctual</td>
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<td>graceful</td>
<td>vain</td>
</tr>
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<td>grace</td>
<td>vanity</td>
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<td>greedy</td>
<td>violent</td>
</tr>
<tr>
<td>greed</td>
<td>vulgar</td>
</tr>
<tr>
<td>hard-working</td>
<td>warm-hearted</td>
</tr>
<tr>
<td>heroic</td>
<td>well-organized</td>
</tr>
<tr>
<td>hypochondrosical</td>
<td>impartial</td>
</tr>
</tbody>
</table>

### FOCUS PHRASES

- be a ball of fire
- be a tower of strength
- fly off the handle
- frightened of your own shadow
- have no sense of proportion
- the strong, silent type
1 How do you see yourself? Think about your own character and personality. Do you have any particular weaknesses or strengths? Write down three things which you think are good about your character and three things which you think are not so good. Then compare your list with a partner's.

6 Read these brief character descriptions. Can you match the photos to the descriptions? Which of these four people sounds most like you? Which would you most like to meet?

Amrita
'I'm an active and energetic person - I can't bear just sitting around doing nothing. It just makes me impatient and restless. But I know what I want, and I think I've got what it takes to achieve my goals. Does that make me sound horribly ambitious and selfish? I hope not!'

Kevin
'I'm the kind of person who knows how to have a good time. I suppose you would call me fun-loving, but it's more than that. I actually believe in a calm, cool, easy-going approach to life and I can't bear unnecessary anxiety and pressure. I believe in being sociable and taking life as it comes . . .'

Larry
'My problem can be summarized in one word: self-confidence. I just don't have enough. I'm shy with other people, who must think I'm boring and stupid sometimes. Lack of confidence also makes me indecisive: I spend days trying to make up my mind what to do about quite simple things. I'm told I sometimes look moody, but in fact I like being with other people . . .'

Cathy
'How do I see myself? Well, I'm forgetful and disorganized - some would say absent-minded! But I've got quite a lot of willpower, really, and I've got ideas. I'm a hardworker too when I'm doing something I'm interested in. I'm not very articulate when it comes to public speaking but I quite enjoy being the centre of attention, and I don't get in the least bit nervous.'
### MEANING

#### CONNOTATION

Part A Unit 3

The words below are taken from the character descriptions. Which describe positive qualities, which describe negative qualities, and which describe qualities which could be positive or negative (neutral)?

<table>
<thead>
<tr>
<th>Positive</th>
<th>Neutral</th>
</tr>
</thead>
<tbody>
<tr>
<td>impatient active energetic restless ambitious selfish fun-loving calm cool easy-going sociable stupid indecisive shy boring moody forgetful disorganized nervous absent-minded articulate anxiety willpower hard worker self-confidence</td>
<td></td>
</tr>
</tbody>
</table>

### WORD FORMATION

#### ADJECTIVES AND NOUNS

Part A Unit 7

Find nouns to correspond to as many of the adjectives above as possible. Use the endings -sion/-tion, -ness, -ence, etc.

### MEANING

#### RELATED AND UNRELATED MEANINGS

Part A Unit 2

Match these adjectives with opposites from the list in exercise 3 above. Then try to find opposites for the others in the list (some are in the list itself).

<table>
<thead>
<tr>
<th>Lethargic</th>
<th>Confident</th>
<th>Clever</th>
<th>Magnanimous</th>
<th>Excitable</th>
<th>Lazy</th>
</tr>
</thead>
</table>

### ACTIVATE

#### a

Choose three adjectives from exercises 3 and 5 to describe your own character. At least one of the adjectives must be negative, and at least one must be positive. Tell a partner about your character and see if they agree.

#### b

Write a brief (50–100 word) description of the character of your ideal partner. Use words from the lists above and others like the following.

- modest/proud/vain creative/artistic eccentric narrow-minded/broad-minded kind/considerate cautious

Exchange descriptions with your neighbour and talk about the differences.
1. Read this description of a famous 18th century British writer, who was one of the first to write about women’s rights. As you read, try to answer the following questions.
   a. What kind of person was she?
   b. Would you have admired her if you had met her? Why/Why not?

   A harsh and unhappy childhood, dominated by an unstable and drunken father whom she never respected, gave Mary Wollstonecraft an unusual sense of her own independence and reliance on her own judgement; and a corresponding lack of respect for all kinds of male authority that she did not feel had been genuinely earned, whether in life or in literature. At the same time this passionate, ebullient and frequently opinionated woman was given to terrible swings of mood, from hectic, noisy enthusiasm to almost suicidal depression and a sense of futility and loneliness.

   Richard Holmes *Footsteps*

8. List the words and phrases in the text that describe Mary Wollstonecraft. Which of these words and phrases imply that the author approves of her character, and which may indicate weaknesses?

9. The adjectives and nouns in the table all have to do with character and personality. Complete the table by finding nouns corresponding to the adjectives and adjectives corresponding to the nouns.

<table>
<thead>
<tr>
<th>Adjectives</th>
<th>Nouns</th>
<th>Adjectives</th>
<th>Nouns</th>
</tr>
</thead>
<tbody>
<tr>
<td>moody</td>
<td>mood</td>
<td>carefree</td>
<td>xxxxx</td>
</tr>
<tr>
<td>emotional</td>
<td>despair</td>
<td>warm-hearted</td>
<td>vivacity</td>
</tr>
<tr>
<td>likeable</td>
<td>xxxx</td>
<td>anxious</td>
<td>liveliness</td>
</tr>
<tr>
<td>prejudiced</td>
<td>affection</td>
<td>independent</td>
<td>enthusiasm</td>
</tr>
<tr>
<td>passionate</td>
<td>charm</td>
<td>domineering</td>
<td>instability</td>
</tr>
<tr>
<td>optimistic</td>
<td>pessimism</td>
<td>lonely</td>
<td>xxxxx</td>
</tr>
</tbody>
</table>

Do the adjectives and nouns describe an attitude to other people, an attitude to life in general or both?
Completing the passage with appropriate words from this unit:

My uncle Desmond is the kind of person everyone likes. In fact, he's so a) ______ that neighbours and friends visit him constantly. Luckily, he enjoys other people's company.

Almost everyone finds Desmond charming, and as far as I can tell his b) ______ lies in the fact that he always takes a positive view of life. In fact, many people find his c) ______ infectious. I've seen people who are really d) ______ suddenly forget all their terrible worries and become full of life. Last week one woman became so e) ______ that she started dancing on the table, which amused Desmond.

Another thing I like about Desmond is that he is very broad-minded about everything from religion through food to nationality. I have rarely met anyone with so few f) ______ and so much g) ______ for life.

Not surprisingly, although Desmond lives alone, he always has company, so he never feels h) ______. On the other hand, he doesn't seem to need the help of anyone, in spite of being over 80, and lives a very i) ______ life.

In this dialogue, B’s responses have become mixed up. Indicate their correct position by putting a number in the brackets (the first one has been done for you).

A: So that's your friend, Damien
B: [ 1 ] I've known him for ages. We used to go to school together.
A: What's he like?
B: [ ] Well . . . perhaps I'd better introduce him to you . . .
A: I thought you said he has a tendency to be aggressive.
B: [ ] Aristocratic? Damien? Maybe he gives that impression . . . yes, now you mention it, he does have an arrogant streak.
A: There's a touch of the aristocratic about him, I find . . .
B: [ ] Yes, I think he takes after his father, who was well-known for his bad temper.
A: I don't mean that exactly. I think there's something quite distinguished about him.
B: [ ] He's the quiet type, but he's not as shy as he seems . . . I'm quite fond of him.
A: Oh, yes please!

Use the underlined expressions from exercise 11 to describe someone in your family or one of your friends to a partner.
13 What were you like at age 12? What do you think you will be like at age 70? Write brief descriptions of yourself at these two ages.
UNIT 1
MEANING IN CONTEXT
Ex 1
trust — have confidence in someone or something
being single = not being married
galleries = museums of art
biographer = person who writes a biography or true life story

Ex 2
Open exercise

Ex 3
a she suddenly realized that she dealt almost exclusively with women rather than with both men and women
b she was writing a book about Lorin Jones; they grew up in the same area

Ex 4
Open exercise
[the text comes from literary fiction which is humorous in parts]

Ex 5
Open exercise

Ex 6
therapist = someone who treats illnesses of the mind without using drugs
looked forward to = waited for with pleasure/expection
rage = extreme anger
neighbouring = geographically next to
toddler = young child who has just learnt to walk

Ex Z
The original words were: dealings, miserable, disasters, unknown, paths

Ex 8, 9
Open exercises

UNIT 2
RELATED AND UNRELATED MEANINGS
Ex 1
Some of the different meanings are
con = (verb) describing ability, permission, possibility etc
book = (noun & verb) describing a tin container
(book) something you read
(verb) to reserve
(verb) to have a crime recorded (to be "booked for speeding")

flat = (adjective) not pointed or bumpy
(adjective) not fizzy (for drinks)
(noun) an apartment
(noun) short for a flat tyre

right = (adjective) opposite to left
(adjective) opposite of wrong
(noun) something given to you by law
(adjective) "I agree"

left = (adjective) opposite of right
(noun) people with left-wing convictions
(past participle) from the verb "leave"

line = (noun) something between two points
(noun) an utterance in a play

like = (verb) the opposite of dislike
(adverb) "the same as"

Ex 2
Open exercise (this passage and the one that follows it come from The Man who Mistook his Wife for a Hat by Oliver Sacks in which the author describes his work as a psychiatrist)

Ex 3
(suggested answer) the man was perfectly normal when he came in, but seemed to be very excited and strange later.

Ex 4
Open exercise

Ex 5
Some alternative meanings for the words are:
singular - opposite of plural
patient = calm, prepared to wait
admitted — finally say that you did something wrong
second = a sixtieth of a minute
carrying on = continuing
floor = level of a building (noun) or to knock someone over (verb)

Ex 5
a admitted     floor second     c patient
b singular     singular           d seconds

Ex 6
(suggested answers)
a The waiter drops the tray
b Raindrops keep falling on my head!
c Lineker has been dropped from the team
d Careful! There's a steep drop of at least 1,000 feet

Ex 7
(suggested answers)
a someone with an illness lies down
someone who is being interviewed by the police
lies (= doesn't tell the truth)
b someone in a classroom makes a row (= noise)
someone in a boat rows, using two oars
c someone at a party makes a terrible racket
(same noise)
someone playing tennis or squash uses a racket
criminal might well be involved in a racket
where stolen cars are sold as new
d you use glue to stick a model of a car together
an old person going for a walk uses a (walking-) stick
e people in restaurants give waiters tips
when you ask for advice you may ask for a few 'tips'
I can't quite remember the word even though it's on the tip of my tongue
she tipped her drink right down the front of my shirt

Ex 8
Open exercise

Ex 9
The suggested groups are:
a amusement, joke, sense of humour
b patient, test, neurologist, dissect
c fall asleep, wake up, bedclothes

Ex 10
a alarm, bewilderment, consternation, stunned, amazement, incredible.
b anger, horrible, disgust

Ex 11
Open exercise

Ex 12
Least annoyed . . . angry furious Most

Ex 13, 14
Open exercises

UNIT 3
SENSE RELATIONS

Ex 1

<table>
<thead>
<tr>
<th>Most general</th>
<th>More specific</th>
<th>Most specific</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) cooking</td>
<td>boil</td>
<td>simmer</td>
</tr>
<tr>
<td>b) animals</td>
<td>bear</td>
<td>polar bear</td>
</tr>
<tr>
<td>c) drink</td>
<td>beer</td>
<td>lager</td>
</tr>
<tr>
<td>d) goes</td>
<td>walking</td>
<td>strolling</td>
</tr>
</tbody>
</table>

Ex 2
a driver, man, forty-five-year-old father of two
b delivery van, vehicle, Ford Transit
c severely damaged, windscreen smashed, a virtual write-off

Ex 3
customer — 20-year-old bank clerk
proprietor — woman
customer — young man
proprietor — apologetic Mrs Castro

Ex 4
(suggested answers)
cat, rescued, Siamese, owner, save, pet, university professor, mother of six, animal lover, bring the exhausted animal to safety
Ex 5
(suggested answers)
a reptile — crocodile, lion — lion cub etc.
b thief, burglar, drug pusher, murderer etc.
c high-rise development, block of flats etc.

Ex 6
Open exercise

Ex 1
(suggested answers)
a exhausted d thrilled/delighted
b terrible/dreadful e demolished/flattened
t an idiot f fall asleep

Ex 8
(suggested answers — the opposites will depend on the exact sense in which you are using the original word)
strong — weak, evil — good, ancient — modern, patient — impatient, broad — narrow, optimistic — pessimistic, luxurious — squalid, impetuous — careful, exciting — boring, cool — warm

Ex 9
(suggested answers)
blow hot and cold — someone who keeps changing their opinion (being very enthusiastic about an idea one minute and completely against it the next). "I don’t understand why you keep blowing hot and cold over this."
in black and white - making something crystal clear. "Why can’t you understand it? Must I spell it out in black and white?"

Ex 10
verbs that can be used:
a bark, roar d whinny, grunt, hoot etc
b cackle e roar
c bleat, squawk

Ex 5
a it rained very heavily
b when they woke up snow was covering the whole landscape
G the wind made a noise in the trees like someone letting out a deep breath

Ex 6
a the feeling someone has when standing in g very strong (probably tropical) wind: a storm
b some sort of fierce animal, like a dragon or a tiger

Ex 7
a the wind clawed...
b scratched and bit...
Ex 8
a let sleeping dogs lie
b I may as well be hanged for a sheep as for a lamb
c straight from the horse's mouth
d flog a dead horse
e put the cat among the pigeons
f the lion's share
g play cat and mouse
h sort out the sheep from the goats

Ex 9
a flog (horse) c cat
b hang (sheep) d dog

Ex 10
a right
b wrong — should be 'hold your horses'
t wrong — should be 'male chauvinist pig'
d wrong — should be 'kill two birds with one stone'
• right

Ex 11
(possible answers)
a 'She was riding her bike. Suddenly it started to rain cats and dogs, so...'
b 'He told her about... which really set the cat among the pigeons'
c 'When George realized the company had found him out, he decided that he might as well be hanged for a sheep as for a lamb'
d 'Mary refused to let sleeping dogs lie and campaigned to get her neighbours to help to clean up the area...'
e 'While they were in town, Pat and Dave decided to kill two birds with one stone: first they..., then they...

Ex 12
a It's better to sort out problems while it's easy to do so. Otherwise it could be a lot harder
b Even if you have doubts about someone, you will have even more doubts about somebody else who you don't know at all
c Don't depend completely on one thing
d If you do something wrong to someone who has done wrong to you, that won't make things right
e It's better to hold on to something you're sure of than to take a risk in order to get something which seems better
f In order to have an agreement, you need two people to say 'yes'

Ex 13
Open exercise

UNIT 5

COLLOCATION - WHICH WORD GOES WITH WHICH?

Ex 1
drive a bus, ride this bicycle, nod your head, shrug your shoulders, tell a lie, say a word in Russian, make your bed, do your homework
drive: a car, a lorry, a hard bargain, me crazy
tell: your father, a story, a lie
say: nothing, something, yes
make: a mistake, a cake, money
do: the washing up, a job, damage

Ex 2
(suggested answers)
a 'fat' is unusual with 'wood': we say a 'thick piece of wood'
b right
t right
d we don't use 'dead' with 'apple': we say a 'rotten apple'
e right
f wrong: we say a 'silly mistake', a 'stupid mistake', a 'serious mistake' etc
g right
h drinks aren't 'heavy' (although drinkers are): we say a 'strong drink'
i we don't use 'touching' in this way: we can say a 'helping hand'

Ex 11
(possible answers)
a 'She was riding her bike. Suddenly it started to rain cats and dogs, so...'
b 'He told her about... which really set the cat among the pigeons'
c 'When George realized the company had found him out, he decided that he might as well be hanged for a sheep as for a lamb'
d 'Mary refused to let sleeping dogs lie and campaigned to get her neighbours to help to clean up the area...'
e 'While they were in town, Pat and Dave decided to kill two birds with one stone: first they..., then they...

Ex 12
a It's better to sort out problems while it's easy to do so. Otherwise it could be a lot harder
heavy: drinker, conversation
strong: opinion, medicine
fat: cheque, profit
thick: fog, ear

Ex3
Open exercise

Ex4
interested in music, enthusiastic about the game, different from the bread we eat, keen on learning Spanish, late for her appointment with the doctor, afraid of large dogs, polite to his boss, disgusted with me

(suggested answers)
about: crazy about jazz, optimistic about the results
for: eager for praise, desperate for money
with: paralyzed with fear, pleased with her progress
of: scared of heights, typical of his behaviour

Ex5
launched, raise, limit, by, consumption, heavy, rate, to, diet, intake
to launch a campaign
to limit a disease/epidemic
to reduce alcohol consumption
to raise awareness
it was agreed by them
heavy drinking/smoking
the death/birth rate is high
a rich diet of fatty foods/sugar
avoid exposure to the sun
a healthy diet

Ex6, 7
Open exercises

Ex8

Ex9
a. The tall man in the blue jacket was telling the truth when he said this city was popular with tourists.
b. Last night Jim told his little daughter a story about a prince who was kidnapped by a very tall giant.
c. There were only four or five journalists present, but the Prime Minister spoke in a loud voice, as if she was addressing them from a high balcony.
d. Julia speaks quite good Spanish and Portuguese.
e. He never remembers to say ‘please’ and ‘thank you.’

Ex10
Open exercise

UNIT 6
STYLE AND REGISTER

Ex1
Conversation 1:
I'm sorry to bother you, but do you mind my asking where you bought that charming bag?
— Not at all. As a matter of fact it was a present from a friend in India.
Really? Could I possibly have a closer look?
— Certainly. As you can see it's handmade.
It's absolutely exquisite. Thank you so much for showing it to me.

Conversation 2:
Hey I love your coat. Where did you get it?
- It's my sister's. Nice, isn't it?
Can I have a proper look?
— Hang on... here you are. Hand-made you know.
Thanks. Wow, it's great! I don't suppose you know where she got it?
— No, sorry.

The difference between the conversations is that (1) is fairly formal whereas (2) is fairly informal.

Ex2
(suggested answers)
a 1 b 2 c 3 d 2 e 3 (e.g. difference between private conversations and talking to a large audience.)
**Ex 3**

a formal  
b informal  
e formal  
d informal  
e formal

**Ex 4**

Open exercise

**Ex 5**

a this letter is formal (‘in the course of the week...’, ‘sorriest victims’, ‘announcements were made to the effect...’)
b this letter is neutral  
c this letter is informal (use of ‘bloody’, ‘take the biscuit’, very direct questions, e.g. ‘Do you honestly think...?’)

**Ex 6**

Dear Sir (F), twice (N), roll up to work (I), regular passenger (N), to the effect that (F), the fifth time I've written (N), take the biscuit (I), didn’t even bother (I), at your hands (F), the sorriest victims (F), cancelled (N), please suggest (F), bloody trains (I), maybe (I), enclosing (N), just ended (N), overpriced (N), due to (N).

**Ex 7**

Open exercise

**Ex 8**

<table>
<thead>
<tr>
<th>Informal/Colloquial</th>
<th>Neutral</th>
<th>Formal</th>
</tr>
</thead>
<tbody>
<tr>
<td>copper/ the old Bill</td>
<td>policeman</td>
<td>dwelling</td>
</tr>
<tr>
<td>dough/dosh/bread</td>
<td>money</td>
<td></td>
</tr>
<tr>
<td>pad</td>
<td>home</td>
<td></td>
</tr>
<tr>
<td>boss</td>
<td>superior</td>
<td></td>
</tr>
<tr>
<td>get</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Ex 9**

Open exercise

**Ex 10**

a On a (merchant) navy ship. Sailor and captain  
b In a church or registry office. Priest/official and bride  
c In a car. Driving instructor and pupil

**Ex 11**

(suggested answers)
a thing/tool for putting in screws  
a machine for mixing foods  
a vehicle for carrying dead people  
a building in which soldiers live  
a person who gets coal from the ground

**Ex 12, 13**

Open exercises
The difference is that all these verbs are irregular

Ex 5
trees — tree; walls — wall; marks — mark; snakes — snake

Ex 6
a donkeys
b tomatoes
c oxen
d mice
e mouse traps
f pianos
g pheasants
h fish
i clothes
j syllabuses/syllabi
k ships
l stars
m elephants
n men
o skies
p ostriches
q cellos
r symphonies

Ex 7
a Open exercise
b He has children, so he’s not that young; he likes cold beer and buttered toast; he is trying to escape; he is concerned for his friends/friends

Ex 8
He’s in a building which hasn’t been finished and has no roof or windows. It’s a tropical area because there are tropical snakes there, and there are trees and long grass around the building and inside it.

Ex 9, 10, 11
Open exercises

UNIT 8
AFFIXES

Ex 1
noun — singular: —ment
noun — plural: —ren
verbs: —ed, —ing
adjectives: —ant, —ed, —able, —ous, —ive

Ex 2

Noun | Adjective | Adverb | Verb
---|---|---|---
quickness | quick | quickly | quicken
simplification | simple | simplify | simplify
legality | legal | legally | legalize

Ex 3
a not
b not
 c not
d not
e not
f not
g not

Ex 4
a unkind
e decentralize
b illiterate
f irregular
c intemperate
g non-resident
d dishonest
h impolite

Ex 5
1 anxiety
e decentralize
2 unwell
9 hysterical
3 implication
4 out
5 not
6 not
7 not
8 not
10 implication
UNIT 9
SPELLING AND SOUNDS

Ex 1
a same b same c different d same

Ex 2
all are different

Ex 3
a hopping/hopped k excelling/excelled
b hoping/hoped l referring/referred
c fatter/fattest m opening/opened
d later/latest n visiting/visited
e phoning/phoned o panicking/panicked
f faster/fastest p picnicking/picnicked
g beating q batting/batted
h developing/ developed r marshalling/marshalled
i beginning s omitting/omitted
j rebelling/rebelled t bleating/bleated

Ex 4
a the final consonant doubles
b nothing changes
t the final consonant doubles
d nothing changes
e the final consonant doubles
f the final consonant doubles
g k is added after the c

Ex 5
When the final -e would be followed by a vowel it is deleted

UNIT 10
COUNTABLE AND UNCOUNTABLE

Ex 1
milk (B), medicine (B), new shirt (A), day off (A),
chewing tobacco (B), companionship (B), meal in a
restaurant (A), pair of scissors (A), banana (A), ticket
(A), biscuit (A), brown sugar (B), mineral water
(A/B), ride on my motorbike (A), friendly advice (B),
useful information (B), money (B), help (B), salt (B),
work (B)
All the 'A's are countable; all the 'B's are uncountable.

**Ex 2**
Open exercise

**Ex 3**

<table>
<thead>
<tr>
<th>Uncountable</th>
<th>Countable</th>
</tr>
</thead>
<tbody>
<tr>
<td>meat</td>
<td>bean sprouts</td>
</tr>
<tr>
<td>garlic</td>
<td>mushrooms</td>
</tr>
<tr>
<td>oil</td>
<td>green pepper</td>
</tr>
<tr>
<td>sauce</td>
<td>noodles</td>
</tr>
<tr>
<td>pepper</td>
<td>onion</td>
</tr>
</tbody>
</table>

(suggested answers)

a. a slice of bread, cheese, ham  
b. two spoonfuls of sugar, flour  
c. a loaf of bread  
d. a glass of orange juice, port, milk  
e. a piece of bread, cake, cheese  
f. a cup of coffee, tea, Bovril  
g. three bowls of soup, cornflakes, chilli con carne  
h. a bunch of grapes, bananas  
i. a pinch of salt, snuff, pepper  
j. a drop of lemon juice, oil

**Ex 4**
Open exercise

**Ex 5**

The nouns which should have ticks are: light, mineral water, cauliflower, cola, ice cream, paper, lamb, salad, beauty, cake

The words that can only be used as uncountable nouns are: courage, wood, homework, advice, information, anger, hope, smoking, weather

**Ex 6**
The incorrect sentences are:
d. apple is countable so we don't say 'some apple'  
e. 'bread' is uncountable: we can't say 'breads'  
f. 'advice' is always uncountable; it can't be pluralized  
g. 'Dollars' is plural and refers to more than one dollar; we use 'many' with plural countables  
i. 'progress' is uncountable; it can't be pluralized

**Ex 7**
The nouns that only exist in a plural form are: binoculars, shorts, clothes, scissors, earnings, people, premises, cattle, remains, (eye)glasses, thanks, outskirts

**Ex 8**
Open exercise

**Ex 9**
a. Because my earnings have been dramatically affected by the rate of inflation.
b. Your cattle are in my garden and they're eating my flowers and vegetables.
c. I can assure you that the scales were checked and adjusted only last week.
d. OK. The good news is that I passed my English exam; the bad news is that I was suspended for cheating.
e. English people are usually shy and speak other languages badly.
f. I think billiards is a much better game.
g. My company's main premises are in London, but I usually work in Manchester. The premises in London house the Head Office and Sales Department.
h. OK; where are the scissors? I haven't seen them for weeks.

**Ex 10**
Open exercise

---

**UNIT 11**

**VERBS**

**Ex 1**

<table>
<thead>
<tr>
<th>a O</th>
<th>b X</th>
<th>c NO</th>
<th>d X</th>
<th>e NO</th>
<th>f O</th>
<th>g X</th>
<th>h X</th>
<th>i NO</th>
<th>j O</th>
</tr>
</thead>
</table>

**Ex 2**

(suggested answers)

transitive: put, spill, entertain, take, tell, etc  
intransitive: wander, cry, doze, gabble, hop, etc

**Ex 3**

(suggested answers)

a. her boyfriend is overweight and doesn't like her
telling him about it. She's worried about his health
3 she seems to be very fond of him
C because it may work wonders'

Ex 4
Open exercise

Ex 5
looks, try, feel

Ex 6
Open exercise

Ex 7
(suggested answers)
It describes a mother who is woken by her baby in the middle of the night (again)
It is both happy and sad (the mother and the baby are happy to comfort each other but the suggestion is that the mother is sad and needs that comfort)

Ex 8
Open exercise

Ex 9
(suggested answers)
get up = get out of bed pick up = lifts the baby in her arms
switch on = turn on turn down = refuse
put on = clothes herself put back = take the baby back to his cot

Ex 10
(suggested answers)
a took off = left the ground/started its journey b took off = removed
c looked it up — searched the dictionary and found the word and the explanation of its meaning.
d Come on = hurry up! e gave them away = handed them out to people as presents
f put the meeting off — postponed

g broke down = stopped working

Ex 11
The phrasal verbs in exercise 9 which are transitive are:
switch on, put on, pick up, turn down, put back.

The object comes after the particle with switch on and put on, but before the particle with pick up, turn down, put back.

Sometimes the particle (on, up, down, away etc) comes before the object. Sometimes it comes after the object. It always comes after an object which is a pronoun (it, him, her). If the object is a noun it can come before or after.

Ex 12
1 bringing them up 8 picks the children up
2 working out 9 takes them out
3 split up 10 warms up
4 put Mike up in his flat 11 take Alison and Peter back
5 sent him away 12 gets up
6 rings them up 13 invites the children out for lunch again
7 sets off

Ex 13
The prepositional verbs are: applied for, decided on, relying on, looking after

Ex 14
(suggested answers)
a I'm not going to tolerate your...
b Defend yourself, fight for yourself
c Try to reduce the amount...
d You must confront your problems/admit to your problems...

Ex 15
The corrections that should be made are:
b Get on with the story...
d Sue: No, I didn't make it up
f Get in the car
i I've thrown them away
j Get off my bicycle

Different meanings:
a Tidy up your clothes...
b Continue with the story...
c The plane left the ground...
d You invented that story...
e Can you give me a bed for the night?
f Enter the car...
g Remove the car from the garage...
h John's going to be Lyn's substitute...
i I've got rid of them
j Leave my bicycle/dismount from my bicycle
UNIT 12
VERB COMPLEMENTATION

Ex 1
(suggested answers)

a A charity asking for donations, especially legacies
b Some kind of massage machine, skin cream, slimming treatment etc.
c Holiday company, shipping line, travel agent
d Some kind of processed food, e.g. soup, dessert, sauce etc
e Medicine for a sore throat

Ex 2
Verb | Personal object | Other object
--- | --- | ---
offering | you | a free 15 day trial
brings | to all the family | effective relief
leave | us | part of your estate
give | her family | something different
send | Beth Chapman | the coupon

Ex 3
(The answers are given in the text)

Ex 4
Many verbs can be followed by a direct object + preposition + personal object. Some of these can be used in sentences with the pattern: verb + indirect object + direct object. It is necessary to learn which verbs can't take both patterns. When the direct object is a short pronoun (e.g. it, him), the indirect object will usually follow it.

Ex 5
a George read his children a story before they went to sleep
b Could you buy us a loaf of bread on your way home?
c Explain your joke to us
d I couldn't find Susie a clean pair of jeans
e Didn't you promise it to your mother-in-law
f The reporters asked the pop star so many questions that she got angry in the end
g Why don't you mention the pain to the doctor?
h Return the book to me as soon as you possibly can

i Why on earth did you lend Justin your motorbike?
| It was embarrassing. I had to borrow £10 from Ann

Ex 6
Open exercise

Ex 7
lg 2 a 3d 4 f 5 c 6e 7 b 8 h

Ex 8
a 1 b 5 c 6 d 3 e 2 f 4 g 7 h 8

Ex 9
(suggested answers)

must: you must arrive on time, she must stop this game, I mustn't get into trouble again (a)
begin: he began to think about his future, she began to get tired of the conversation (b), he began driving even faster (d)
finish: she finished what she was doing (g), she finished typing the letter (d)
like: he likes to watch birds as they fly over (b), he doesn't like watching birds being shot (d), he likes eating pheasant (d)

hope: we hope to see you again soon (b), they hoped that they would be home before nightfall, she hoped that he would not ask her to marry him (f)

wonder: I wonder why he went away, he wondered whether it was going to rain, she wondered if she should tell him about the party (g)

make: she made me do it, I will make you laugh if it's the last thing I do (h)

ask: I'm not going to ask you again, he asked me to marry him (c), I asked her why she had not rung me earlier (g)

help: she helped them to see what the problem was (c), I'm going to help you play that piece one more time, will you help me try the lock again (h)

see: she saw me running down the street, I saw her laughing, we saw the plane circling overhead (d)

know: I don't know whether to believe you, I know what I think (g) how does she know that he's telling the truth? (f)

Ex 10
Open exercise
UNIT 1
THE HUMAN BODY

Ex 1
<table>
<thead>
<tr>
<th>head</th>
<th>cheek eyebrow eyelid forehead lip mouth nose nostril</th>
</tr>
</thead>
<tbody>
<tr>
<td>neck</td>
<td>Adam's apple</td>
</tr>
<tr>
<td>arm</td>
<td>armpit elbow forearm wrist</td>
</tr>
<tr>
<td>hand</td>
<td>little finger palm thumb wrist</td>
</tr>
<tr>
<td>upper torso</td>
<td>armpit back breast chest shoulder shoulder blades waist</td>
</tr>
<tr>
<td>lower torso</td>
<td>bottom hip navel small of the back stomach tummy waist</td>
</tr>
<tr>
<td>leg</td>
<td>ankle calf knee shin thigh</td>
</tr>
<tr>
<td>foot</td>
<td>ankle big toe heel little toe</td>
</tr>
</tbody>
</table>

Ex 2, 3
Open exercises

Ex 4
backache    tummy ache    stomach ache    headache

Ex 5
a He has a backache
b He has a stomach ache
c The woman has a headache
d She has a pain in her elbow
e The boy has hurt his knee
f The girl has earache
g He has a pain in his chest
h She has hurt her foot

Ex 6
(suggested answers)
a He's strained his back. He needs a rest or a massage
b He has indigestion. He should eat more slowly
c She is suffering from stress. She should take an aspirin
d She banged her elbow on something. She should have some heat treatment

e He twisted his knee playing football. He should wear an elastic bandage for a few days
f She may have an ear infection. She should see a doctor and get some ear drops
g He may have a heart condition. He should get a check-up or stop smoking etc.
h Her shoes were too tight. She could soak her foot in warm water

Ex 7
bones = hard parts which make up the 'frame' of the human or animal body. They're inside the flesh of your arms, legs, back, chest etc.
muscles = pieces of elastic material in the body which can be tightened to produce movements
blood = red liquid which flows through the body
lungs = the two 'bags' inside your chest that function as breathing organs
alimentary canal = the passage through which food passes in the body — made up of the oesophagus, the stomach, intestines etc.
kidneys = organs in the area of the lower back which separate waste liquid from blood
skin = the natural covering of animal and human bodies

Ex 8
there are 208 bones in the body there are over 600 muscles, and these account for a lot of the body weight
in the blood system there are 5–6 litres of blood our lungs breathe 500 cubic feet of air per day our alimentary canal, which is about 25 feet long, has to deal with about 50 tons of food in our lives our kidneys can deal with about 45 gallons of liquid a day our skin measures about 17 square feet.

Ex 9
skeleton, muscles, blood system, heart, nervous system, lungs, 'cooling' system (sweat glands), feeding system, reproductive system, excretory system, kidneys, skin.
Ex 10
a. it does so much work during the lifetime of a human
b. 208 bones
c. by a brain which is better than any computer imaginable
d. kidneys
e. with skin (containing 2–3 million sweat glands)
f. our muscles

Ex 11

<table>
<thead>
<tr>
<th>Nouns</th>
<th>Adjectives</th>
</tr>
</thead>
<tbody>
<tr>
<td>skeleton</td>
<td>skeletal</td>
</tr>
<tr>
<td>muscle</td>
<td>muscular</td>
</tr>
<tr>
<td>blood</td>
<td>bloody</td>
</tr>
<tr>
<td>brain</td>
<td>brainy/brainless</td>
</tr>
<tr>
<td>skin</td>
<td>skinny</td>
</tr>
<tr>
<td>sweat</td>
<td>sweaty</td>
</tr>
</tbody>
</table>

*bloody = covered in blood; also often used as a near-taboo word to express anger (e.g. "You bloody fool!")
*brainy = intelligent; brainless = stupid
*skinny = very thin
*skeletal = very thin, emaciated

Ex 12
Open exercise

Ex 13
a. head
g. stomach
b. arm
h. skin
t. hand
i. face
d. foot
j. neck
e. heart
k. head and shoulders
f. face
l. heart

Ex 14, 15
Open exercises

Ex 2

<table>
<thead>
<tr>
<th>Hair</th>
<th>Eyes</th>
<th>Nose</th>
<th>Mouth</th>
<th>Chin</th>
</tr>
</thead>
<tbody>
<tr>
<td>dark</td>
<td>dark</td>
<td>pointed</td>
<td></td>
<td>weak</td>
</tr>
<tr>
<td>thinning</td>
<td></td>
<td></td>
<td></td>
<td>pointed</td>
</tr>
<tr>
<td>curly</td>
<td>wide</td>
<td>wide</td>
<td></td>
<td>receding</td>
</tr>
<tr>
<td>shiny</td>
<td>mean</td>
<td>mean</td>
<td></td>
<td></td>
</tr>
<tr>
<td>receding</td>
<td>large</td>
<td>large</td>
<td></td>
<td>strong</td>
</tr>
<tr>
<td>straight</td>
<td>bright</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>wiry</td>
<td>protruding</td>
<td></td>
<td></td>
<td>square</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>appealing</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Ex 3
Open exercise

Ex 4
a. fear, shock
d. suspicion, disapproval
e. wonder, emotional excitement, fear
f. determination, disapproval
g. determination

Ex 5
Open exercise

Ex 6
Open exercise

Ex 7
a. He used to be muscular and slim; now he is a little overweight, quite plump
b. He feels that she is not attractive in the conventional Cantonese sense, because her face contains too much expression, and in general she is quite big. On the other hand, he has noticed that she is attractive to Westerners
UNIT 3
CLOTHING

Ex 8
a lean       d thin
b sinewy     e chubby
c plump      f horsey

Ex 9, 10
Open exercises

Ex 11

<table>
<thead>
<tr>
<th>Pleasant</th>
<th>Neutral</th>
<th>Unpleasant</th>
</tr>
</thead>
<tbody>
<tr>
<td>slim</td>
<td>slight</td>
<td>skinny</td>
</tr>
<tr>
<td>slender</td>
<td>thin</td>
<td>emaciated</td>
</tr>
<tr>
<td>chubby</td>
<td>underweight</td>
<td>fat</td>
</tr>
<tr>
<td>plump</td>
<td>stout</td>
<td>flabby</td>
</tr>
</tbody>
</table>

Note, however, that the connotation depends on context. A 'chubby baby' has pleasant connotations, but a 'chubby, middle-aged teacher' may be neutral. 'Obese' is a neutral medical term, but it can be used with negative connotations: e.g. 'He's rather overweight, isn't he?' 'Overweight? He's obese!'

Ex 12

<table>
<thead>
<tr>
<th>Male only</th>
<th>Female only</th>
<th>Male and/or female</th>
</tr>
</thead>
<tbody>
<tr>
<td>lean</td>
<td>voluptuous</td>
<td>tanned</td>
</tr>
<tr>
<td>handsome</td>
<td>nubile</td>
<td>muscular</td>
</tr>
<tr>
<td>beard</td>
<td>shapely</td>
<td>well-built</td>
</tr>
<tr>
<td>moustache</td>
<td>pretty</td>
<td>good-looking</td>
</tr>
<tr>
<td></td>
<td>beautiful</td>
<td>attractive</td>
</tr>
<tr>
<td></td>
<td>plain</td>
<td>ugly</td>
</tr>
</tbody>
</table>

Ex 13
Open exercise

Ex 14
1 b  2 a  3 b  4 a  5 b  6 a

Ex 15
Open exercise

Ex 1
The words that can be combined with dressed are: well-, casually, badly, over-, smartly, untidily
scruffy = untidily dressed/badly dressed
elegant = well-dressed, smartly dressed
dishevelled = untidily dressed
relaxed - casually dressed

Ex 2
Open exercise

Ex 3

<table>
<thead>
<tr>
<th></th>
<th>Transitive</th>
<th>Intransitive</th>
<th>Human subject</th>
<th>Inanimate subject</th>
</tr>
</thead>
<tbody>
<tr>
<td>dress</td>
<td>y</td>
<td></td>
<td>y</td>
<td></td>
</tr>
<tr>
<td>fit</td>
<td>y</td>
<td>✓</td>
<td>y</td>
<td>y</td>
</tr>
<tr>
<td>get</td>
<td>x</td>
<td></td>
<td>y</td>
<td></td>
</tr>
<tr>
<td>dressed</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>put on</td>
<td>y</td>
<td>x</td>
<td></td>
<td></td>
</tr>
<tr>
<td>try on</td>
<td>y</td>
<td>x</td>
<td></td>
<td></td>
</tr>
<tr>
<td>suit</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>take off</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>undress</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>wear</td>
<td>y</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Ex 4, 5
Open exercises

Ex 6
(suggested answers)
The items being worn are:

- trousers (AR, C)
- knickers/panties (AS, D)
- t-shirt (C)
- pants (AR, C)
- vest (AR?)
- jeans (C)
- blouse (D)
- socks (AR, C, D?)
- bra (AS, D)
- bow tie (AR)
- shorts (D)
- sari (AS)
- boxer shorts (AR? D?)
- shoes (D, AR, AS, C)
- tights (AS?)
- stockings (AS?)
ExZ

on the top half of the body only: T-shirt, vest, blouse, cardigan, bra, sweater, leather jacket, dinner jacket, waistcoat, anorak, sweatshirt

on the bottom half of the body only: trousers, shorts, boxer shorts, tights, jeans, skirt, pants, knickers/panties

on the top and the bottom halves of the body: dress, leotard, nightdress, raincoat, overcoat, fur coat, tracksuit, dressing gown, suit, pyjamas, sari

as underwear: vest, bra, boxer shorts, knickers/panties, pants

on the feet or legs: boots, tennis shoes, socks, shoes, stockings

in bed: nightdress, pyjamas

round the neck or on the head: tie, bow tie, shawl, scarf

when the weather is cold or wet: cardigan, sweater, raincoat, anorak

c suit  f fabrics

Ex 12

a crisp, exhilarating and enjoyable
b a rich harvest to choose from
c the weather doesn't behave as it should
d until now
e it's a winning formula

Ex 13

(suggested answers — note that it is often difficult to find exact synonyms/antonyms)

<table>
<thead>
<tr>
<th>Synonym</th>
<th>Antonym</th>
</tr>
</thead>
<tbody>
<tr>
<td>stylish</td>
<td>fashionable</td>
</tr>
<tr>
<td>casual</td>
<td>informal/scruffy</td>
</tr>
<tr>
<td>lightweight</td>
<td>cool</td>
</tr>
<tr>
<td>simple</td>
<td>straightforward</td>
</tr>
<tr>
<td>beautifully</td>
<td>well cut</td>
</tr>
<tr>
<td>styled</td>
<td>x really suits you attractive/</td>
</tr>
<tr>
<td>flattering</td>
<td>sexy</td>
</tr>
<tr>
<td>alluring</td>
<td>x really suits you</td>
</tr>
<tr>
<td>naked</td>
<td>nude/bare</td>
</tr>
<tr>
<td>stylish</td>
<td>fashionable</td>
</tr>
<tr>
<td>casual</td>
<td>informal/scruffy</td>
</tr>
<tr>
<td>scruffy</td>
<td>cool</td>
</tr>
<tr>
<td>stylish</td>
<td>straightforward</td>
</tr>
<tr>
<td>casual</td>
<td>well cut</td>
</tr>
<tr>
<td>scruffy</td>
<td>x really suits you attractive/</td>
</tr>
<tr>
<td>alluring</td>
<td>sexy</td>
</tr>
<tr>
<td>naked</td>
<td>nude/bare</td>
</tr>
</tbody>
</table>

Ex 14

(suggested answers)

a stylish d smart
b casual e alluring
c scruffy f naked

Ex 15, 16
Open exercises

UNIT 4

HEALTH AND EXERCISE

Ex 1, 2
Open exercises

Ex 3

a physically healthy and strong
b he looks extremely healthy
c not used to physical exercise, and so not strong
d in very good physical condition — and confident
e quite healthy
f in extremely good physical condition
g not used to physical exercise and so not strong/healthy

Ex 4
Open exercise

Ex 5
do: weight training; aerobics; yoga
play: golf; badminton
go: jogging; cycling; rowing

Ex 6
gym: weight training; aerobics
studio: yoga; aerobics
track: jogging; cycling
court: badminton
course: golf
outdoors: all of them

Ex 7
aerobic fitness: rowing, cross-country skiing, running/jogging, walking, golf, cycling or using an exercise cycle
weight training (pumping iron)

Ex 8
a 30 minute run: a run which lasts for half an hour
to work out: to do exercises like weight training etc
four-limb sports: sports in which you have to use both arms and both legs (like rowing)
lose weight: get rid of fat from the body
pumping iron: using weight training equipment
aerobic stamina: the ability to absorb oxygen well and carry out exercise for a long time
calorie: a unit for measuring energy available or used
energy: the power your body uses when it's working
warm-up: gentle exercises to prepare for physical exertion

Ex 9
a press up
b sit up
c squat jumps
d skipping
e touching (your) toes

Ex 10
Open exercise

Ex 11
(suggested answers)
a She's using a rowing machine. This should keep her fit and tone up all her muscles
b She's touching her toes. This will strengthen her back and stomach muscles
c He's doing press-ups. This will develop his arm and shoulder muscles even more
d He's using an exercise cycle. This should help him to lose weight
e She's doing aerobics, which should keep her fit if she does it regularly

Ex 12
a down on b on e on d up e on

Ex 13
Open exercise

Ex 14
a fascination with death is unhealthy
b the project looks in good shape
c he's not fit to hold office
d subjected to a daily diet of violence
e not got the stamina for the job
f despite . . . she's got a healthy appetite

Ex 15
a fit
b unhealthy
c healthy
d stamina
e shape
f diet

Ex 16
Open exercise
UNIT 5
SICKNESS AND CURE

Ex 1
sprained ankle, wrist, shoulder
broken leg, ankle, arm, wrist, toe, finger
twisted ankle, shoulder, finger
fractured [as 'broken' + skull]
pulled muscle
torn ligament
black eye
dislocated shoulder, arm, finger
swollen all except: skull, ligament, muscle
bruised all except: ligament, muscle

Ex 2
Open exercise

Ex 3
a surgeon
d psychiatrist
b doctor
e dentist
c nurse
f optician

Ex 4
a the use of a special needle to give someone medicine — doctor or nurse
b a short letter which the doctor writes to say that you have been/are ill — doctor
c the taking of a small amount of blood to examine it in a laboratory — doctor or nurse
d checking to find out whether you can see and read properly, or to find out what kind of glasses you need — optician
e a piece of paper signed by the doctor that allows you to buy restricted medicines and drugs — doctor
f metal compound which the dentist uses to fill holes in your teeth — dentist
g the cutting of the body to put something right or remove a diseased part — surgeon
h treatment with electricity given to some patients with depression and other psychiatric illnesses — psychiatrist

Ex 5
Open exercise

Ex 6
a i) can mean 'I've vomited'
ii) 'I've not been well'
b i) 'I've got a pain in my hand'
ii) 'My hand has been damaged — I can't use it properly'
c i) 'six people were hurt in such a way that their skin was broken and they bled'
ii) 'six people were hurt in some other way, probably without the skin being broken (e.g. fractures, bruises, concussion etc.)'
d i) The skin on my hand is irritated, because of a mosquito, for example'
ii) 'I have a pain in my hand'

Ex 7
a sick
d ill
b itching
ex hurting
c wounded

Ex 8
The marriage between Charles and Matilda had been a mistake. He didn't love her, and perhaps there was some secret in his past...

Ex 9
The words are all used metaphorically: the two people aren't physically 'ill', 'sick' etc. but their emotions make them feel that way

Ex 10
Open exercise

Ex 11
A: Good morning.
B: Hello, Doctor.
A: Now then, how can I help you?
B: Well, doctor, I'm not feeling very well. I've got these awful pains in my stomach and I haven't been sleeping at all well.
A: Do you have any other symptoms? A temperature, for example?
B: Well, yes. I have had a bit of a temperature, actually.
A: Mmm. It looks to me as if you've got some kind of a stomach infection.
B: Oh, have I, Doctor?
A: Yes. Now I'm going to give you these pills. I
want you to take two pills three times a day.
B: Thank you, Doctor. Thank you.

Ex 12
a physical and other signs of an illness
b feeling ill
e beginning to feel ill
d an infection in the throat which causes a lot of pain
e my chest is hurting
f a fever (above 37 degrees)
g a problem caused by a virus or bacteria
h tablets sold at the chemist's
i a lot of relaxation (e.g. in bed)

Ex 13
Open exercise

Ex 14
a hurting
e operation
b injection
f took out
c nurse

g condition

Ex 15
Open exercise

Ex 4, 5
Open exercises

Ex 6
See artwork for suggested answer on page 178.

Ex 7
<table>
<thead>
<tr>
<th>State (noun)</th>
<th>State (adj)</th>
<th>Person (noun)</th>
</tr>
</thead>
<tbody>
<tr>
<td>adolescence</td>
<td>adolescent</td>
<td>adolescent</td>
</tr>
<tr>
<td>retirement</td>
<td>retired</td>
<td>retired person</td>
</tr>
<tr>
<td>maturity</td>
<td>mature</td>
<td>mature person</td>
</tr>
<tr>
<td>infancy</td>
<td>infant</td>
<td>infant</td>
</tr>
<tr>
<td>womanhood</td>
<td>womanly</td>
<td>woman</td>
</tr>
<tr>
<td>manhood</td>
<td>manly</td>
<td>man</td>
</tr>
<tr>
<td>youth</td>
<td>youthful</td>
<td>youth</td>
</tr>
<tr>
<td>childhood</td>
<td>child-like</td>
<td>child</td>
</tr>
</tbody>
</table>

Ex 8
(suggested answers)
a Yes, she's absolutely ancient.
b Yes, he's just a baby/an infant.
f Yes, he's rather childish.
A No, I'm not. I'm quite grown up.
e Oh, really. I think he's rather mature for his age.

Ex 9
(suggested answers)
wisdom - old age; exuberance — childhood; creativity—youth, maturity; attractiveness—youth.
the opposites of these qualities are:
foolishness
slackness
lack of creativity
ugliness

Unit 6
AGES AND AGEING

Ex 1
a Open exercise
b e.g. wrinkled, good-natured, kind, fussy, unsteady

Ex 2
Open exercise

Ex 3
a grow up
b childish
c grown-up
d you're old enough to know better
Notice that many of these words can be used to describe people's behaviour or attitudes and, in this case, are not linked to a particular physical age.

For example, although *young* and *younger* are often used to describe children and teenagers, they can also be used of older people.

- Middle-aged man: "I must be getting really old, all the policemen look like teenagers!"
- Octogenarian: "Nonsense! You're only a youngster!"

*Veteran* can be used to describe anyone with long experience in something, e.g. a Vietnam war veteran, a veteran public speaker.

*Mature* can be used of anyone with a grown-up and sensible attitude, e.g. "He's very mature for a ten-year-old."

*Girl* is often used to refer to older women, but many find this offensive.
Ex 10
(suggested answers)
All of these expressions can be used in an ironical way. The degree of irony or seriousness will depend on the situation.

a = too old for the activity I have in mind.
b = is becoming (or behaves as if he/she is)
   middle-aged. [could be a compliment if the person is over 40]
t = not young or youthful
d = at a very creative and powerful stage in her life or career
• = The ‘sell-by date’ appears on food packaging etc. This could mean the person is no longer in his/her prime
f = seems old or too old for a given activity
g = seems very old or unwell
h = seems very young (for a given activity)
i = appears less mature than he is
j = seems old or too old for a given activity

AH the expressions are informal or colloquial British English.

Ex 11
a juvenile b seasoned c mature d veteran e grow up f youthful

Ex 12
a neutral b unpleasant c unpleasant d pleasant e neutral f neutral g pleasant h neutral i unpleasant

Ex 13
Open exercise

Ex 14
Suggested answer:
The poems both seem to be about old people. In the first poem the poet is shocked by the way Stania has aged, not having seen him for a long time, but in the second the couple are growing old together.

Ex 15, 16, 17
Open exercises
180 Answer key

Ex 9
a. kick the bucket, pass on
b. the deceased, dear departed
c. at peace

Ex 10
a. from
ej. from/as a result of
b. of
f. of
c. after
9. g. in
d. in
h. of

Ex 11

<table>
<thead>
<tr>
<th>Verb</th>
<th>Noun</th>
<th>Adjective</th>
<th>Past Participle</th>
</tr>
</thead>
<tbody>
<tr>
<td>die</td>
<td>death</td>
<td>dying</td>
<td>died</td>
</tr>
<tr>
<td>live</td>
<td>life</td>
<td>living</td>
<td>lived</td>
</tr>
<tr>
<td>be born</td>
<td>birth</td>
<td>xxxxx</td>
<td>born</td>
</tr>
</tbody>
</table>

Ex 12
a. death; died
e. dead
b. dying
f. died

Fixed phrase: b, d
Metaphor: f

Ex 13
a. fatal
d. lethal
b. fatal
e. deadly

c. deadly/lethal
f. fatal

Ex 14
‘Divers today...’: drown
‘Something she ate...’: choke
‘After the first...’: to have a stroke
‘He suddenly stood up...’: to have a heart attack
That's the problem...’: to choke, suffocate
‘We think the accident...’: to be run over

Ex 15
Open exercise

Ex 16
(suggested answers)
Hamlet - poisoned
Macbeth - killed in a sword-fight
Pere Goriot - died of a stroke
Werther - shot himself

Ex 17
1. pregnant
2. conceived
3. birth
4. death
5. drowned
6. choked
7. heart attack
8. dying

Ex 18
Open exercise

Ex 19, 20
Open exercises

Ex 21
(possible explanations)

WIDOW SUES HOTEL COOK: The wife of somebody who has died (presumably of food poisoning) wants compensation from the cook who prepared his final meal.

MIRACLE OF FIRST BABY FOR PANDA HING-HING: A panda in a famous zoo has surprised the world by giving birth unexpectedly to a healthy baby.

SEXTUPLETS MUM ECSTATIC SAYS PROUD FATHER: A woman who has recently given birth to six healthy babies is extremely pleased, according to her husband.

DISTRAUGHT ROMEO IN SUICIDE BID: A man whose girlfriend recently left him for someone else is recovering in hospital after attempting to kill himself.

FATAL DISEASE THREATENS SEAL POPULATION: Experts are baffled by the cause of a mystery illness which is killing thousands of seals.
UNIT 8
WAKING AND SLEEPING

Ex 1

to wake up: to stop sleeping
to go to sleep: to start sleeping
nap: a short sleep (usually in the daytime, probably not in bed)
a siesta: a short sleep after lunch
a light sleeper: someone who wakes easily
a heavy sleeper: someone who wakes with difficulty
to snore: to make a snorting noise while sleeping
to sleepwalk: to get out of bed and walk around without waking
to talk in your sleep: to speak or shout while sleeping
to grind your teeth: to rub the upper teeth against the lower teeth, making a noise.
to dream: to have uncontrolled fantasies while sleeping
to have a nightmare: to have a bad or frightening dream
to fall into a deep sleep: to go to sleep and sleep soundly
to toss and turn: to find it difficult to sleep, and so move around in the bed
to sleep like a log: to sleep very soundly
to get to sleep: to begin sleeping
to get back to sleep: to begin sleeping again after having woken up
to oversleep: to sleep longer than intended

Ex 2, 3, 4
Open exercises

Ex 5
(suggested answers)
As a 'duke' is mentioned and as nobody seems to be doing very much, they could be aristocrats or wealthy people.
'A fire in the grate' is mentioned, and there is a rider near the house, so the period probably isn't contemporary. But it doesn't seem to be long ago either.
Something dramatic is obviously going to happen.

Ex 6
Awake: Sarah, Lloyd, the Duke, Vivian
Asleep: Old George, Mrs Middle

Ex 7
conscious: Sarah, Lloyd, the Duke, Vivian
reverie: Sarah, Lloyd
catnap: Old George, Mrs Middle

Ex 8
wide: awake
fast: asleep
fully: awake, alert, conscious
sound: asleep
half: asleep, awake, conscious
semi-: alert, conscious

Ex 9
Open exercise

Ex 10
Vocabulary will probably be required as follows:
a tossing and turning, couldn't get to sleep
b overslept, couldn't wake up
c wide awake, fully alert
d sound asleep, slept like a log
e woke up, dream, nightmare

Ex 11
sleeping, sleepy, sleepless: waking; dreaming, dream-like, dreamless; nightmarish, dozy, trance-like

Ex 12
a sleeping          d dream-like
b waking            e trance-like
c nightmarish       f dreamless

Ex 13
a dreams           f dream
b wake up          g sleep
 c sleeping         h sleep
d sleep             i dream
 e nightmare        j sleep
Expressions will probably be required as follows:

- **a** put to sleep/sleep it off
- **b** sleep on it
- **c** waking up from a nightmare
- **d** sleeping partner/waking nightmare

**Ex 15**

**Ex 16**

Open exercise

**UNIT 9**

**WALKING AND RUNNING**

- **hangover:** a headache and a feeling of being ill the day after drinking too much
- **jogger:** a person who runs regularly to keep fit.
- **sidewalk:** (American English) the path beside a road where pedestrians can walk — *pavement* in British English
- **tailcoat:** a jacket with long ‘tails’ at the back which is worn on certain formal occasions
- **Bourbon:** a type of whisky made in the U.S.
- **archery:** a sport which involves shooting arrows at a target

**Ex 1**

**Ex 2**

Open exercise

**Ex 3**

The correct answer was (b).

**Ex 4**

(suggested answer)

He seems to be someone who lives in a disorganized and maybe dissolute way. He seems to live alone and to be rather unhealthy. He had probably slept in his clothes. They are probably untidy, creased and quite old and dirty.

**Ex 5**

Open exercise

**Ex 6**

<table>
<thead>
<tr>
<th><strong>Walk</strong></th>
<th><strong>Run</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>slowly and with difficulty</td>
<td>staggered</td>
</tr>
<tr>
<td>trying not to make a noise</td>
<td>tiptoe</td>
</tr>
<tr>
<td>looking ridiculous and/or</td>
<td>creeping</td>
</tr>
<tr>
<td>clumsy</td>
<td>pad</td>
</tr>
<tr>
<td>in a showing-off kind of way</td>
<td>shuffling</td>
</tr>
<tr>
<td>showing anger or strong</td>
<td>strutting</td>
</tr>
<tr>
<td>decision</td>
<td>swagger</td>
</tr>
<tr>
<td>slowly and with pleasure</td>
<td>sauntered</td>
</tr>
<tr>
<td>as fast as possible</td>
<td>strolled</td>
</tr>
<tr>
<td>at a reasonable speed for</td>
<td>sauntered</td>
</tr>
<tr>
<td>training</td>
<td>strolled</td>
</tr>
</tbody>
</table>

**Ex 8**

(suggested answers)

- **a** He sidled up to her/sauntered over to her
- **b** She dashed into the station/along the platform
c He staggered/lurched/tottered/limped up the street towards his house

d He wandered lonely as a cloud of...

f He strode/marched into his office...

g They dashed/sprinted across the playground

h He paced up and down outside the room

i She lurched/tottered across the room

Ex 9
purposefully: stride, march
aimlessly: saunter, stroll, wander, shuffle
nervously: tiptoe, creep
painfully: stagger, limp, hobble, shuffle, waddle
awkwardly: stumble, hobble, shuffle, waddle
angrily: stride, stomp, march
confidently: strut, swagger, stride, march, sidle
unsteadily: stagger, totter, lurch, shuffle, waddle
cautiously: tiptoe, creep, lurch

Ex 10
Open exercise

Ex 11
a I'm running away from my parents
b I ran into my cousin in the High Street
c We're running out of sugar
d They ran the sheriff out of town
e I'll run you up a skirt
f Oh no! Did we run over that cat?

Ex 12
a correct: 'run over' is a separable phrasal verb.
b correct: you can 'run up' something in writing as well as a piece of clothing etc.
c incorrect: phrasal-prepositional verbs are not separable, so it should read 'I am running away from my wife'.
d incorrect: 'run into' is a prepositional verb so it isn't separable. It should read 'I ran into my friend the other day'.

Ex 13
Open exercise

Ex 14
a made my blood run cold: made me very frightened/terrified
b will run and run: will be very successful and will keep going a long time
c run your eye over: look at something quickly
d run rings round: be much more successful than/successfully manipulate
e let someone walk all over you: allow someone to treat you badly
f run riot: behave in a very uncontrolled way
g walk right into something: get into trouble without expecting it

Ex 15
Open exercise

Ex 16
a 2 e 8
b 1 f 1
c 6 g 3
d 4 5

Ex 17, 18
Open exercises

Ex 19
(possible answer)
He crept nervously into the room. I could see that he was...

UNIT 10
BODY LANGUAGE AND MOVEMENT

Ex 1
a bowing
b bowing
c kneeling
d curtseying
e kneeling
f kneeling

Ex 2
Open exercise

Ex 3
a hands, arms, legs
b head, shoulders
c fist, hand, teeth
d finger
e finger, hand, arm, leg, eyebrows, hips, shoulders, ears
f finger
g arms, legs
h shoulders
i shoulders
j head
k all except teeth and ears
l arms, legs
m head, fist, finger, hands, arms, legs

Ex 4
a clenched  e raised
b shook  f raised
t nodded  g folded/crossed
d shrugged

Ex 5
a raising your eyebrows
b clenching your fist
c waving your arms, raising your hand
d crossing/folding your arms
e nodding your head
f wiggling your hips
g shrugging your shoulders

Ex 6
Open exercise

Ex 7
(suggested answers)
a The man is wagging his finger at the girl. He's angry with her
b The elderly man is shrugging his shoulders as if to say "It's not my fault"
c The woman is stroking her chin. She seems to be trying to make a decision
d The model is posing seductively, presumably for a photograph
e The woman is shaking her fist at the other driver. She must be angry with him
f The girl is raising her hand. She wants to ask the teacher something
g The man is gesturing to the policeman. He must be trying to explain something
h The woman is pointing to the door. She wants the man to leave

Ex 8
Open exercise

Ex 9
1 Peregrine  6 The Colonel
2 Caroline  7 Sara
3 Jim  8 Jessica
4 Pamela  9 Martin
5 Mary

Ex 10
Open exercise

Ex 11
a pushed  d stretching
b carried  e pulled
c reached  f dragged

Ex 12
(possible answers)
a I would drag it/push it on a trolley
b drag some furniture to the middle of the room, stand on it, stretch my arms up...
c (almost anything)

Ex 13
a drag  e pulled
b bent  f reach
t reach  g bow
d push

Ex 14
a bow to your judgement
b bent over backwards
c reach an agreement
d drag her name through the mud
e don't push me
f don't reach for the stars
g pulled in two different directions

Ex 15
(possible answers)
C: Look, can we talk about this and...
F: I'm sorry, I can't see the good name of the company being dragged through the mud.
C: It won't be, I promise. You've got to see it from my side. I'm sure we can reach an agreement.
UNIT 11
THE MIND AND THINKING

Ex 1
Open exercise

Ex 2

think about something carefully and for a longtime, without necessarily coming to a conclusion.
ponder (T), reflect (on), consider (T), meditate (on), deliberate (for/ . . . )

come to a tentative conclusion about something, based on limited evidence and maybe personal opinion.
guess (T), suppose (that), assume (that), reckon (that/ . . . )

come to a conclusion about something after examining all the evidence and facts.
conclude (from), infer (from), judge (T), weigh up (T)

find out by scientific examination or calculation.
analyse (T), assess (T), work out (T)

Ex 3

guess N
suppose F
assess F
ponder F
assume N
analyse N
conclude N
work out I

judge N
reflect F
infer F
consider N
weigh up I
deliberate F
reckon I
meditate N

Ex 4

<table>
<thead>
<tr>
<th>-tion/-sion</th>
<th>-ence</th>
<th>-ing</th>
<th>-ment</th>
</tr>
</thead>
<tbody>
<tr>
<td>reflection</td>
<td>inference</td>
<td>reckoning</td>
<td>assessment</td>
</tr>
<tr>
<td>deliberation</td>
<td>meditation</td>
<td></td>
<td>judgement</td>
</tr>
<tr>
<td>assumption</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>conclusion</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>supposition</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>consideration</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Ex 5
(suggested answers)
a. Did you conclude that the experiment had failed?
b. Who analysed the results?
c. Joan pondered deeply the implications of the changes
d. We considered the matter carefully
e. It took him a long time to work it out
f. He seemed to be meditating

g. What can we infer from this discussion?
h. I suppose Diana has gone to see Andy
i. Upon reflection Sally accepted the job

Ex 6
Open exercise

Ex 1

a brain, logic, intelligence
b thought, mind
e ideas, impression, notion, mentality
d memory

Ex 8
(suggested answers)
a. what ideas/possibilities have you thought of?
b. decide
c. I've almost decided
d. I'm worrying about something
e. please would you, would you be unhappy if you...
f. be careful/look out!
g. concentrate/if you are determined to do it
Ex 9
Open exercise

Ex 10
(suggested answers)
Out of sight out of mind means when someone/ something isn't actually there in front of you you don't think about them/it.
Mind over matter means that you force yourself (not) to do something by willpower even though your body (doesn't) want(s) to do it.
Great minds think alike is an expression that we use when we want to complement someone else and ourselves because we share the same opinion.

Ex 11

<table>
<thead>
<tr>
<th>logical</th>
<th>pensive</th>
<th>thoughtful</th>
<th>thoughtful</th>
<th>considerate</th>
<th>clever</th>
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</thead>
<tbody>
<tr>
<td>☑️</td>
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<td>☑️</td>
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<table>
<thead>
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<th>Idea</th>
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</thead>
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<tr>
<td>logical</td>
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<td>thoughtful</td>
<td></td>
</tr>
<tr>
<td>thoughtful</td>
<td></td>
</tr>
<tr>
<td>aware</td>
<td></td>
</tr>
<tr>
<td>reasonal</td>
<td></td>
</tr>
<tr>
<td>unreasonable</td>
<td></td>
</tr>
<tr>
<td>mental</td>
<td></td>
</tr>
<tr>
<td>psychological</td>
<td></td>
</tr>
<tr>
<td>brainy</td>
<td></td>
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<tr>
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<tr>
<td>conscious</td>
<td></td>
</tr>
<tr>
<td>unconscious</td>
<td></td>
</tr>
<tr>
<td>intelligent</td>
<td></td>
</tr>
<tr>
<td>intellectual</td>
<td></td>
</tr>
<tr>
<td>considerate</td>
<td></td>
</tr>
<tr>
<td>clever</td>
<td></td>
</tr>
</tbody>
</table>

the way a person treats other people: thoughtful, thoughtless, considerate
intelligent: brainy, clever (intellectual?)

Ex 12
a pensive, thoughtful
b thoughtful, considerate
c mental
d conscious/aware
e brainy, intelligent, clever
f thoughtless (unreasonable?)
g unreasonable
h unconscious
i logical, (intelligent)

Ex 13
Dialogue 1:
I have lovely memories of our college days.
— Yes, me too. Whenever we meet it all comes back to me.
I'll never forget the day you got drunk and fell down the stairs, for example.
— Really? Down the stairs? I have no recollection of the incident.
You were in love with someone called Angela, as I recall. That's what caused it.
— I need something to jog my memory. What was Angela like?
Don't you remember? She had dark brown hair and brown eyes. A real beauty if my memory serves me well.
— My mind's a blank, but it's possible that you're right.
What do you mean: it's possible that I'm right?
Here's a photo of you at the bottom of the stairs as a permanent reminder.

Dialogue 2:
Hallo. Didn't you say you would meet us at 6.30?
Or is my memory playing tricks?
— Did I? I've got a mind like a sieve, I'm afraid. I thought I said 7 o'clock.
And where's Joe? I hope he hasn't forgotten all about the meeting. He's so absent-minded these days.
— It's getting really late now. Where can he be?
He's so forgetful.
By the way, I was racking my brains trying to think of Joe's surname. What is it?
— Err... it's on the tip of my tongue: Donaldson or Davidson I think.
Perhaps we'd better phone to remind him. Who can remember his phone number?
— It looks as if no-one has remembered to bring it. What a memorable meeting we're having.

Remembered/remembered | Doesn't/didn't remember
------------------------|--------------------------
I'll never forget the day as I recall
I can remember it as if it was yesterday
if my memory serves me well
a permanent reminder
memorable
it all comes back to me
racking my brains
absent-minded
a mind like a sieve
forgetful
my mind's a blank
on the tip of my tongue
jog my memory
I have no recollection of...
UNIT 12
PERCEPTION AND THE SENSES

Ex 1
Open exercise

Ex 2
(suggested answers)
‘Gestalt’ means the belief that what we see doesn’t depend on what things actually are but on the processes in the brain which are present at birth.

Ex 3

<table>
<thead>
<tr>
<th>Nouns</th>
<th>Adjectives</th>
<th>Verbs</th>
</tr>
</thead>
<tbody>
<tr>
<td>psychologist</td>
<td>psychological</td>
<td>theorize</td>
</tr>
<tr>
<td>theory</td>
<td>theoretical</td>
<td>perceive</td>
</tr>
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<td>perception</td>
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<td>outline</td>
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<td>outline</td>
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<td>experience</td>
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<tr>
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<td>sense</td>
</tr>
<tr>
<td>sense</td>
<td></td>
<td>imagine</td>
</tr>
<tr>
<td>image</td>
<td></td>
<td>process</td>
</tr>
</tbody>
</table>

Ex 4
a demonstrate
d sense
b process
e image
c theory

Ex 5
a saw — because it happened suddenly without any intention on our part
b looking at, watching — because obviously B is doing the watching on purpose
c watch - the speaker may see televisions as he or she passes a shop, but doesn’t actually choose to watch what’s on
d look at, see — the first speaker is asking D to choose to look, but D can’t make the choice because he or she doesn’t know where to look, hence ‘see’

e hear, listen, see - the first action is involuntary, the second needs choice, the third ‘see’ = discover
f saw, looked at — saw is involuntary, looked at here means a ‘voluntary’ stare

look at, watch, listen to

Ex 6
a 4 — she stared at him in absolute horror (L)
b 6 - She glanced at him quickly to see if he had heard (S)
c 8 — She gazed at him in deep admiration (N)
d 9 - she observed the people on the beach below carefully (L)
e 3 — She noticed a small crack she hadn’t seen before (S)
f 7 - she spotted a face she recognised in the crowd (S)
g 10— She scanned the pages of the newspaper in case there was a report on the meeting (N)
h 2 — She peered at the building through the fog (N)
i 5 — she peeped through a crack in the door to see inside (S)
j 1 — She glimpsed the red Mercedes as it flashed by (S)

Ex 1 (example story)
Mark needed to find a new flat so he scanned the pages of the newspaper (for advertisements about flats to rent). He found one that looked suitable so he rang the number in the paper and made an appointment to see the place. As he was going up the stairs a young woman rushed past him. She stared at him in shock and Mark caught a glimpse of blood on her hand. He ran up to the flat and knocked on the door but there was no answer. He peeped through the keyhole but he couldn’t see anything unusual although he did smell smoke. He broke down the door and peered across the room, his eyes full of tears caused by the smoke. Mark put out the fire and glanced round the room; there was absolute chaos. He went into the bedroom and found himself gazing in horror at the body on the floor; it — he — was a man with a kitchen knife in his back in a pool of blood. Mark spotted the telephone under the bed and called the police
before closing the eyes of the victim which had been staring at him penetratingly.

Strangely enough Mark decided not to take the flat.

Ex 8
(possible answers)
Taste — sweet (sugar, candy), sour (lime, unripe fruit), salty (smoked fish), hot (chillies, curry), like vinegar (cheap wine)
Feel - soft (wool, down), rough (sandpaper, new jeans), smooth (glass, polished stone), sticky (honey, glue), cold (marble, ice), like silk (sheer stockings, expensive scarf)
Smell — rotten (bad egg, rubbish), sweet (toffee, cake being baked), sweaty (unwashed clothes, sports people after a tough game), acrid (smoke, acid), like flowers (perfume)
Look — dangerous (bull, gun), ugly (a decrepit old crone, a horrible expression), frightening (ghost, monster), exciting (a race, a new discovery), relaxing (on armchair, a comfortable bed), like cheese (the moon)

Ex 9
(suggested order)
5 perfume, 4 fragrance, 3 aroma, 2 stench, 1 stink

Ex 10
Open exercise

Ex 11

<table>
<thead>
<tr>
<th>You see them</th>
<th>You hear them</th>
</tr>
</thead>
<tbody>
<tr>
<td>shine (2)</td>
<td>bang (2)</td>
</tr>
<tr>
<td>glow (1)</td>
<td>roar (3)</td>
</tr>
<tr>
<td>flash (3)</td>
<td>knock (1)</td>
</tr>
<tr>
<td>dazzle</td>
<td>pop (1)</td>
</tr>
<tr>
<td>glint (1)</td>
<td>crash (2)</td>
</tr>
<tr>
<td>glimmer (1)</td>
<td>bump (1)</td>
</tr>
<tr>
<td>glitter (2)</td>
<td>rumble (2)</td>
</tr>
</tbody>
</table>

Ex 12
a rumble, crash     e rustle
b pop               f flash
t bang, dazzle, flash g dazzle
d flash, glint, glimmer h bump

Ex 13
A: What do you think of my new car then?
B: I must say it's absolutely beautiful, o sight for sore eyes. It's a 1956 Jaguar, isn't it?
A: Yes. I keep my eyes on advertisements in the papers just in case there's a car I really want. And this one suddenly popped up. It was a bargain.
B: It certainly sounds as if you've found what you were looking for. How much was it if you don't mind my asking?
A: Only £8,000. The way I look at it, that was a reasonable price to pay.
B: £8,000 for an old car! You must have money to burn.
A: Well, you've got to take a long-term view: you've got to think of the future. It's better to buy a car which is going to increase in value than one which is going to lose value, in my view.
B: Is it really worth that much?
A: Yes. In fact the owner wanted £9,000 for it to start with, because he said it had only done 60,000 miles. But he smelted a rat, and in the end he admitted that 160,000 was nearer the truth. So he dropped the price.
B: And what's it like to drive?
A: Lovely. It's got a nice solid feel to it.
B: I must say I envy you. But spending that amount of money would certainly leave a nasty taste in my mouth.
UNIT 13
FEELINGS AND MOODS

Ex 1
The missing word is ‘worry’ (this can be deduced from the second half of the poem).

Ex 2, 3

<table>
<thead>
<tr>
<th>Happy</th>
<th>Unhappy</th>
<th>Worried</th>
</tr>
</thead>
<tbody>
<tr>
<td>glad v</td>
<td>anguished</td>
<td>anxious</td>
</tr>
<tr>
<td>thrilled v</td>
<td>depressed v</td>
<td>dismayed v</td>
</tr>
<tr>
<td>ecstatic v</td>
<td>miserable v</td>
<td>concerned v</td>
</tr>
<tr>
<td>pleased v</td>
<td>bored v</td>
<td></td>
</tr>
<tr>
<td>delighted v</td>
<td>heartbroken v</td>
<td></td>
</tr>
<tr>
<td></td>
<td>upset v</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Angry</th>
<th>Afraid</th>
<th>Shocked</th>
</tr>
</thead>
<tbody>
<tr>
<td>cross v</td>
<td>nervous v</td>
<td>astounded v</td>
</tr>
<tr>
<td>irritated v</td>
<td>apprehensive v</td>
<td>appalled v</td>
</tr>
<tr>
<td>furious v</td>
<td>frightened v</td>
<td>horrified v</td>
</tr>
<tr>
<td>livid v</td>
<td>scared v</td>
<td>astonished v</td>
</tr>
</tbody>
</table>

Ex 4
To describe his/her own feelings, the first speaker uses ‘boring’, which describes something (or somebody) that makes others feel bored.

‘Bored’ is the only adjective in this pair which can describe a person’s feelings.

a appalled  c inhibited
b upsetting   d intimidating

Ex 5
a I find the news you have just given me astonishing
b She felt more and more irritated with every word he uttered
c The poor child found it so frightening when I burst the balloon that he/she leapt nearly three feet into the air
d I can’t help feeling some anxiety about the future
e The puppet show delighted the children
f I worry about you all the time
g His rude behaviour appalls me
h Your arrival gladdens my heart

Ex 6
Open exercise

Ex 7
(possible answer)

<table>
<thead>
<tr>
<th>Topics</th>
<th>Predictions</th>
</tr>
</thead>
<tbody>
<tr>
<td>relationships</td>
<td>start, and, improve etc</td>
</tr>
<tr>
<td>work/study</td>
<td>harder, easier, successful</td>
</tr>
<tr>
<td>money</td>
<td>more, nice surprise, difficult</td>
</tr>
<tr>
<td>home-life</td>
<td>better, more problematic etc</td>
</tr>
</tbody>
</table>

Ex 8
a to d open exercises — depend on students’ own answers to Ex 7
e Virgo

Ex 9
Open exercise

Ex 10
(possible answers)

a when I meet someone I don’t like/who makes me angry
b when facing a problem or situation I have no experience of
c when I had done something dishonest or nasty, or had caused problems for others
d when someone is trying to persuade me to do something I definitely don’t want to do
e when I am relaxed and happy — and pleased with myself
f when waiting for someone or something, especially if he/she/it is late
g when someone criticizes my personality or something I have done
h before an exam or some other tricky or new experience
i when something that I was looking forward to doesn’t happen
j when talking to someone who is very good at the subject I’m talking about
k when dealing with something I know a lot about and can do well
Ex 11
a unfriendliness
b inadequacy
c guilt
d stubbornness
e serenity
f impatience
g sensitivity
h nervousness
i disappointment
j intimidation
k strength

Ex 12
a unfriendly
e intimidated
b sensitive
f guilty
c serenity
g dumb

Ex 13
Open exercise

Ex 14

<table>
<thead>
<tr>
<th></th>
<th>Mood</th>
<th>Temper</th>
</tr>
</thead>
<tbody>
<tr>
<td>to be in a good</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>to be in a bad</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>to be in an excellent</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>to be in a foul</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>to keep your</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>to lose your</td>
<td>✓</td>
<td>✓</td>
</tr>
</tbody>
</table>

Ex 15
(suggested answers)
He/she — went red in the face
— frowned
— clenched his/her teeth (and/or fists)
His/her eyes narrowed

Ex 16

<table>
<thead>
<tr>
<th></th>
<th>Happy</th>
<th>Surprised</th>
<th>Not happy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shiona</td>
<td>Tom</td>
<td>Will</td>
<td>Marina</td>
</tr>
<tr>
<td>Chris</td>
<td></td>
<td>Sarah</td>
<td>Roger</td>
</tr>
</tbody>
</table>

Ex 17
(suggested answers)
made me really mad: e, f
got me down: a, b, f
gives/gave me a buzz: a, c, g
took me completely by surprise: a, b, c, d, e, f, g
I was/am bowled over: a, c, f, g
I was/am caught off balance: c, d, e, f, g
I was/am over the moon: a, c, g

Ex 18
Open exercise

UNIT 14
LIKES AND DISLIKES

Ex 1
It seems to be about being in love (b)

Ex 2,3
Open exercises

Ex 4, 5

<table>
<thead>
<tr>
<th>Words connected with liking</th>
<th>Words connected with disliking</th>
</tr>
</thead>
<tbody>
<tr>
<td>like</td>
<td>dislike</td>
</tr>
<tr>
<td>get a kick out of</td>
<td>hate</td>
</tr>
<tr>
<td>enjoy</td>
<td>detest</td>
</tr>
<tr>
<td>love</td>
<td>dont’ care for</td>
</tr>
<tr>
<td>be fond of</td>
<td>not that keen on</td>
</tr>
<tr>
<td>charming</td>
<td>can’t stand</td>
</tr>
<tr>
<td>be devoted to</td>
<td>detestable</td>
</tr>
<tr>
<td>loveable</td>
<td>revolting</td>
</tr>
<tr>
<td>adorable</td>
<td>hateful</td>
</tr>
<tr>
<td>enchanting</td>
<td>odious</td>
</tr>
<tr>
<td>captivating</td>
<td>disgusting</td>
</tr>
<tr>
<td>tempting</td>
<td>repulsive</td>
</tr>
<tr>
<td>enticing</td>
<td></td>
</tr>
<tr>
<td>to fancy</td>
<td></td>
</tr>
<tr>
<td>desirable</td>
<td></td>
</tr>
</tbody>
</table>

Ex 6
Open exercise
Ex7

<table>
<thead>
<tr>
<th>Adjective</th>
<th>Noun</th>
<th>Verb</th>
</tr>
</thead>
<tbody>
<tr>
<td>revolting</td>
<td>revulsion</td>
<td>to revolt</td>
</tr>
<tr>
<td>charming</td>
<td>charm</td>
<td>to charm</td>
</tr>
<tr>
<td>devoted</td>
<td>devotion</td>
<td>to devote</td>
</tr>
<tr>
<td>loveable</td>
<td>love</td>
<td>to love</td>
</tr>
<tr>
<td>adorable</td>
<td>adoration</td>
<td>to adore</td>
</tr>
<tr>
<td>enchanting</td>
<td>enchantment</td>
<td>to enchant</td>
</tr>
<tr>
<td>captivating</td>
<td>captivation</td>
<td>to captivate</td>
</tr>
<tr>
<td>tempting</td>
<td>temptation</td>
<td>to tempt</td>
</tr>
<tr>
<td>enticing</td>
<td>enticement</td>
<td>to entice</td>
</tr>
<tr>
<td>fanciable</td>
<td>fancy</td>
<td>to fancy</td>
</tr>
<tr>
<td>hateful</td>
<td>hate</td>
<td>to hate</td>
</tr>
<tr>
<td>disgusting</td>
<td>disgust</td>
<td>to disgust</td>
</tr>
<tr>
<td>desirable</td>
<td>desire</td>
<td>to desire</td>
</tr>
<tr>
<td>repulsive</td>
<td>repulsion</td>
<td>to repulse</td>
</tr>
</tbody>
</table>

Ex8

a harmful
b disgusting
c captivated
d repulse
e temptation

Ex9

(suggested answers) vocabulary will probably be required as follows (adjectives only given - you can use nouns and verbs too)

a repulsive, disgusting, hateful
b charming, loveable
c revolting, disgusting, repulsive
d tempting, hateful, disgusting
e charming, enchanting, captivating

Ex10

<table>
<thead>
<tr>
<th>Verb</th>
<th>-ing verb</th>
<th>to+ infinitive</th>
</tr>
</thead>
<tbody>
<tr>
<td>like</td>
<td>y</td>
<td></td>
</tr>
<tr>
<td>love</td>
<td>y</td>
<td>y</td>
</tr>
<tr>
<td>hate</td>
<td>✓</td>
<td>y</td>
</tr>
<tr>
<td>dislike</td>
<td>✓</td>
<td>x</td>
</tr>
<tr>
<td>detest</td>
<td>✓</td>
<td>x</td>
</tr>
<tr>
<td>enjoy</td>
<td>y</td>
<td>y</td>
</tr>
<tr>
<td>loathe</td>
<td>y</td>
<td>x</td>
</tr>
<tr>
<td>adore</td>
<td>y</td>
<td>x</td>
</tr>
<tr>
<td>be fond of</td>
<td>y</td>
<td>x</td>
</tr>
<tr>
<td>can’t stand</td>
<td>y</td>
<td>x</td>
</tr>
<tr>
<td>(not) keen on</td>
<td>y</td>
<td>x</td>
</tr>
<tr>
<td>don’t care for</td>
<td>y</td>
<td>x</td>
</tr>
<tr>
<td>be (really) into</td>
<td>y</td>
<td>x</td>
</tr>
</tbody>
</table>

Ex11

a ii b i e iii

Ex12

a right
b wrong - ‘absolutely’ doesn’t go with ‘keen’ - ‘very’ does
c right but ‘really’ would sound better, perhaps
d wrong - ‘quite’ is positive but ‘loathe’ is negative ‘rather loathe’ is possible (but unlikely)
e right
f wrong — ‘fairly’ can only be used with adjectives/adverbs
g right

Ex13

a fairly, quite
b absolutely, really, simply
c rather (the difference often depends on intonation)

‘fairly’ cannot be used before a verb, only with an adjective or adverb

Ex14

Open exercise

Ex15

<table>
<thead>
<tr>
<th>Likes Ralph’s music</th>
<th>is neutral</th>
<th>doesn’t like it</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paul</td>
<td>Kate</td>
<td>Anne</td>
</tr>
<tr>
<td>Liz</td>
<td>Brian</td>
<td>Irma</td>
</tr>
<tr>
<td>Keith</td>
<td>Jenny</td>
<td></td>
</tr>
<tr>
<td>Tim</td>
<td></td>
<td></td>
</tr>
<tr>
<td>John</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Ex16, 17

Open exercises

UNIT 15

CHARACTER AND PERSONALITY 1

Ex 1, 2

Open exercises
Ex 3
a The author would have to admit that 70% of American tourists are ‘regrettable’ (they are uncultured, lack historical sense, are concerned only with business, have no sensitivity and ought to stay at home). In general they are worse than the English.

b Others tend to describe all Americans as all of (a) above but also they are loud, have no manners, no education, no sense of proportion. They are offensively vulgar in dress, speech, eating habits, and general comportment.

Ex 4
a The author is American and he makes this clear with statements like ‘... I could not logically protest, I would have to admit that... the American is worse’.

b Open exercise

c He dislikes it when they say that 100% of a certain nationality behave in a certain way because it is ‘false to the facts’.

d He seems to suggest that you cannot say that all people of the same nationality have the same ‘national character’.

Ex 5
a cultivated — ‘uncultured’
sensitive — ‘had no sensitivity’
good-mannered — ‘had no manners’
quiet — ‘loud’
refined — ‘offensively vulgar’
generous — ‘mean’
modest — ‘arrogant’
admirable — ‘regrettable’

b uncultured — Americans
had no manners — Americans
loud — Americans
offensively vulgar — Americans
mean — Frenchmen
arrogant — Swedes
regrettable — Americans

c Possible opposites for some of the words include:
reserved — flamboyant, lively — lazy, polite —
aggressive, boring — fun, hard-working — lazy,
inflexible — eccentric, inscrutable — frank, cheerful
— reserved, hypocritical — genuine.

Ex 6
a Open exercise

b 1 American 2 Chinese 3 British
4 Japanese 5 French 6 Brazilian
7 Swiss 8 Russian

Ex 7

<table>
<thead>
<tr>
<th>Positive</th>
<th>Negative</th>
<th>Positive or negative</th>
</tr>
</thead>
<tbody>
<tr>
<td>patience</td>
<td>mischief</td>
<td>ferocity</td>
</tr>
<tr>
<td>grace</td>
<td>evil</td>
<td>play</td>
</tr>
<tr>
<td>serenity</td>
<td>stupidity</td>
<td>pride</td>
</tr>
<tr>
<td>gentleness</td>
<td>vanity</td>
<td>cunning</td>
</tr>
<tr>
<td>loyalty</td>
<td>greed</td>
<td>independence</td>
</tr>
<tr>
<td>bravery</td>
<td>deceit</td>
<td>cleverness</td>
</tr>
</tbody>
</table>

Ex 8
(suggested answers)
a obstinate e mischievous
b vain f patient
c modest g cunning (deceitful)
d graceful h loyal

Ex 9
a Open exercise
b Open exercise (but the following tend to be only associated with humans: serenity, pride, vanity, deceit, obstinacy, modesty).

Ex 10
boastful: snobbish, arrogant, overbearing, conceited
tolerant: impartial, objective, fair, long suffering
loving: affectionate, devoted
violent: barbarous, sadistic
brave: heroic, fearless, courageous
hard-working: diligent, industrious, conscientious

Ex 11
a Diana e Miriam
b Mr Brown f Luke
c Sally g Mike
d David h Tom
UNIT 16
CHARACTER AND PERSONALITY 2

Ex 1
Open exercise

Ex 2
Open exercise

Ex 3
Positive: (adjectives) energetic, sociable, (nouns) willpower, hard worker
Negative: (adjectives) impatient, selfish, indecisive, boring, moody, disorganized, absent-minded, stupid
Neutral: active, ambitious, fun-loving, calm, cool, easy-going, shy, forgetful, nervous, articulate, restless, (nouns) anxiety, self-confidence

Ex 4
energy, sociability, impatience, selfishness, indecision, boredom, mood, disorganization, absent-mindedness, stupidity, action, ambition, calm, shyness, forgetfulness, nervousness, articulateness, restlessness

Ex 5
lethargic — energetic, confident — nervous, clever — stupid, magnanimous — selfish, excitable — calm, lazy - active/energetic

Ex 6
Open exercise

Ex 7
a (suggested answer) Mary Wollstonecraft seems to have been someone who was fiercely independent and extremely tough and passionate. But she was also almost a manic depressive, with violent swings of mood.
b Open exercise

Ex 8
((✓) = author approves, (x) = weaknesses) ebullient (✓), enthusiasm (✓), frequently opinionated (x), passionate (✓), reliance on her own judgement (✓), sense of futility and loneliness (x), sense of her own independence (✓), suicidal depression (x)

Ex 9

<table>
<thead>
<tr>
<th>Adjectives</th>
<th>Nouns</th>
</tr>
</thead>
<tbody>
<tr>
<td>moody</td>
<td>mood</td>
</tr>
<tr>
<td>emotional</td>
<td>emotion</td>
</tr>
<tr>
<td>desperate</td>
<td>despair</td>
</tr>
<tr>
<td>likeable</td>
<td>xxxxx</td>
</tr>
<tr>
<td>prejudiced</td>
<td>prejudice</td>
</tr>
<tr>
<td>affectionate</td>
<td>affection</td>
</tr>
<tr>
<td>passionate</td>
<td>passion</td>
</tr>
<tr>
<td>charming</td>
<td>optimism</td>
</tr>
<tr>
<td>optimistic</td>
<td>pessimism</td>
</tr>
<tr>
<td>pessimistic</td>
<td>xxxxx</td>
</tr>
<tr>
<td>carefree</td>
<td>warm heart</td>
</tr>
<tr>
<td>warm-hearted</td>
<td>liveliness</td>
</tr>
<tr>
<td>vivacious</td>
<td>anxiety</td>
</tr>
<tr>
<td>lively</td>
<td>enthusiasm</td>
</tr>
<tr>
<td>anxious</td>
<td>independence</td>
</tr>
<tr>
<td>enthusiastic</td>
<td>instability</td>
</tr>
<tr>
<td>independent</td>
<td>xxxxx</td>
</tr>
<tr>
<td>unstable</td>
<td>loneliness</td>
</tr>
</tbody>
</table>

Ex 10
a sociable/charming f prejudices
b charm g enthusiasm
c optimism h lonely
d anxious i independent
e enthusiastic/carefree/ vivacious

Ex 11
The correct order for B's lines in the dialogue is: 1 - 5 - 4 - 3 - 2

Ex 12, 13
Open exercises